

Priority Party.... Where are my priorities?  
Where do I spend my time? Does that match?

[illegible]

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**Solutions:**

**Moving events DOWN the list:**

Do I need to do this daily?

How many times per week should I allow for the item?

Don't allow yourself to do it until a more important event is completed (work first, then play)  
(No facebook/TV/telephone time/snacking until housework is done.... or bills paid, or school is done)

**Moving events UP the list:**

Do it FIRST. The other stuff will fill in.

Notebook - stuff you didn't do that you MUST do, write on a pad of paper next to your bed.  
START with the list there.

Get up earlier. :-( (Sorry. But it works)

Give yourself a stake - "I won't drink coffee until I do Blah blah blah." Or whatever. - Then tell someone about the stake.

Something you really dislike? Decide to devote 15 minutes to it. You can survive 15 minutes.  
Set a timer.