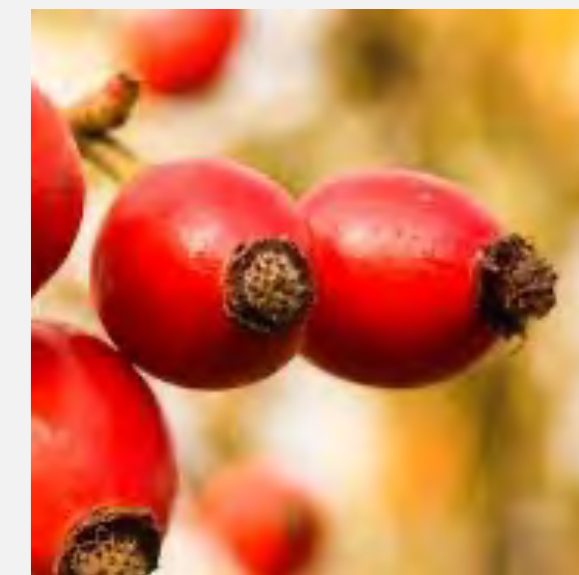


Rosehip Photo Developer

Art & Ecology / DIY Photography



Rosehips contain polyphenols, which have applications for film and photo development.



Rosehip Developer

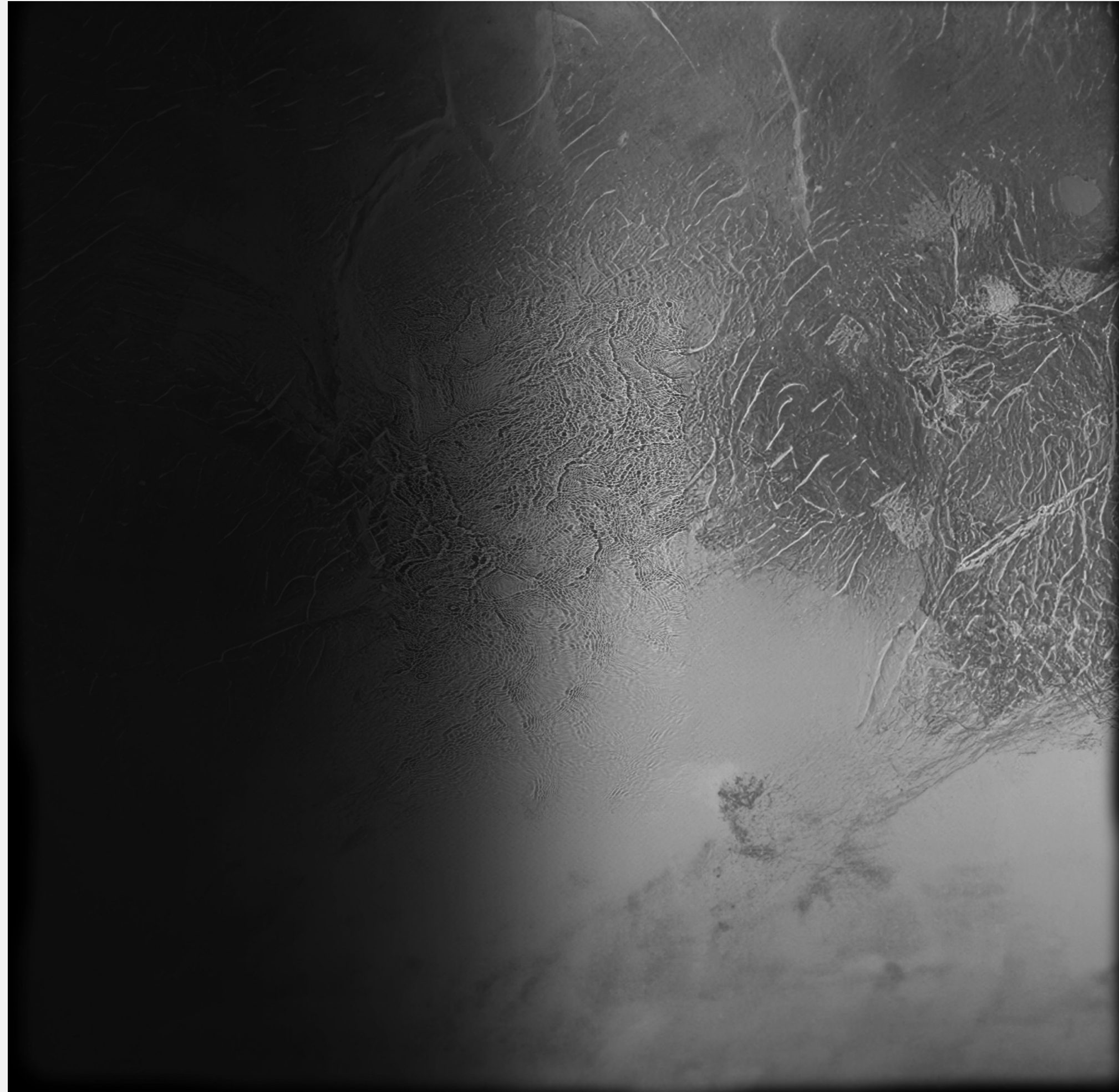
Ingredients:

