

INSTRUCTION MANUAL

GRANDMA'S KNITTING LESSONS



BEGINNER-FRIENDLY INSTRUCTIONS

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**SCAN FOR VIDEO
HERE**



**password:
loveknit**

(right and left-handed
videos included!)

Introduction

What is knitting?

Knitting is the art of looping yarn into fabric using two needles. It's relaxing, easy to learn, and full of creative possibilities—especially with a little help from Grandma.

Why This Kit?



This beginner-friendly kit includes everything you need to knit your very first scarf, with step-by-step instructions and a cozy grandma-style guide to walk you through it.

What You'll Learn:

All the basics of knitting to get you started, including:

- Slip knot
- Cast on & cast off
- Knit stitch
- Purl stitch
- Changing yarn (to change colors or add more)
- Fixing simple mistakes
- How to knit a beautiful cozy scarf



Slip Knot

Tail Yarn:

end side of yarn

Working Yarn:

side of yarn attached to yarn ball

Slip Knot:

first loop you make to begin knitting. This loop becomes your very first stitch on the needle!

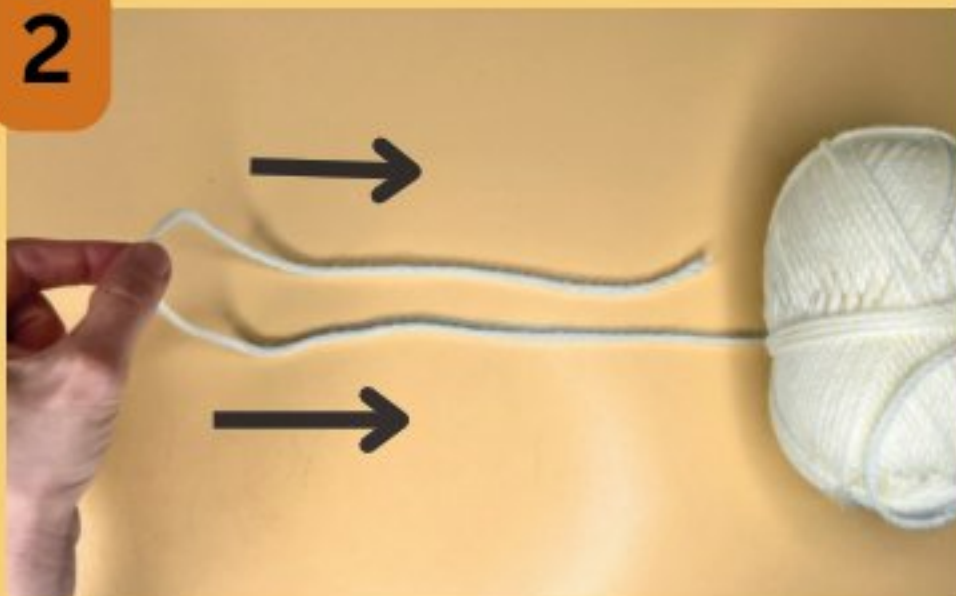


1



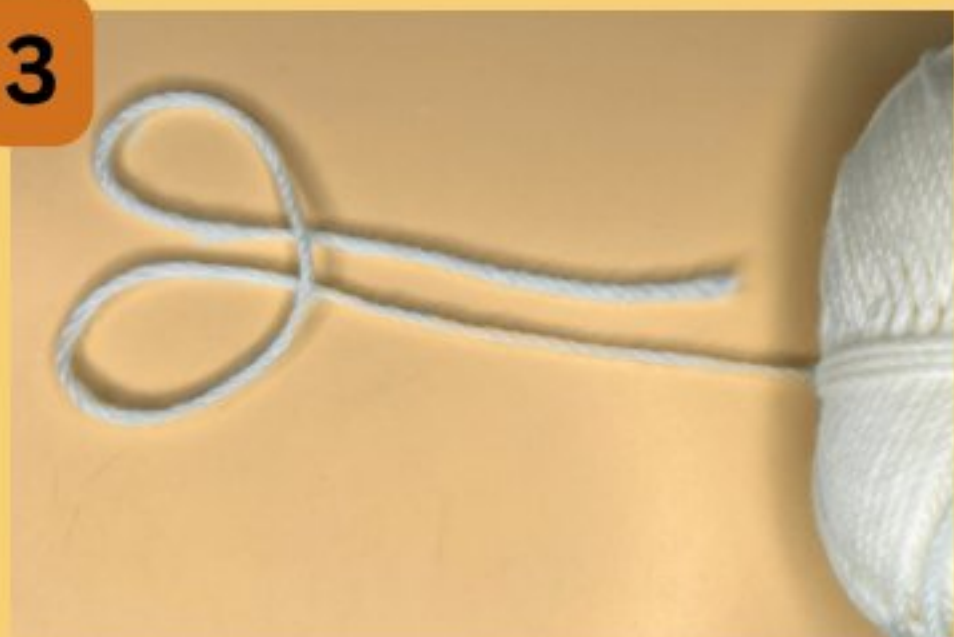
Pull out a long strand of yarn and lay it flat on surface.

