

TOWN&COUNTRY







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USA

their homes by wildfires.

"When kids feel safe, they play," Garner says, "and play is the most therapeutic thing that can happen for kids when they've been through something traumatic. They can release some of the tension, they can release the trauma in their bodies."

None of this is purely about politics ("Who cares about what side of the aisle? You can't tell me you believe kids shouldn't have more opportunities"), and Garner has doggedly worked with Republicans like Senator Roy Blunt from Missouri as well as with Democrats including New Mexico governor Michelle Lujan Grisham. Her relationship with West Virginia senator Joe Manchin goes way back. Garner got through to him when he was governor in 2010, preaching the importance of investing in early childhood education, securing funding to bring Save the Children's resources to her home state for the first time. "Believe me, when anything's happening, the whole world calls me and says, 'Maybe you should try Joe Manchin,'" Garner says. "I'm like, T've got it, I'll talk to him. I'll talk to Lance, his chief of staff?"

If there's a guiding principle underlying her charitable work, it's the desire to level the playing field. That's why, in 2017, Garner co-founded Once Upon a Farm, a startup that sells fresh, coldpressed, organic baby food-essentially creating a category that didn't exist. Once Upon a Farm's vitamin-packed pouches and bowls are now sold across the country. At Garner's urging, the company went a step further, working with state governments (in Texas, Florida, and Michigan, among others) to make sure its products qualify for the WIC program, which helps feed low-income families. "Everything is political," says Once Upon a Farm's chief executive officer John Foraker, and he credits the expansion to Garner's refusal to take no for an answer. Last year she cut through some serious red tape to bring her two passions together: Once Upon a Farm and Save the Children pledged to provide 1 million meals to struggling children across rural America by the end of 2024.

"I used to think our competition was the Red Cross. Then I realized we all work together," Garner says. "And that Save has a really unique and beautiful piece of the puzzle, which is specific to the little kids and to the nursing moms and to the mothers."

Competitive isn't a word we often associate with Garner, though we should. "Maybe a little bit," she says, before answering a question that hasn't been

asked. "I'm not competitive with other women. But I would be competitive on behalf of Save."

When asked to name Garner's superpower, Shriver says she's "incredibly nice." Nice. Now, that's a word you hear often when talking about Garner. When she appeared on Katie Couric's podcast, the episode was titled "Is Jennifer Garner really as nice as she seems?" (Yes, Couric said.) But nice is a funny word. It can be dismissive, though



in Garner's case it arguably works in her favor, disguising a quiet killer who is willing pick up the phone and call just about anyone for the right cause.

With Garner, it's tempting to read into any crumbs she drops, partly out of curiosity but also because her fans really do feel as if they know her. Her Instagram feed has only cemented her good girl image; it's one part inspirational clickbait, two parts self-effacing