- 1 liter of concentrated Rosehip Juice (let sit for 40 hours after boil)
- 90 grams of washing soda
- 25 grams of vitamin C powder

Instructions:

- Ensure that the temperature does not drop below 82°F
- The film should be developed at 82°F for approximately 15 minutes,
- Photo paper should be developed at 82°F for approximately 12 minutes.

Enjoy your rosehip developer!

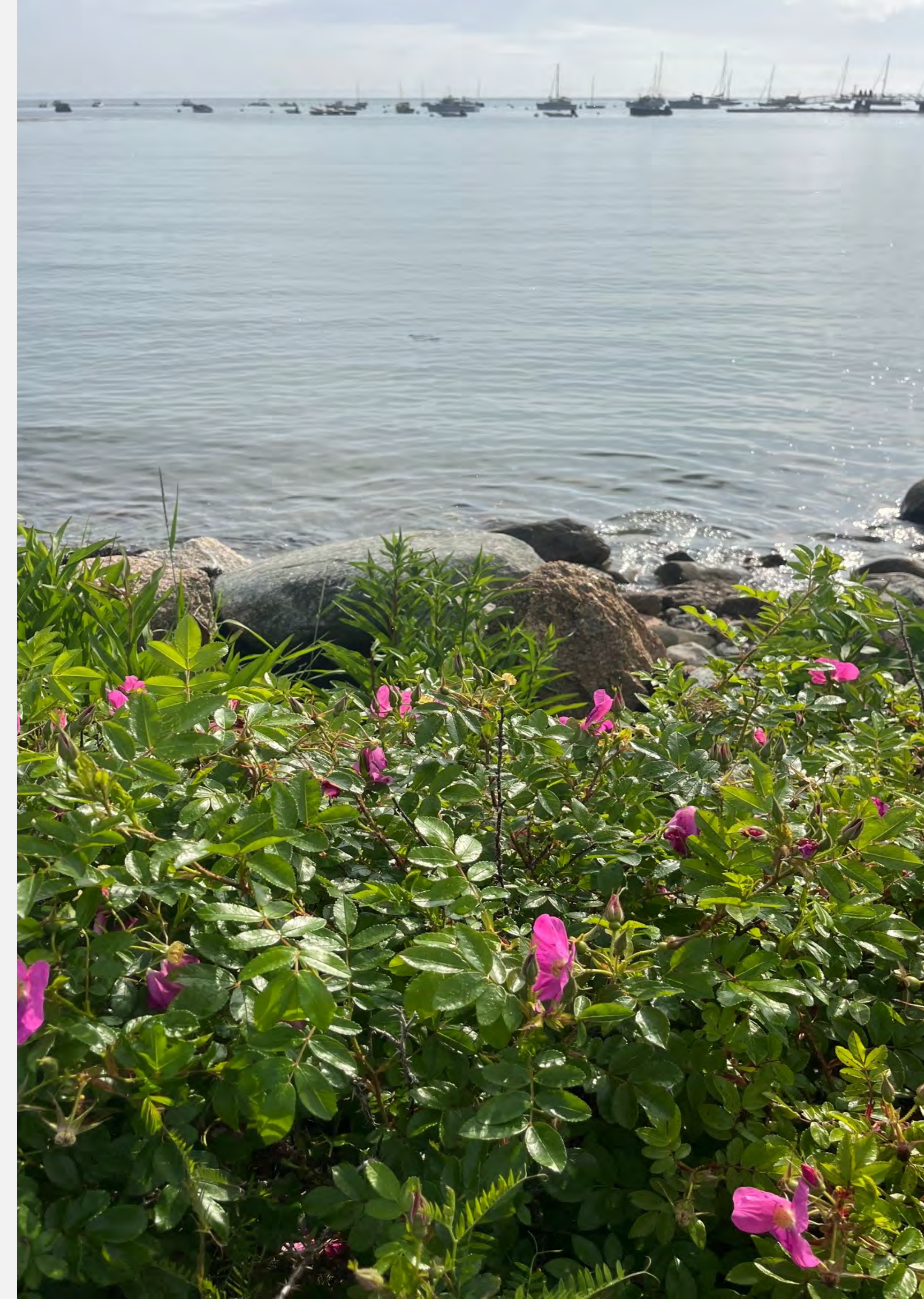
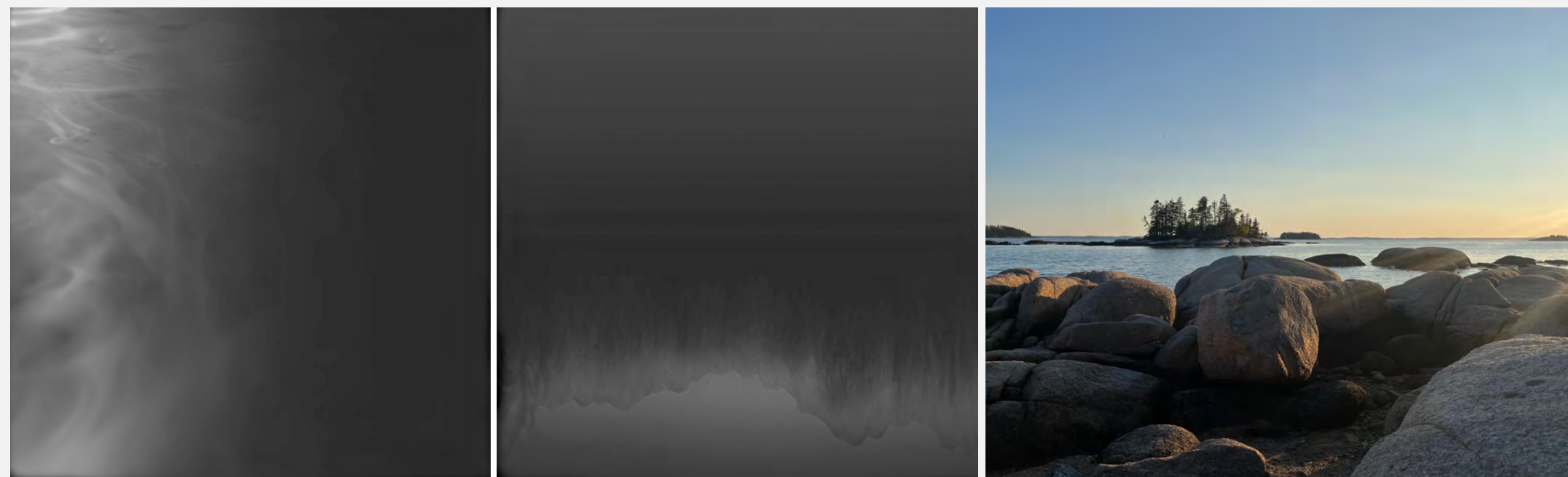