2



Fold the yarn over itself to create a loop.

3



Lay the loop flat so it looks like a bow shape.

4



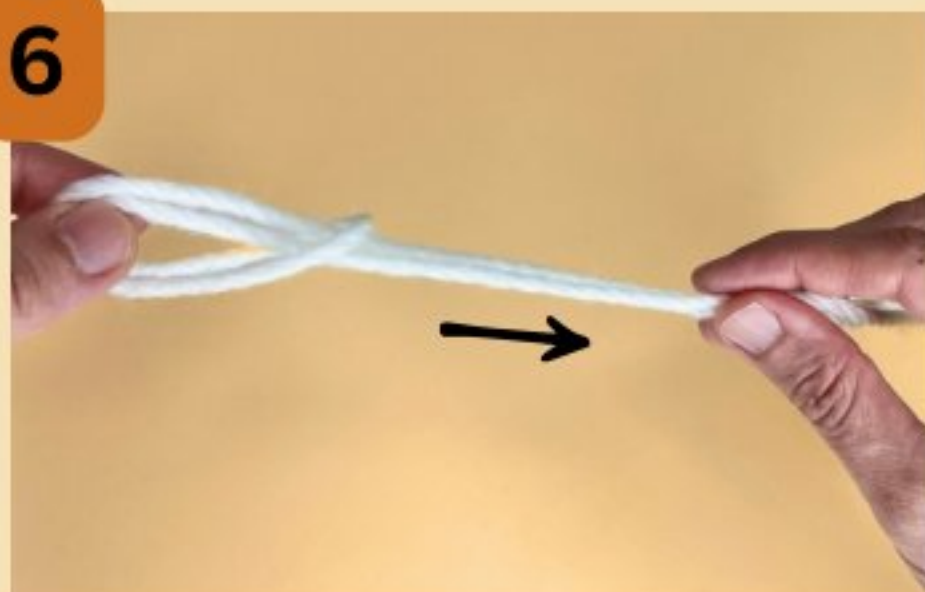
Pinch and pull the yarn through the loop.

5



Grab the yarn you pulled through and hold it gently.

6



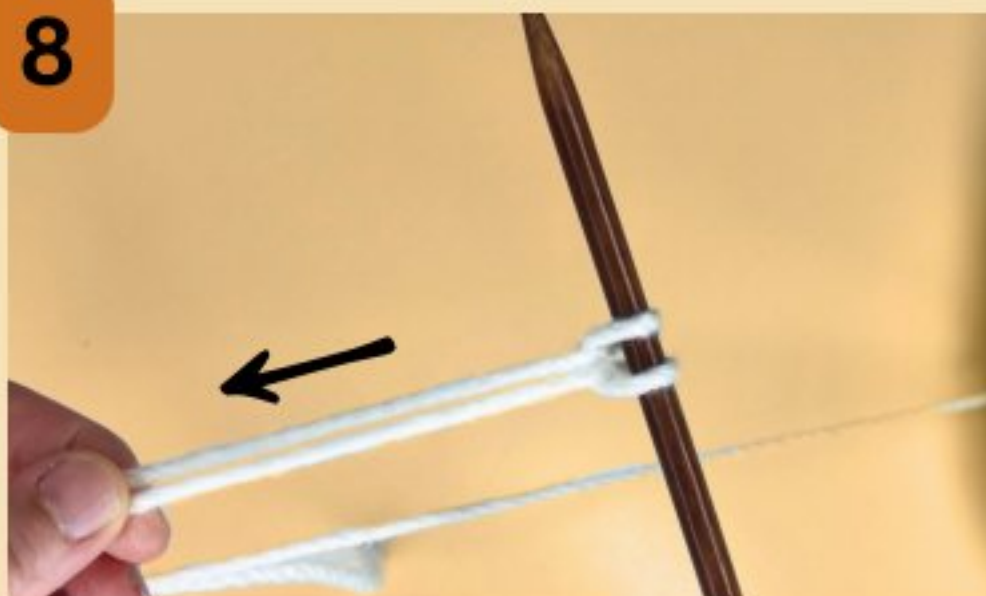
While holding the loop, pull on both ends of the yarn to tighten the loop.

7



Slide the loop onto your knitting needle.

8



Gently pull the yarn to snug the loop on the needle.

Grandma's Tips:
Don't pull the yarn too
tight on the needle!



Cast On

Cast On:

the process of creating the initial stitches on your needle

1



Hold the needle with the slip knot in one hand and grab the working yarn with other hand.

2



Wrap the working yarn around your index and middle finger. Press it down with your thumb to create a loop.

3



Keeping your thumb and middle finger pressed together, insert the needle through the loop from underneath.

