



## Cheese Appetizers

# Cooper® This Spinach and Artichoke Dip Recipe is Next Level



SHRED



Serves: 6-8



Prep Time: 5 min



Cook Time: 30 min



Total Time: 35 min

## Ingredients

- 1 cup artichoke hearts, chopped
- 1 cup spinach (fresh or frozen), chopped
- 3 cloves garlic, minced
- 1/2 cup onion, chopped
- 1/2 cup sour cream
- 4 ounces cream cheese, softened
- 2 tablespoons whole milk
- 1 cup Cooper® Sharp White cheese, shredded
- Salt and pepper to taste
- Crackers, toasted bread wedges, pita chips, fresh veggies or your choice of dippers

## Directions

1. Preheat oven to 400°F.
2. Combine all ingredients and mix well. Pour mixture into a greased 8-inch by 8-inch oven dish. Sprinkle more shredded Cooper® cheese on top if desired. Bake for 30 minutes or until the top is golden brown.
3. Serve warm with your choice of dippers.