I'd read that the polyphenols in rosehips could be used in the photo development process, so, when the timing is right, I collect enough ripe rosehips to develop photographs. The initial recipe I started using was from "<https://yumyumsoups.wordpress.com/>" but I've made modifications over time.

Rosehips are packed with vitamins and minerals and are considered a superfood. They resemble small apples and crab apples. They are tart and rich in vitamin C.

Some basics about rosehips: They support immune systems, reduce inflammation, and promote heart and cardiovascular health. They have been historically used for cold and flu prevention. They can be used to treat atherosclerosis, hypertension, diabetes, allergies, and wounds. They can also be dried for a vitamin-rich infusion and are beneficial for bladder issues, and kidney problems. Rosehip powder is useful for joint pain and arthritis due to its galactolipid content. Rosehips soothe the throat and digestive tract, while also having mild laxative effects. Rosehips are high in pectin, which aids in detoxification. I dry them and try to eat some every day.

Rosehips can be processed into jam or enjoyed raw. The outer flesh is tasty, but the inner seeds should be avoided. They can be dried and consumed as tea or boiled for a stronger brew.



Who I am

My name is Mary Mattingly. I create large-scale sculptures and photographs of imagined futures. My goal is to create timeless artwork that raises important questions and asks people to co-create alternatives. I'm also eager to use less ecologically-harmful materials in my art practice.

In 2020 I moved part of my sculpture studio to the coastal town of Deer Isle, Maine. The differences from NYC couldn't be starker, but they're both surrounded by water. Deer Isle is connected to the mainland by a bridge and a causeway, embraced by the Atlantic Ocean. When I have a large sculpture project I'm completing, you can usually find me there. Often, I wake up early to walk to the shore and look for washed-up buoys. At low tide, I venture into the mud banks, following a sandbar to a small island cove. The fragrance of wild roses there is unmistakable.



Thank You!

@marymattingly
studio@marymattingly.com