



## 2024 Conference Program

Thursday 17 <sup>th</sup> October 2024	
1:30pm – 6:pm:	<p>Workshop 1: How to grow nutrient dense organic veges at home – Dr Viv Harris</p> <p>Join Viv as she takes you on an informative adventure on how to grow your own nutrient dense organic veges at home. Viv will cover an introduction on what Organic growing is all about, optimal garden design, setting up the beds, how to grow your nutrient dense, mineral rich soil ( the most important part of your garden!), as well as what to grow and when, organic pest control and harvesting tips. We will also have a fantastic tour of the Ceres Organic vege gardens which will help reinforce what we will learn in the seminar. Discover the links between the healthy, nutrient dense, mineral rich soil microbiome in our vege gardens and our own gut microbiome as we consume these plants. Eating plants grown in this medium without the use of toxic pesticides and herbicides is vital to promote a healthy gut microbiome and increased mineral availability in both our own and our pets bodies. Includes afternoon tea</p>
7pm- 9:30pm:	Welcome Dinner – Venue TBA
Friday 18 <sup>th</sup> October 2024	
8am	Registration & Announcements
8:30am:	Treating gut inflammation with nutrition – Dr Danny Xue
9:30am:	Liver Disease: Food Therapy, Including Herbs - Dr Clare Middle
10:30am:	Morning Tea
11am:	Sponsor Presentation
11:15am:	Cardiac Disease: Food Therapy, Including Herbs – Dr Clare Middle
12:15pm:	Chronic Enteropathies - how to adapt the diet? Dealing with digestive troubles – Dr Geraldine Blanchard
1:15pm	Lunch
2:15pm	Sponsor Presentation
2:30pm:	Homemade or mixed diet - Application to renal disease - Dr Geraldine Blanchard
3:30pm:	Protective nutrition of puppies and kittens – Dr Kelly Halls
4:30pm	Afternoon Tea
5pm	Natural treatment systems for food allergies – Dr Viv Harris

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## Saturday 19<sup>th</sup> October 2024

8:00am:	Registration & Announcements
8:20am:	Welcome & Announcements
8:30am:	Nutritional medicine for herbivores - Dr Megan Kearney
9:30am:	The Microbiota of the Equine Gut — and what it can tell us about feeding horses – Part 1 – Dr Chris King
10:30am:	Morning Tea
11am:	Sponsor Presentation
11:15am:	The Microbiota of the Equine Gut — and what it can tell us about feeding horses – Part 2 – Dr Chris King
12:15pm	Diet Selection for Co-morbidities – Dr Geraldine Blanchard
1:15pm:	Lunch
2:15pm	Sponsor Presentation
2:30pm	General approach and management of obesity - A road to success considering the pet owner, the pet, the food and the vet - Dr Geraldine Blanchard
3:30pm-6:30pm	Afternoon Tea and Expo in the Learning Centre
6:30pm-9:30pm	Dinner and Award Presentation - Firepit & Music, Food Truck, Beverages Provided

## Sunday 20<sup>th</sup> October 2024

8:00am:	Registration & Announcements
8:20am:	Welcome & Announcements
8:30am:	Faecal Transplants - Dr Edward Bassingthwaighe
9:30am:	Post Gut Surgery nutrition – Dr Megan Kearney
10:30am:	Morning Tea
11am:	Sponsor Presentation
11:15am:	Homeopathic Bowel Nosodes – Dr Megan Kearney
12:15pm:	The Most Powerful Tool in your Toolbox - Dr Ian Billingham
1:15pm	Lunch
2pm – 6pm:	<p>Workshop 2: Wellness – Dr Edward Bassingthwaighe + Anthea Dr Edward + Anthea are devoted to self-care, personal growth, and spiritual evolution in a very practical, down to earth way. Dr Ed is a healer, musician, and founder of the Whole Energy Body balance method. Anthea is a menopause yoga teacher, and long-time devotee of kirtan and conscious dance. Together, we will help you create and maintain Hope, recognise, and transcend challenges in your life, and either begin or strengthen a strong, consistent self-care practice that feeds body, mind, and soul. You'll enjoy experiential exercises, guided meditations, music, reflection, a menopause yoga class, and learn practices to keep you strong and happy in work and play!</p> <p>Includes afternoon tea</p>

