

5 | Cleaning

The Annabella pump is not provided sanitized, and must be thoroughly cleaned and sanitized. Please note that in order to protect you and your baby, the washable parts listed in this manual must be sanitized (not only washed).

The sanitization process is meant to kill microorganisms that might be harmful to you and your baby, and may contaminate your milk.

make sure to sanitize the parts of the pump before the first use, and after each and every pumping session.



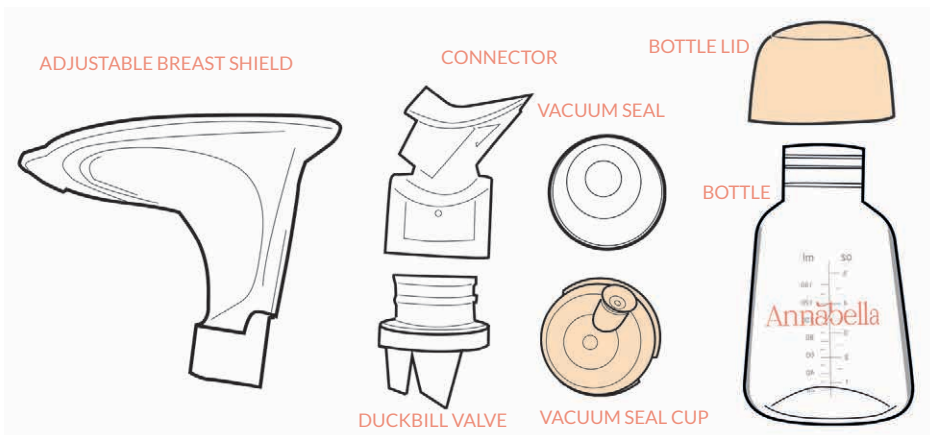
Important notice: the cleaning guide does not apply to electric parts. **DO NOT** wash or submerge in water, or sanitize any electric part of the Annabella pump.



Important notice: the silicone and plastic parts have an expiration date and should be maintained and replaced approximately every 3 months.

Which parts should I sanitize?

Below is a list of the parts that can and should be sanitized before your first use:



- 2X adjustable breast shields
- 2X duckbill valves
- 2X vacuum seals
- 1X vacuum seal cup
- 2X connectors
- 2X bottles
- 2X bottle lids

How should I sanitize the parts?



DO NOT sanitize the parts in the microwave, it might render the breast shield and the parts listed in this Chapter unusable.



After every use, either clean the parts by placing them in the dishwasher or rinse with soap and warm water.

Before the first use and once a day, boil the washable Annabella parts.

Boiling

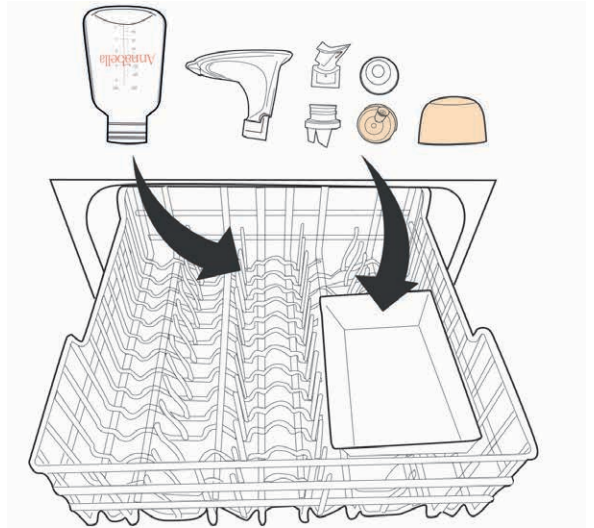
1. Before sanitizing the parts of the pump, rinse the washable components in cold water (approx +20°C / +68°F).
2. Then wash the parts in warm water (approx +30°C / +86°F) with a mild, and if possible a natural soap.
3. Rinse the soap off with cold water.
4. Boil the washable parts for 5 minutes in a pot on the stove.
5. Remove the parts carefully to avoid any burns, and allow the parts to dry on a clean surface.



Do not boil the parts for more than 5 minutes.

Dishwasher Sanitization

1. Place the washable components on the top rack of the dishwasher.
2. Make sure to use a mild, or if possible a natural dishwasher detergent (you may also disinfect the pump parts without any detergent or soap).
3. Allow the parts to air dry on a clean surface.

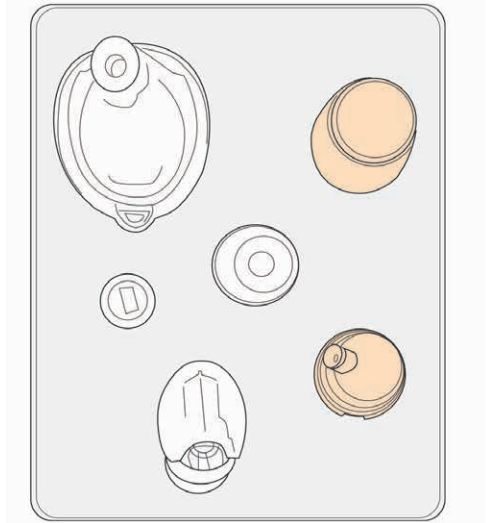


Drying



DO NOT assemble the breast pump before the parts have fully dried.

1. Allow the parts to air dry on a clean surface - you can cover the surface with either a clean dish towel or a paper towel.
2. Please do not store the clean parts in an airtight container. Moist components might gather bacteria, and both contaminate the pump and subsequently your milk.
3. Store the sanitized parts in a clean storage bag or container away from direct sunlight, and only after they have fully dried. See more on storage conditions in Chapter 7.



Cleaning the Vacuum Unit



DO NOT clean the vacuum unit while plugged to the charger or to the pump. Make sure to fully disconnect the vacuum unit from any cables.



DO NOT spray or pour liquid directly onto the vacuum unit.

Cleaning the vacuum unit regularly will ensure its proper function.

1. Switch the vacuum unit off.
2. Unplug the unit from its charger and/or from the pump.
3. Wipe the vacuum unit with a damp and clean towel.
4. Then, with a different and dry towel, wipe the vacuum unit dry.

