

First United Methodist Church
604 West Avenue / PO Box 30
Holdrege, NE. 68949-0030
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Pastor Pedalings...

Do you ever have those times when you find you're wrestling with something and can't put words to it? That happens to me frequently. Sometimes, I can't even put to words what it is and until I do that, my wheels just keep turning because there's something stirring in me.

During the recent Lenten study, there was one particular unit where people were asked to be vulnerable with each other, and it was interesting to me to see how some people struggled with the concept of vulnerability. I know how hard it is to be vulnerable because there are things deep in the shadows of my past, I have no desire to share with others because I can barely stand even thinking about them myself. But when people heal from everything that isn't them so they can be everything God created them to be, healing happens in vulnerability. I've had to learn that through the years. For the longest time, I suspect I was afraid to be vulnerable with others because of traumas I've experienced in life. Now, I find those traumas and the vulnerability that comes from them to be sources of strength and learning.

Maybe think of this in terms of when you're in the hospital or when someone you know and love is in the hospital. Often when someone is in the hospital, they must be vulnerable to get well. Vulnerability when you're sick means letting doctors and nurses poke and prod you. Vulnerability means saying something hurts and where it hurts. Vulnerability means trusting medical professionals will treat your ailment the best way they know how.

Shouldn't the same be true for the church? After all, a church is not a haven for saints, but a hospital for sinners, isn't it?

In my experience, all forms of healing takes place in compatible ways. For instance, when someone does not heal emotionally, the emotions can become something of a weapon because a person can get depressed or they can lash out at someone; sometimes unhealed emotions result in addictions.

I know because I have experienced depression and there have been times I've lashed out at someone. When people are not healthy spiritually or emotionally, there's a good chance they are not healthy physically.

One of the problems I have seen time and again is how folks commonly try and isolate aspects of their lives from one another. I've done that, too. But it wasn't until I realized that my physical health impacted my emotional health, and my emotional health impacted my spiritual health, and my spiritual health impacted my social health, political health, economic health and so forth that I began to realize they all work together – they're all connected.

Just as they're all connected in people, they're also all connected within the Body of Christ – the church.

Truthfully, I don't find anything wrong with wrestling with the things that stir in us. Maybe stirrings like that make you more inclined to wrestle with God like Jacob at the Jab-bok. Maybe stirrings like that make it possible to rely on God not out of fear, but out of trust. Maybe stirrings are the opportunities God gives us to love ourselves, love others and love God even more.

And so we are all connected. So, why not maximize that connection? That's why class meetings are developing around June 1. That's why anytime we wrestle with things in our lives, sharing whatever it is provides transparency and transparency nurtures truth, and as Jesus said, "the truth will set you free." It's OK to take some time to put things to words, so when you're ready to share, know there may be others who can relate to your experience, and with the confidentiality of class meetings, may the healing you seek in your life begin.

Until next month, just keep pedaling.



First United Methodist Church

Live God's blessings so clearly, you inspire others to do the same.

humcholdrege@gmail.com fumcholdrege.org

Rev. Dr. Mark Crist: 402-607-9435

CHURCH Office

Hours:

Monday-Thursday

9am-3:15pm

Friday

9am-12pm

Church Office: 995-8691



HAPPY BIRTHDAY

- May
- 3-Linda Dennis
 - 4-Terisa Burgeson
 - 5-Drew Carbaugh
 - 7-Eugent Hunt, Mike Larson
 - 8-Shirley Messersmith, Darrie Streeter
 - 10-Sean Gleason
 - 13-Jean Gustafson, Ted Schrock
 - 14-Dick Morten, Ashley Nelson, Breck Miller, Ethan Stecki-Nelson
 - 15-Steve Bryan
 - 17-Joy Goos
 - 18-Vearl Schroeder, Jared Schemper
- 19-Sherri Silver, Tom Shrock, Chase Brinkman
 - 20-Shane Stabenow
 - 23-Derek Wagner
 - 24-Brett Schrock
 - 25-Rev. Bob Berlie
 - 27-Greg Walker, Josh Wagner, JoAnn Everett
 - 28-Jacqueline Schrock, Quinn Johnson
 - 29-JoAnn Gregory, Mick Magill, Rob Schmidt, Ian Vosburg
 - 30-Marci Stewart
 - 31-Mike Layton, Tony Browning, Gay Borg

