

# THE GEL OBSESSION

GEL POLISH  
APPLICATION GUIDE

## **STEP ONE**

- Wash your hands and sanitise your work area.
- Using a cuticle pusher or cuticle nippers, push back the cuticles and remove any dead skin.
- Cut / file free edge in to the desired shape and length.
- Buff the nail plate – take care to buff as gently as possible so you do not damage the nail plate.
- Use lint-free pads to remove any residue on the nail using acetone or isopropyl alcohol. You can also wash hands to remove remaining nail dust or use a dusting brush.

## **STEP TWO**

- Apply a layer of base coat. Our colour gel, hema free gel colour & hema free

builder gel all require a base coat. Make sure you get as close to the cuticles as possible and that you seal the free edge.

- You can cure in our TGO Pro Smart Lamp for 60 seconds or 90 seconds on low heat. All of our gels cure at 365nm + 405nm. If you are using a different lamp, please ensure compatibility. If using a UV lamp, 120 seconds will be required.
- Apply first layer of colour gel. Make sure to seal the free edge and get as close to the cuticle area and sidewalls as possible. If required, use a liner brush to get as close as possible.
- Cure for 60 seconds or 90 seconds in our TGO Pro Smart Lamp. If using a UV lamp, 120 seconds will be required.
- Apply second layer of colour gel. Make sure to seal the free edge and get as close to the cuticle area and sidewalls as possible. If required, use a liner brush to get as close as possible.

- Cure for 60 seconds or 90 seconds in our TGO Pro Smart Lamp. If using a UV lamp, 120 seconds will be required.
- Apply hema free super shine top coat or matt top coat, making sure to seal the free edge and get as close to the cuticle area as possible.
- Cure for 60 seconds or 90 seconds in our TGO Pro Smart Lamp. If using a UV lamp, 120 seconds will be required.
- Wipe over the finished nail with isopropyl alcohol on a lint free wipe.