Before reading, look at the picture on the cover and back of the book. What do you think this book will be about? Why?

________________________________________________________

________________________________________________________

________________________________________________________

________________________________________________________

Write about a time you used your POWER TO CHOOSE wisely.

________________________________________________________

________________________________________________________

________________________________________________________

________________________________________________________
CAN YOU FIND THE WORDS?

Don’t forget to look down, across and diagonally!

DARLA  HANNAH  SUPER
ASTRONAUT  PROUD  FRIENDS
POWER  TOGETHER  KINDNESS
TEAMWORK  BRAVE  TRUTH
SUPPORTIVE  HONEST  SHARE
UNSCRAMBLE THE WORDS!

ARDLA _____________________
ESTHON _____________________
UTRTH _____________________
EINDKNSS _____________________
SHERA _____________________
TSTRONAUUA _____________________

WHAT DESCRIBES YOU?
On page 7, Darla has a mirror with words describing who she is. Write your own words that describe who you are and draw a picture of yourself in the mirror.

I AM...

3
Story #1

Who do you think should have been allowed to sit next to Benjie? Why?

________________________________________________________________________

________________________________________________________________________

When the girls cleared the table after breakfast, who took...
The dishes? _______________________________________________________________
The food? _______________________________________________________________
The yogurt monster? _________________________________________________________

Darla and Zoe found an ultra rare Mitsy Glitsy unicorn. Decorate and name your own unicorn below.

My unicorns name is:
Have you ever found something that doesn’t belong to you? What did you do?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

If someone was ignoring you what are 2 things you could do?

1. __________________________________________
   __________________________________________
   __________________________________________

2. __________________________________________
   __________________________________________
   __________________________________________

Draw or write about a time you needed to be brave.

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
After the girls finish cleaning up the trash, Darla goes to her room to cool down. What are some other strategies you could use to calm down when you feel angry?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
When Hannah wanted to play with Darla’s baking set she took it and then asked if she could please play with it. What do you think Hannah should have done?

______________________________________________________________

Do you think it was fair for Darla to take the glitter paint without asking because Hannah didn’t ask either? Explain why or why not.

______________________________________________________________

______________________________________________________________

Darla made lots of bad choices today. What three things could she have done to make her day better?

1. _________________________________________________________

______________________________________________________________

2. _________________________________________________________

______________________________________________________________

3. _________________________________________________________

______________________________________________________________
Draw a picture to show how both Darla and Hannah could have sat next to Benjie at the same time.

Write about a time someone took something from you without asking. What did you do or say? How did they react?
What kind of cupcake war did Darla and Hannah have? Color the correct answer.

1. The prettiest cupcakes
2. The yummest cupcakes
3. The grossest cupcakes

What 4 ingredients did Darla add to her cupcake to make it gross?

1. A bit of...
2. Some slimy...
3. A spicy...
4. A chunk of stinky...

Do you think Hannah copied her? How do you feel when someone is copying you?

How could Darla have used her POWER TO CHOOSE to make the end of her day better?
How old were you when you first learned to ride a bike? Do you remember how you felt?

Why is Darla’s mom proud of her?
Do you think it was fair for Hannah and Zoe to go outside without telling Darla? Explain why or why not.

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

When is it ok to tell secrets?
____________________________________________________________________________________

____________________________________________________________________________________

What do you think Hannah and Zoe were really talking about?
____________________________________________________________________________________

____________________________________________________________________________________

How could Darla have used her POWER TO CHOOSE to finish her day more positively?
____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

When is it ok to tell secrets?
____________________________________________________________________________________

____________________________________________________________________________________

What do you think Hannah and Zoe were really talking about?
____________________________________________________________________________________

____________________________________________________________________________________

How could Darla have used her POWER TO CHOOSE to finish her day more positively?
____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________
Rate the following scenarios on the scale below by numbering them 1, 2 or 3. Then discuss with your peers why you put them there.

1. Not a big deal
2. Not a good choice
3. A really bad choice

☐ Stealing from someone else
☐ Someone sitting in the spot you wanted
☐ Lying to someone about something

Why did Darla ask her mom first before riding with Zoe?

Whose idea was it to take the Mitsy Glitsy unicorn back to Darla’s house?

1
When Darla lied her tummy felt icky and her face felt really warm. Name a time when you have felt those feelings before.

Complete the sentences:

“When we find something that doesn’t belong to us, we should always try to ____________________________”

“When asked, we should always tell the __________.”
Circle which type of transport Darla and Zoe ride?

What did Darla and Zoe feel guilty about?

Why did the girls start feeling guilty AFTER Hannah asked them where they got the unicorn?

What did you do the last time you lost something?
Using the words below:
- Color the NOUNS blue
- Color the VERBS red
- Color the ADJECTIVES green

unicorn        steal        scooter        nervous
worried        ride          rocket

Why was Darla’s mom proud of her?

_________________________________________________________________

Complete the sentence:
“You should ___________ take something that doesn’t ____________ to you.”

What 3 choices did Darla make today? Put a check in the box if it was a good choice, and a cross in the box if it was a bad choice.

☐  

☐  

☐
Look at the picture below from page 4. For Darla to get to Mars she has to practice space flips. List the 2 other things she already practices as well as some other hard things she might need to do.

What did Darla’s mom remind the girls to do after they finished eating breakfast?
What did the loser of the cupcake war have to do?

Design and label your own gross Martian cupcake.

Why do you think it is important to say kind things to one another? How do you feel when someone says something nice to you?

Darla’s day didn’t start with a great choice but did she use her POWER TO CHOOSE to make it better? How?
While the girls were cleaning up they continued to argue with each other. What problem happens because of this?

Have you ever argued with someone at school or home? Write about what happened?

Who do you think caused the baking set to fall and break? Explain why?

Who ended up getting to sit in the green chair next to Benjie?
Design your own rocket ship to shoot into space!

What ingredients were mixed together to make the rocket ship blast off? Who added each ingredient?

1. ____________________________

2. ____________________________

What 3 choices did Darla make today? Put a check in the box if it was a good choice, and a cross in the box if it was a bad choice.

☐ ____________________________

☐ ____________________________

☐ ____________________________