

## TABLE OF CONTENTS

1. What Is a Feeding Assistant?.....	1
2. The Importance of Good Nutrition and Hydration.....	7
3. Feeding Techniques .....	21
4. Appropriate Responses to Resident Behavior.....	33
5. Feeding Residents With Dementia.....	41
6. Responding to Emergencies .....	51
7. Prevention and Control of Infection.....	63
8. Recognizing and Reporting Changes in Residents.....	75
9. Communication and Interpersonal Skills.....	83
10. Residents' Rights .....	93