

# THE GEL OBSESSION

GEL POLISH / BUILDER  
GEL REMOVAL GUIDE

## STEP ONE

- Wash your hands and sanitise your work area.
- Use a buffer to remove the shine / top coat. If you are e-file trained, you can use an e-file for this step.
- Use a dusting brush to cleanse nails and hands. Alternatively, you can wash your hands with warm soap and water.
- Add pure acetone / gel remover to a cotton pad, place on your nail and wrap in foil. You can also use foil wraps for this step.
- Leave to soak for between 10-12 minutes.

## STEP TWO

- Remove the foil wraps from the nail. Do this one by one.
- Using a removal tool, move from the cuticle towards the free edge. If the gel is tough to remove, re-wrap the nail and repeat step one.
- When all nails are complete, remove any residue on the nail by buffing.
- Wipe with isopropyl alcohol on a lint free pad.