Thank you for choosing us! Since 2002, Best Choice Products has been bringing customers high-quality products at the absolute lowest price. With everything ranging from instruments and toys to furniture and outdoor, we’ve got your everyday living essentials covered. We’re centered around a customer-first philosophy – with free shipping, exceptional customer service, and a catalog sourced with you in mind.
**NOTICE**

Please retain these instructions for future reference.

- Please read the operation instructions carefully before using this product.
- Make sure the voltage specifications on the power cord are compatible with your power outlet. Also, be sure your hands are completely dry before plugging the power cord into an electrical outlet.
- Do not use this massage device in a poorly-ventilated area, such as under covers, blankets, or pillows, as this can potentially cause a fire, overheating of the device, electric shock, or other injury.
- While using, be sure the control panel is facing you, as this will prevent harm to your feet and ankles.
- Use indoors only; do not use in the bathroom.
- Do not sit or forcefully step on the foot massage device.
- Do not insert any object into any opening of the massager.
- Immediately stop using this device if any part is damaged.
- Do not use this massager with wet feet or while sleeping.
- Please use caution when using this machine. Use of this massager can be of risk to you if you have any of the following: Osteoporosis, high fever, impaired consciousness, erythematic epilepsy, malignant tumors, active tuberculosis, severe cardiac dysfunction, VIVO electronic devices, bleeding disorders or bleeding tendencies, allergies, cancer, or pregnancy.

DO NOT use with the following electronic medical devices simultaneously, as this may be dangerous:
- Cardiac pacemakers
- Equipment for the respiratory system
- ECG scanner and other implanted

**OPERATION**

1. Plug the power cord in and press the power button located at the top of the control panel or the top left-hand corner of your remote control.
2. Select your desired massage, and begin.
3. Press and hold the ‘Power’ button for approximately 2 seconds to shut the massager down.

**USAGE NOTES:**
- Using this massager for more than 30 minutes at a time is **NOT** recommended.
- The massager will automatically shut off if there is 15 minutes of non-use.
- When massaging, press the ‘Power’ button to pause the massager.

**AUTOMATIC PROGRAMMING**

Press the **AUTO** button to cycle between preset massage programs: Program I, Program II, Program III, and Program IV.

- **Program I Focus:** All reflex points
- **Program II Focus:** Head, neck, lumbar spine, and shoulders
- **Program III Focus:** Intestines, liver, and stomach
- **Program IV Focus:** Legs, reproductive system, and urinary system
**PERSONALIZED PROGRAMMING**

Press the **CUSTOM** button for your massage program to alternate between:
- Toe
- Arch
- Sole

**MANUAL PROGRAMMING**

Press the **MANUAL** button for a consistent massage style, and press the **SPEED** and **DIRECTION** buttons to manually adjust the speed and direction of your massage.
FOOT MASSAGING THEORY

MEDIAL SIDE OF BOTH FEET

LUMBAR SPINE
THORACIC SPINE
CERVICAL SPINE

SCIATIC NERVE

REPRODUCTIVE
BLADDER

PELVIS
SACRUM
UTERUS/PROSTATE
THYMUS

LATERAL SIDE OF BOTH FEET

SCIATIC NERVE

ELBOW
ARM
HEAD
TEETH/SINUSES

PELVIS
GLUTEAL AREA
OVARIES/TESTES
SHOULDER
EAR
LEG/KNEE/LOWER BACK
Earn points while you shop. Join today!

bestchoiceproducts

rewards

Join | Earn | Redeem

Give your friends 15% off their first order! For each successful referral you’ll receive 100 points.

bestchoiceproducts.com
All items can be returned for any reason within 60 days of the receipt and will receive a full refund as long as the item is returned in its original product packaging and all accessories from its original shipment are included. All returned items will receive a full refund back to the original payment method. All returned items will not be charged a re-stocking fee.

All returned items require an RA (Return Authorization) number, which can only be provided by a Best Choice Products Customer Service Representative when the return request is submitted. Items received without an RA may not be accepted or may increase your return processing time. Once an item has been received by Best Choice Products, refunds or replacements will be processed within 5 business days.

All returns must be shipped back to the Best Choice Products Return Center at the customer’s expense. If the reason for return is a result of an error by Best Choice Products then Best Choice Products will provide a pre-paid shipping label via email. Boxes for return shipping will not be provided by Best Choice Products, and is the customer’s responsibility to either use the original shipping boxes or purchase new boxes.

Pictures may be required for some returns to ensure an item is not damaged prior to its return. Items returned are not considered undamaged until they are received by Best Choice Products and verified as such. All damages to items are the customer’s responsibility until the item has been received by and acknowledge by Best Choice Products as undamaged.

**WARNING**

Manufacturer and seller expressly disclaim any and all liability for personal injury, property damage or loss, whether direct, indirect, or incidental, resulting from the incorrect attachment, improper use, inadequate maintenance, or neglect of this product.