** If your Birthday is not listed, please call the Church office and we will add your special day to our list!**

USHERS- 11:00 a.m. Service

1st Sunday-Mark Kassing, Mike Olson, Brian Anderson
 2nd Sunday-Mark Beam, Joe Marquardt, Mike Sisson
 3rd Sunday-Brad Ludeke, Mike Sisson, Rob Schmidt, Shane Stabenow
 4th Sunday-Sandra Calvin, Sandy Dahlgren, Helen Wells
****If you would like to help usher please contact Brad Ludeke or the Church Office**

From the Church Office:

*The FUMC Holdrege is accepting applications for an administrative assistant. Quick-Books and Microsoft Office competence preferred. Hours generally are 9 a.m. to 3:15 p.m. Monday through Thursday, and 9 a.m. to noon on Friday. If interested, please fill out an application in the office.



GREETERS-8:30 a.m. Service

May 1 - Marilyn Burkholder
 May 8 - Kenton & Marilyn Thompson
 May 15 -
 May 22 - Lisa & Reese Hodge
 May 29 -

Nursery

The nursery is available at the 11:00 service for children, birth - 5 yrs.

Summer Worship Times

The 11:00 a.m. service in the Sanctuary will be moved to 10:00 a.m. starting May 29-September 4. The 8:30 a.m. service will stay at the same time in the fellowship hall.



CONGRATULATIONS Graduates

- Erika Wilkins
- Lilie Anderson
- Quinn Johnson
- Breck Miller
- Mason Marquardt
- Hanna Stewart
- Cain Bailey

Senior Sunday is May 8. Each student has a labeled gift bag in the sanctuary where you can place cards. Please be sure to also sign the senior books.

FIREPIT FRIDAY

FRIENDS, FOOD, AND FELLOWSHIP FOR YOUTH ENTERING 7-12TH GRADES

Friday's in June and July
 7:30-9 p.m.
 Church yard



Hope to see you all there!



IT'S TIME FOR SUMMER CAMP!

Summer camp is a great opportunity for kids of all ages to experience the outdoors while making new friends, and growing closer to God.

FUMC Holdrege will scholarship half the cost of camp at any of these locations:

- Camp Chippewa - Ottawa, KS
- Camp Fontanelle - Nickerson, NE
- Camp Horizon - Arkansas City, KS
- Camp Lakeside - Scott City, KS
- Camp Norwesca - Chadron, NE
- Camp Comeca - Cozad, NE

Scholarship forms can be picked up in the office.

A special offering will be taken on May 1 for camp scholarships. Please mark your envelope/check accordingly.



Vacation Bible School

July 18-22, 2022

Preschool-4th

9:00-11:30 a.m.

5-8th grade

1:00-3:30 p.m.

Adult and youth volunteers are needed for the VBS team. It takes approximately 30 team members to host a successful VBS. Please contact Candance to sign-up.

Online registration for kids will open on May 1.
fumcholdrege.mycokesburyvbs.com

On May 9 at 5:30 p.m. there will a CONFIRMATION MEETING for students and parents. If you have a student entering 8th grade in the fall, you are invited to come to this informational meeting. Contact Pastor Mark or Candance with questions.

Please be in prayer for this year's youth mission teams.

Urban Plunge 5/20-22

- Haley Kunz
- Jaylee Jones
- Joleigh Mooney
- Reese Hodge
- Mikayla Kenton
- Shyla Maeser
- Chloe Johnson (Wilcox UMC)
- Penny Mooney
- Candance Miller

El Paso 5/29-6/5

- Connor Fulmer
- Carly Stewart
- Joleigh Mooney
- Jessie Tunnell (Minden UMC)
- Sam Tunnell (Minden UMC)
- Marah Dornhoff (Minden UMC)
- Kyle Dutcher
- Candance Miller

The middle school mission team is collecting items for Blessing Bags to donate to Siena Francis House, the homeless shelter in Omaha. Please bring your items to the church by May 18.



