

LIP BRUSH AFTERCARE

Aftercare is extremely important for you to obtain the best results. Your aftercare diligence will influence about 70% of the results. Therefore, during your consultation, before and aftercare details will be provided to equip you with the information necessary regarding the healing process for various outcomes. It is essential to avoid direct contact with any germ source. Aftercare is designed to get the most of your beauty work and keep you safe.

The day of your procedure:

- Immediately after your procedure, maintain your lip movement, such as mouthing vowels A E I O U.
- When you return home, gently blot off all the lymph fluid with dry gauze/cotton pads. Lymph fluid is the clear fluid that exits the skin. The amount of lymph fluid varies for each client. For some, blotting may be required more than once.
- Be careful to not accidentally graze your lips when dressing or undressing.
- Avoid getting your lips wet for 24 hours after the procedure.
- Avoid direct contact between your lips and food/drinks.

Day 1:

- Clean your lips every 2-3 hours with dry gauze/cotton pads.
- Once the lymph fluid stops, apply ointment using clean fingertips.
- Avoid letting your lips dry out - apply thin layers of ointment as needed, until healed.
- Expect swelling, tenderness, and a heavy lipstick appearance with a reddish brick color.

Day 2:

- Expect light swelling, tenderness, reddish color, slight metallic taste.

Day 3:

- Expect less swelling, thicker texture, sore, hot feeling before exfoliation begins, orange color.

Day 4:

- Exfoliation begins. Expect very chapped lips.

Day 5:

- Very chapped, but almost finished with this stage.

Day 6:

- A soft rich color begins to surface.

Days 7-14:

- Healing is complete. The color you see are the results of your Lip Brush procedure.
- Expect your lips to remain dry for a month or two - use a good lip balm/ointment as they return to normal, but with full color!

List of DOs and DON'Ts for your aftercare:

- ✓ DO wash your lips with a neutral soap (such as Cetaphil) and lukewarm water each morning and evening, 24 hours after procedure.
- ✓ DO gargle with mouthwash after eating for the first couple of days.
- ✓ DO use fresh pillow cases.
- X Avoid eating and drinking (except water) for the first 3 hours following procedure.
- X Avoid hot beverages for the first 2-3 days following procedure or use a straw to avoid hot liquid on your lips.
- X Avoid any acidic and exfoliating products (Retin-A, glycolic acid, hyaluronic acid, etc.) on/around your lips at all times as they may prematurely lighten and remove the pigment.
- X Avoid biting or licking your lips.
- X Avoid touching your lips with your hands/in general. Avoid activities including but not limited to gardening or sports to prevent possible infections.
- X Avoid strenuous physical activity and heavy sweating for 1 week. Sweat and its salt content may push the pigment from your skin, causing poor ink retention and premature fading.
- X Avoid wearing make-up on or near lips for about a week after the procedure.
- X DON'T rub, scratch, pick, or peel your lips. Let any scabs or flakes fall off on their own.
- X Avoid direct sun exposure for 3 weeks as this fades semi-permanent make-up. After 1 week, you may begin to use a lip balm containing SPF to protect the color.
- X Avoid long hot showers, direct water pressure & shampoo contact on your face for 10 days.
- X Avoid excessive moisture such as: steam rooms, hot tubs, swimming pools, saunas, fresh/salt bodies of water until your lips are completely healed.
- X Avoid sleeping on your face. Lay on your back instead.

Reminders:

- A touch-up visit can be completed and is recommended 6-8 weeks from your initial procedure. The 6-week time period allows the procedure area to completely heal prior to another session.
- Semi-permanent cosmetics is typically a 2-step process. Don't judge your lips during the healing stage. More often than not, they will require a touch-up. We will make any necessary adjustments at this appointment, which we like to call the "perfection session."

To schedule your Perfection Session appointment, visit www.edgebrows.com > Book Online > Touch-Up Services (Existing Clients Only), then select your service.

Please use the visual guide below as a reference for your healing journey.
Remember, not everyone heals at the same speed or in the same way.



If you have any questions or concerns not covered above, please don't hesitate to contact us. We respond quickest to texts and phone calls at (415) 573-6329. You are also welcome to email edgebrows@gmail.com. In the extremely rare event you suspect an infection, please seek medical attention and notify Edge Brows as soon as possible.