

EDGE BROWS

PMU LIGHTENING AFTERCARE INSTRUCTIONS

It is critical to follow all aftercare instructions until all scabbing is complete, to prevent complications, scarring, and to achieve optimum results. Please read carefully.

CLEAN

- Keep the removal area clean, dry, and open to air.
- Do not cover with anything to ensure a faster healing time.
- Only touch the area with clean hands.
- Wipe the area with saline 3-4 times a day using a clean cotton pad or gauze.
- Do NOT use ice.

KEEP THEM DRY

- Don't soak the removal area in water. You can shower as normal but keep the area out of the shower spray the best you can.
- Don't let the area stay wet for more than a few minutes. If it does get wet, gently pat dry. This includes steam and sweat - no saunas or steam of any kind, and no sweaty activities.

DON'T PICK

- All scabbing needs to fall off naturally. If you force or pick a scab off, you will disrupt the process and possibly cause scarring. It is critical to keep the scabs on as long as possible to achieve optimum results.

BE PROTECTIVE

- Don't do anything to disrupt the natural healing process.

ONCE HEALED

- Now you can apply some Vitamin E oil throughout the day for at least 4 weeks, or until your next session. Start this *after* all the scabs have fallen off. Remember, the goal is to keep the area as dry as possible until all the scabs have naturally fallen off.

LIPS

- Avoid abrasive items like straws and cup lids while healing.
- Be mindful of facial expressions so you don't create cracks in scabs.

HEALING

- It is important for the process and integrity of the skin that 8 full weeks of healing takes place before another lightening session. No exceptions.
- Lightening and/or removing unwanted pigment is a long process and patience is required. This is true whether you are choosing a lightening product service or laser. Please be patient and give the process a fair chance to work.
- Expect visible and desired results in 2-5 sessions. The number of sessions needed will depend on how saturated the pigment is, how deep it was implanted, and how much needs to be removed for the desired result. In many cases, only a percentage of pigment needs to be lightened/removed before we can begin the correction process by color correcting or color shifting. In cases where pigment is misplaced or in an unwanted area, color correcting will not be an option and removing as much of the pigment as possible will be our ultimate goal.
- Results cannot be foreseen, predicted, or guaranteed.

If you have any questions or concerns, please call us. If at any time you have any signs of infection or other concerns during the healing process, please call us immediately at 415 573 6329.