

# THE GEL OBSESSION

BUILDER GEL  
APPLICATION GUIDE

## **STEP ONE**

- Wash your hands and sanitise your work area.
- Using a cuticle pusher or cuticle nippers, push back the cuticles and remove any dead skin.
- Cut / file free edge in to the desired shape and length.
- Buff the nail plate – take care to buff as gently as possible so you do not damage the nail plate.
- Use lint-free pads to remove any residue on the nail using acetone or isopropyl alcohol. You can also wash hands to remove remaining nail dust or use a dusting brush.

## **STEP TWO**

- Apply a layer of base coat. Our colour gel, hema free gel colour & hema free builder gel all require a base coat. Make

sure you get as close to the cuticles as possible and that you seal the free edge.

- You can cure in our TGO Pro Smart Lamp for 60 seconds or 90 seconds on low heat. All of our gels cure at 365nm + 405nm. If you are using a different lamp, please ensure compatibility. If using a UV lamp, 120 seconds will be required.
- Apply first layer of builder gel. This layer should be thin. Make sure to seal the free edge and get as close to the cuticle area and sidewalls as possible.
- Cure for 60 seconds or 90 seconds in our TGO Pro Smart Lamp. If using a UV lamp, 120 seconds will be required.
- Apply another layer of builder gel, with the same consistency as the first.
- Get a bead of builder gel and place close to the cuticle. This bead now needs to be pulled down the nail towards the free edge. Use a sweeping motion or move

the bead side to side until you get to the free edge.

- With a liner brush, pull the builder gel in to position close to the cuticle and sidewalls of the nail.
- REMEMBER, you need to build an apex on the stress point of the nail to provide strength. Do this by pulling the builder gel with your liner brush in to the correct position.
- Hold hand upside down for 5 – 10 seconds, this will help to build your apex.
- Move palm facing downwards and now inspect your apex. Use your liner brush to move the builder gel if required.
- Cure for 60 seconds or 90 seconds in our TGO Pro Smart Lamp. If using a UV lamp, 120 seconds will be required.
- Our builder gel requires little refining, but if needed, wipe with isopropyl

alcohol. Then, use a file to refine the shape of your apex / nail.

- Apply hema free super shine top coat or matt top coat, making sure to seal the free edge and get as close to the cuticle area as possible.
- Cure for 60 seconds or 90 seconds in our TGO Pro Smart Lamp. If using a UV lamp, 120 seconds will be required.
- Wipe over the finished nail with isopropyl alcohol on a lint free wipe.