



# CONTENTS

|   |     |
|---|-----|
| 1. The Beginning of Creation and Man's<br>Fall from Grace | 1   |
| 2. The Promise of a Messiah                               | 53  |
| 3. The New Covenant: Why Did God<br>Become Man?           | 105 |
| 4. We Are Redeemed through the<br>Paschal Mystery         | 163 |
| 5. The Universal Call to Holiness                         | 211 |
| 6. Our Spiritual Journey to God                           | 265 |
| 7. Picking Up the Cross: Martyrdom                        | 321 |
| 8. Living the Paschal Mystery                             | 375 |
| Appendix  | 433 |
| Glossary  | 461 |
| Notes   | 469 |
| Subject Index   | 477 |
| Primary Source Index                                      | 491 |
| Scripture Index   | 492 |
| <i>Catechism of the Catholic Church</i> Index             | 496 |