4



Pull the working yarn to tighten the loop onto the needle.

Repeat steps 1-4 to get your desired number of stitches

5

How to Knit

Knit Stitch:

a fundamental stitch in knitting
(the stitch you'll use for your scarf!)

Knitting every row creates a soft, bumpy **garter stitch** (shown on the right)



1



Insert the left needle into the first stitch on the right needle from front to back. (The left needle will end up behind right needle.)

2



Hold the working yarn (the side connected to the ball of yarn).

3



Wrap the working yarn around the left needle counterclockwise.

4



Push the left needle (with wrapped yarn) down and through the stitch.

5



The yarn has formed a new loop on your left needle, like this.

6



Slide the old stitch off the right needle, so the new loop stays on the left needle.

7



You've officially made your first knit stitch!



Grandma's Tips:

If it feels tight or hard to slide the needle through, don't pull too hard after each stitch. Looser stitches are easier to work with!

How to Purl

Purl Stitch:

the opposite of a knit stitch
(another basic stitch in knitting)

A series of alternating purl and knit rows creates a **stockinette stitch** (shown on the right).



1



Insert the left needle into the first stitch on the right needle from back to front. (The left needle will be in front of the right needle.)

2



Hold the working yarn in front of your needles (toward you).

3



Wrap the yarn counterclockwise around the left needle.

4



Push the left needle (with the wrapped yarn) back and through the stitch.

5



The yarn has formed a new loop on your left needle, like this.

6



Slide the old stitch off the right needle, letting the new loop stay on the left.

7



You've officially made your first purl stitch!

Adding/Changing Yarn

When you run out of yarn, or want to start using a different color: leave a few inches of the current yarn and keep knitting with the new yarn

1



Leave about 5 inches of your current yarn hanging. Grab the new yarn, and leave about 5 inches of tail on that too.

2



Hold the new yarn like your regular working yarn. Wrap it counterclockwise around the needle.

3



Knit the next stitch using the new yarn. This will secure the new yarn onto your project.

4



Keep knitting like normal! You're now using the new yarn.

Cast Off

Cast Off:

the closing off, or finishing of your knitting project (also called “bind off”)

Note:

There are a few ways to cast off! This is a simpler version - perfect for beginners!

1



Insert the left needle into the first two stitches on the right needle.

Now, knit them together like one stitch, just like you would in a regular knit stitch.

2



Now, insert the right needle under the new stitch on the left needle.

3



Lift the stitch and slide it off the left needle, placing it back onto the right.

4



The stitch should now be on the right needle, and you'll see your project begin to close.

5



Repeat steps 1-4 until you've bound off all stitches. It will start to look like a nice finished edge.

When you reach the last stitch, cut the yarn and pull the tail yarn through the loop to finish and tighten the project.

Grandma's Tips:

When you finish your project, use the included tapestry needle to weave the loose yarn tails through the back of your stitches. This hides all those hanging ends and keeps your project looking neat :)



How to Fix Your Mistakes

What to do if you drop a stitch?



1



Using the left needle, pick up the stitch from below.

2



The stitch should now be sitting on the left needle.

3



Use the right needle to pick the stitch back up from the left needle.

4



The stitch is now back where it belongs. You're ready to keep knitting!

How to Knit a Scarf

Follow these simple steps using everything you've practiced to make your very own cozy scarf:

1. Start with a Slip Knot

Make a slip knot and place it on your needle. This will be your first stitch!

2. Cast On About 20 Stitches

Use the cast-on method from earlier to add about 20 stitches. This will give your comfy scarf a nice narrow and long shape. You can cast on more/less depending on your desired scarf width.

3. Knit Every Row

Use the knit stitch across every row. Knitting every row creates a soft, squishy garter stitch — perfect for scarves! Keep going until your scarf is as long as you like (or until you finish most of your yarn).

4. Change Yarn When You Run Out

When you reach the end of your first ball of yarn, simply switch to the next one using the yarn-changing method from earlier. Don't worry — it's easy and you'll weave in the tails later!

5. Cast Off

Once your scarf is the length you want, it's time to finish! Use the cast off method to close your project neatly.

6. Weave in Your Ends

Use the tapestry needle to weave in all your yarn tails through the back of the stitches. This keeps your scarf tidy and secure.

You did it!

Thank You!

Dear Knitting Friend,

Thank you so much for choosing Grandma's Knitting Kit. This kit was created with love, inspired by the lessons my own grandma passed down to me - stitch by stitch, row by row. As you knit your scarf, know that you're continuing a tradition of patience, creativity, and care.

Whether this is your first project or not, I hope it sparks a lifelong love for knitting.

If you have any questions, need support, or want to share your beautiful creation, I'd love to hear from you.

✉ Email: info@themacongoods.com

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🌐 Website: www.themacongoods.com



With warmest wishes,
The MaconGoods Family

