

EYEBROWS AFTERCARE

The day of your procedure:

- Blot the treated area with dry gauze (provided) for the first hour, to remove the lymph fluids.
- Do this every 10-15 minutes until the oozing has stopped.
- This prevents the hardening of the lymphatic fluids, which may affect your healing progress.
- Expect some swelling and redness.
- After 5 hours, gently wash your brows with water and the provided Aftercare Wash. You may also use a mild soap or unscented cleanser such as Dial Soap, Cetaphil, or baby shampoo. With a very light touch, use your fingertips to gently cleanse the area. Use a smooth swiping motion for 10 seconds, then rinse thoroughly. To dry, gently pat with a clean tissue. Do NOT use any cleansing products containing acids (glycolic, lactic, AHA, etc.) or exfoliants.
- Keep your brows clean for the first 24 hours, then you may start using the Aftercare Ointment (provided).

Day 1:

- Your eyebrow areas feel sore and heavy.
- They will start to appear dark and thick, and may begin to form scabs.

Days 2-3:

- Your brows will start to feel dry and itchy, but do not scratch! Scratching will cause any scabs to peel off prematurely, preventing you from achieving pigment retention.

Days 4-5:

- Flaking and crusting may occur.
- Skin around the eyebrows may feel dry and itchy.
- Scabs peel off in random pieces, causing brows to look patchy. Areas without scabs may appear lighter in color.

Days 6-14:

- Scabs continue to peel off. Some scabs can be hanging or dried out on the eyebrows. 70-100% of scabs should fall off during this time.
- The pigment looks very light and the shape may look thinner.
- Some areas may have lost more color compared to other areas.

Days 15-30:

- Skin is completely healed.

List of DOs and DON'Ts for your aftercare:

- ✓ DO wash daily to remove bacteria, build-up of products and oils, and dead skin. (Don't worry, this does not remove the pigment!) Gently wash your brows each morning and night with water and the provided Aftercare Wash. You may also use a mild soap or unscented cleanser such as Dial Soap, Cetaphil, or baby shampoo. With a very light touch, use your fingertips to gently cleanse the area. Use a smooth swiping motion for 10 seconds, then rinse thoroughly. To dry, gently pat with a clean tissue. Do NOT use any cleansing products containing acids (glycolic, lactic, AHA, etc.) or exfoliants.
- ✓ DO apply the aftercare ointment 24 hours after the procedure. If you performed a patch test, continue to use the provided aftercare ointment only if you did not have a reaction. Alternative ointments include: Aquaphor and CeraVe Healing Ointment.
- ✓ DO use your clean fingertips to apply a thin layer of ointment 3-5 times every day for 7-10 days. Do NOT saturate. If you have oily skin, use the ointment once at night, before bed time.
- ✓ DO apply aftercare ointment before showering, to keep the area protected.
- ✓ DO use fresh pillow cases.

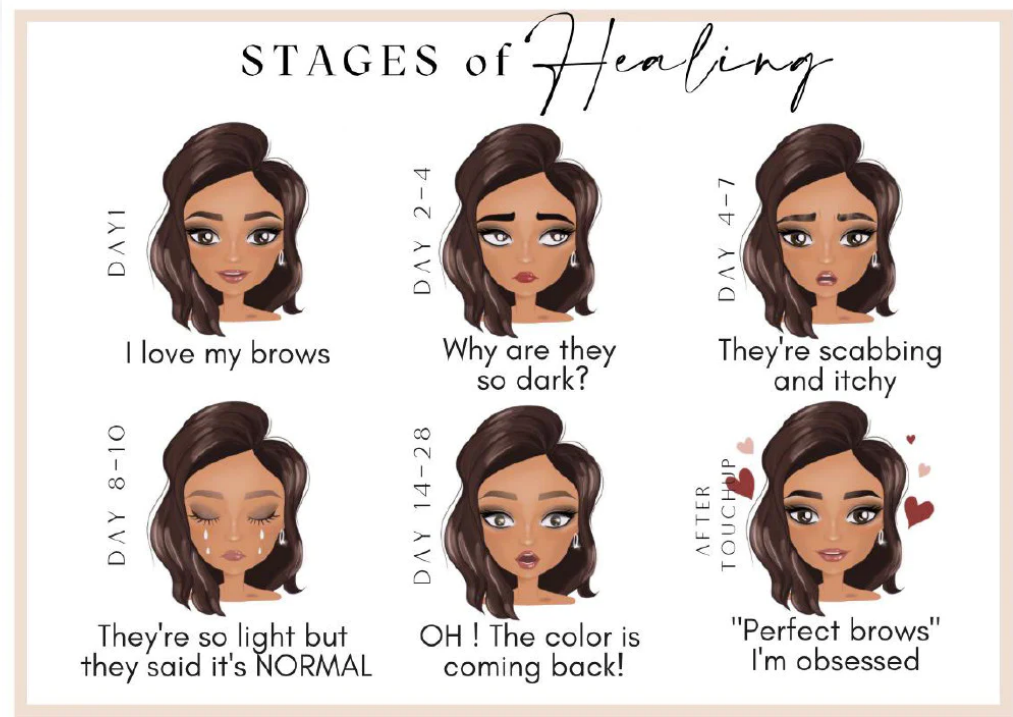
- X Avoid alcoholic beverages for 3 days.
- X Avoid facials and/or Botox for 4 weeks following your procedure.
- X Avoid any other beauty procedures near the treated area, including but not limited to: laser treatment, waxing, tinting, and/or chemical exfoliants.
- X Avoid make-up treated area for up to 10 days (healing time varies) X Avoid sunblock/products with SPF for 3 weeks after your procedure
- X Avoid products containing glycolic acids, Retin-A, exfoliants, and/or anti-aging properties at ANY TIME on your brows - not only during the healing period. These products can cause the pigment to fade and lighten prematurely.
- X Avoid strenuous physical activity and heavy sweating for 1-2 weeks. Sweat and its salt content may push the pigment from your skin, causing poor ink retention and premature fading.
- X Avoid direct water pressure/contact on brows. Instead, cup water into your hands and gently splash to rinse.
- X DON'T scratch, pick, or peel any scabbing/your brows in general. Let them heal and fall off naturally.
- X Avoid direct sun exposure for 30 days - wear sunglasses or a hat to protect your brows.
- X Avoid long hot showers, direct water pressure & shampoo contact on your brows for 10 days.
- X Avoid excessive moisture such as: steam rooms, hot tubs, swimming pools, saunas, fresh/salt bodies of water until your brows are completely healed.
- X Avoid sleeping on your face. Lay on your back instead.

Reminders:

- A touch-up visit can be completed and is recommended 6-8 weeks from your initial procedure. The 6-week time period allows the procedure area to completely heal prior to another session.
- Semi-permanent cosmetics is typically a 2-step process. Don't judge your brows during the healing stage. More often than not, they will require a touch-up. We will make any necessary adjustments at this appointment, which we like to call the "perfection session."

To schedule your Perfection Session appointment, visit www.edgebrows.com > Book Online > Touch-Up Services (Existing Clients Only), then select your service.

Use the visual guide below as a reference for your healing journey.
Remember, not everyone heals at the same speed or in the same way.



If you have any questions or concerns not covered above, please don't hesitate to contact us. We respond quickest to texts and phone calls at (415) 573-6329. You are also welcome to email edgebrows@gmail.com. In the extremely rare event you suspect an infection, please seek medical attention and notify Edge Brows as soon as possible.