Ford/Volvo Wheel Bearing Kit

- . For removal and installation of wheel hubs and bearings on Ford, Land Rover and Volvo models
- Services up to 82mm diameter wheel bearings on newer Gen 2 type wheel bearings
- The clamshells and force plates/pins, ensure the load of insertion is taken only on the outer race of the bearing
- It is also designed to allow for extraction of the bearing, without removing the ABS Sensor
- Applications:
- 2006+ Ford Focus, Fusion, Land Rover Freelander 2, Volvo S80, V70, XC60 & XC70
- NOTE: ensure the threaded bar and thrust bearing are well lubricated with molybdenum disulfide grease before use



CAUTION: To prevent injury, always wear gloves and eye protection that meets ANSI Z87.1 and OSHA standards. CAUTION: To prevent equipment damage, clean and lubricate threaded screws and holes before and after use.

INSTRUCTIONS:

- 1. Raise and support the vehicle safely using jack stands. Remove the wheel.
- 2. Remove the brake caliper and hang it out of the way using wire or a bungee cord. Do not hang the caliper by the brake hose.
- 3. Remove the brake rotor and set it aside.
- 4. Remove the ABS sensor by unplugging it and unscrewing it from the knuckle/bearing hub. Set it aside carefully.
- 5. Remove the dust cap from the wheel hub to access the axle nut. Remove the axle nut.
- 6. Use a ball joint separator or pry bar to disconnect the outer tie rod end. Unplug any other connectors going to the knuckle.
- 7. Support the lower control arm with a jack. Remove the upper and lower ball joint nuts. Use a ball joint separator tool to disconnect the ball joints from the knuckle.
- 8. Remove the knuckle/hub assembly and set it aside.
- 9. Clean any dirt or debris from the hub area. Inspect for any damage.
- 10. Place the threaded thrust bearing in an arbor press with the knuckle/hub. Press the bearing out of the knuckle.
- 11. Clean and inspect the knuckle bore surface. Make sure it is smooth and free of defects.
- 12. Place the new bearing in the knuckle bore and use the arbor press to install it flush with the rear of the knuckle.
- 13. Pack the new bearing with high temperature wheel bearing grease.
- 14. Install the knuckle/hub assembly on the vehicle and reverse the removal steps to reinstall all components. Torque all fasteners to spec.
- 15. Install the brake rotor and caliper. Install the wheel and torque the lug nuts to spec.
- 16. Lower the vehicle and test brake and wheel operation before driving.