NEW ITEMS:

- Multi-purpose wipes
- Chapstick
- Moisturizer
- Comb/brush
- Toothbrush/toothpaste
- Deodorant
- Soap/hand sanitizer
- Mask
- Tampons
- Water bottle
- First aid kit
- Grooming kit

NEW OR GENTLY USED ITEMS:

- Wool hat
- Socks
- Gloves
- Scarf
- Rain gear
- Compact reusable bag
- Blanket
- Pillow
- Sleeping bag
- Winter coat
- Backpack


FINANCIAL PEACE UNIVERSITY

Interested in Financial Peace University? Inquire now!


Plans are developing for FUMC Holdrege to offer Financial Peace University this summer after a series of recent inquiries about the class. If you would like to participate or if you are interested in being a facilitator for the class, please contact the office or make a note on the Sunday connection cards.

The Holdrege First United Methodist Church is designated to provide bars, cookies (should be either homemade or from Sunmart Bakery Center, not pre-packaged) for the Blood Drive on June 1st. We will need a total of 14 dozen cookies/bars. If you would like to help with this please contact Judy Pearson.



 Prayers to all our military members
Cole Watts, Quentin Hadan, Dalton Bryant, Cade Wiese, Gary Jacobson, Christian Jacobson


UPCOMING UMW Group Meetings
Elisabeth Group: Wednesday, May 11 @ 9:30 a.m.
Ruth Group: Wednesday, May 11 @ 9:30 a.m.
Hannah Group: Monday, May 9 @ 5:30 p.m.
Naomi/Rebecca Group: Thursday, May 12 @ 9:30 a.m.




Upcoming Council Meeting
MONDAY, May 23rd
Committee Meetings 6:30 p.m.
Ad Council Meeting 7:30 p.m.

 **Praise Team Practice Wednesdays at 7:30**
Come join us!


'Afternoon @ the Movies'
Wednesdays @ 1:00 p.m.
*Popcorn Provided.
Please bring your own beverage



FREE RESOURCES...
On the table in the parlor, there are many Bibles, books, devotionals, study materials, cookbooks and CD's to give away. Take a book or CD for yourself or share it with a friend. All items will be donated at the end of the month.



VIDEO LIBRARY
If you are looking for a family-friendly movie to watch, check out the DVD library in the parlor.
If you find something that you'd like to watch, write your name, the movie title, and the date on the notebook available. When you are finished, please return the movie to Candance.



Please save your POP TABS!
You will find collection containers by the pop machine, in Fellowship Hall, and in the sanctuary.

Great Plains AC Clergy Excellence budget: how mission shares support it
Bishop, Districts & Superintendents \$2,618,985

Bishops in the United Methodist Church – and by extension their district superintendents – oversee the work of the denomination. In the superintending role, they serve as teachers, preachers, prophets, and executive leaders. They equip the church in its disciple-making ministry so that we, in our individual congregations and mission fields, may worship and evangelize faithfully.

The work of this budget area provides the administrative infrastructure needed to do the work of superintending, including office rent, equipment, and supplies, compensation of district superintendents and district administrative assistants, travel expenses for their many days and nights on the road traveling among the churches.

But this budget supports far more than the work of the bishop and the superintendents. It pays the moving expenses for pastors going to new appointments, offers equitable compensation support to struggling churches, pulpit supply for congregations in a period of pastoral transition, and grants to support the exciting ministries emerging from our networks. In total, 24 percent of our support for the superintendency comes back as support to pastors, churches, and networks.

Mission Outreach: The Mission Committee has decided to gather arts and craft items for the Head Start students. You might have some of the following that you would be willing to donate:

Egg cartons	Small plastic containers
1/2 gal. milk jugs	Construction paper
Glitter	Glue
String	Ribbon

Also needed are boxes of Kleenex, paper towels, paper plates, Ziploc baggies and Clorox Wipes/spray. Please place the items in the boxes provided in the fellowship hall and upstairs by the food pantry box.

We also are considering a work day this summer to clean up the litter and other trash along our streets. We would like to show the community that our church cares. This could be an excellent time that we could volunteer as a church family, having the adults and children work together to clean up Holdrege. We will be asking for volunteers to sing up on the Connection Cards.

Sunday Worship Services:
8:30 a.m. Praise Café in Fellowship Hall
11:00 a.m. Worship in the Sanctuary
Hand Sanitizer is available at the door.
If you are unable to be with us in person, please join us on Sunday's @ 11:00 on our Facebook page for our Livestream Service!




