

First Aid Kit Checklist

Use for school First Aid Rooms or portable first aid kits. Quantities should reflect school size and the number of people using the kit.

School first aid kits should meet the requirements of state education departments and Work Health and Safety regulations.

Download, print out and check off each item, or click an item to order online at <u>www.studentfirstaid.com.au</u>

Wound Cleaning

- Antiseptic Spray 50ml
- Antiseptic Cleansing Wipe Alcohol-Free (10)
- Antiseptic Cleansing Wipe Alcohol-Free (100)
- Eyewash Saline Ampoule 15ml (15)
- Eye/Wound Saline Ampoule 15ml (60)
- Gauze Swabs 7.5cm x 7.5cm (100)

Bandages

- Conforming Bandage Elastic Gauze 2.5cm
- Conforming Bandage Elastic Gauze 5cm)
- Conforming Bandage Elastic Gauze 7.5cm
- Conforming Bandage Elastic Gauze 10cm
- Crepe Bandage Medium 5cm
- Crepe Bandage Medium 7.5cm
- Cohesive Bandage 2.5cm
- Snake Bite Bandage with Indicators 10cm
- Triangular Bandage Disposable 110cm x 110cm

Current First Aid Manual

First Aid Handy Hints Booklet

Wound Dressing

- Combine Dressing Pad 10cm x 10cm
- Eye Pad Sterile 6cm x 8cm
- Hypoallergenic Paper Tape 2.5cm
- Low-adherent Dressing 5cm x 5cm
- Low-adherent Dressing 7.5cm x 7.5cm
- Low-adherent Dressing 10cm x 10cm
- Wound Dressing No. 13 Small
- Wound Dressing No. 14 Medium
- Wound Dressing No. 15 Large
- Wound Closures Butterfly Strips (10)
- Island Dressing 7.5cm x 5cm (50)
- Island Dressing 8.25cm x 6cm (50)
- Island Dressing 12cm x 8.25cm (20)
- Plastic Dressing Strips Latex Free 7.2cm x <u>1.9cm</u> (50)
- Fabric Dressing Strips Latex-Free 7.5cm x 2.5cm (100)

Injury Treatment

- Cool Relief Patches 14cm x 10cm (6)
- Instant Ice Pack Disposable Small
- Instant Ice Pack Disposable Large
- Hot/Cold Pack Reusable
- Burnaid Gel Sachet 3.5g (10)
- Burnaid Minor Burns Kit

| Hygiene and Cleaning | Equipment and Instruments |
|--|---|
| Face Mask Disposable 3-Ply Level 2 (50) | Thermal Shock Blanket |
| Aqium Hand Sanitiser 1L | Eye Bath Plastic Disposable |
| Blood Spill & Vomit Clean-Up Kit | Sam Splint 45cm |
| Vomit Waste Bags (50) | Scissors Sharp Blunt Stainless Steel 12.5cm |
| Vomit Clean-Up Granules Sachet | Forceps Dressing Plastic 11cm |
| Alcohol Swabs (100) | Sharps Container 250ml |
| Facial Tissues Pocket Pack (9) | Splinter Probe Disposable (5) |
| Bio Hazard Bag 30cm x 25cm | CPR Pocket Mask |
| Low Lint Towels 30cm x 35cm (100) | Diagnostic Torch |
| Sanitary Pads Ultra Thins (14) | Note Pad & Pencil |
| Nitrile Glove Disposable Powder Free Blue | Register of Injuries |
| Large (100) | Safety Pins Assorted (12) |
| <u>Nitrile Glove Disposable Powder Free Blue</u> <u>Medium</u> (100) | Amputated Parts Bag Press Seal (3) |
| Nitrile Glove Disposable Powder Free Blue Small (100) | Hamilton Sunscreen 50+ 110g |
| | Lite Aire Spacers Disposable (10) |
| | Infrared Forehead Thermometer |

"Student First Aid helps you improve the health and wellbeing of all your students and staff."

To order school first aid supplies, visit <u>www.studentfirstaid.com.au</u>