Hi Church Family the Finance Committee wants thank you for all you have done! We have decided to open the church during Swedish days on Saturday June 18, 2022 from 9-1 we will be serving Cinnamon roll or Muffin for a \$1.00 and Bottle of water for a \$1.00. Then for lunch we will be serving Pork Loin Sandwich, Chips, Cookie or Bar and a Bottle of Water for \$10.00. So, come out and see us. The Finance Committee will be asking for help we will be talking at church and sending around a sign-up sheet. If you see anything you would like to do, please contact Kathy Wilkins.

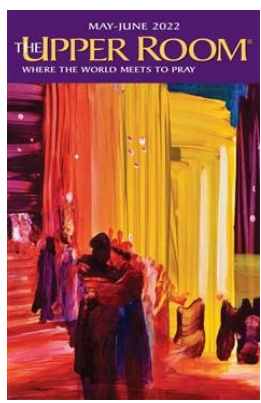
God Bless
Finance Committee
Kathy Wilkins, Chairperson

We still have the Upper Room available. The current one is May/June.

Suggested donation for the Upper Room is \$1.

We have small and large print.


If you would like one please stop by the Church and we can bring one out to you.



OFFERING REPORT
Needed Monthly: \$24,597.74
April to date: 17,642.00
Last Week: \$2,083.00
Thank you for your giving!


Watching worship on Facebook Live?

We could use your help.

 Every week, churches in the Great Plains Conference are required to report the number of people who attended church as well as those who watched worship through online services. This presents us with some awesome opportunities as a church, so we could use your help if you are watching online.


In order to share with others some of the awesome things happening in our church, we need to get the word out. One way to get the word out is to like, comment and share the weekly broadcast as well as other items posted on the church Facebook page. The "likes" give us an idea how many watched the service, and comments provide valuable feedback that help with the number of people who might see what gets posted. Likewise, sharing broadcasts or items help spread the word of Jesus Christ's love with the world, so please: each time you see something on the Facebook page, "Like, Comment, and Share."

Food Pantry Needs
Non-perishable items can be placed in the baskets located in the Fellowship Hall and the main entrance to the Sanctuary.




Quilt Guild April 12, 2022
6:30pm-9:00pm
Fellowship Hall

For the safety of all, including our staff, we are asking that you please make sure you check in with the office as you enter the building during office hours.
Thank you for your help!



May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Communion Sunday 8:30 a.m. Praise Café 11:00 a.m. Worship in Sanctuary Worship Livestream via Facebook 11:15 a.m. Children's Worship	2 6:30 p.m. Committee Mtgs. 7:30 p.m. Ad Council Mtg.	3 7:30 a.m. UMM Coffee @ Cozy	4 1:00 p.m. Movie in Fellowship Hall 7:30 p.m. Praise Team Practice	5 9:30 a.m. UMW Exec.	6	7
8 Senior Recognition Sunday  8:30 a.m. Praise Café 11:00 a.m. Worship in Sanctuary Worship Livestream via Facebook 11:15 a.m. Children's Worship 	9 5:30 p.m. 22-23 Confirmation Class Mtg. 5:30 p.m. Hannah Group 7:00 p.m. SPRC Mtg.	10 7:30 a.m. UMM Coffee @ Cozy 6:30 p.m. Quilters Guild-Fellowship Hall	11 9:30 a.m. Ruth Group 9:30 a.m. Elisabeth Group 1:00 p.m. Movie in Fellowship Hall 7:30 p.m. Praise Team Practice	12 9:30 a.m. Naomi Group	13	14
15 8:30 a.m. Praise Café 11:00 a.m. Worship in Sanctuary Worship Livestream via Facebook 11:15 a.m. Children's Worship	16	17 7:30 a.m. UMM Coffee @ Cozy	18 1:00 p.m. Movie in Fellowship Hall 7:30 p.m. Praise Team Practice	19	20	21
22 8:30 a.m. Praise Café 11:00 a.m. Worship in Sanctuary Worship Livestream via Facebook 11:15 a.m. Children's Worship	23 6:30 p.m. Committee Mtgs. 7:30 p.m. Ad Council Mtg.	24 7:30 a.m. UMM Coffee @ Cozy	25 1:00 p.m. Movie in Fellowship Hall 7:30 p.m. Praise Team Practice	26	27	28
29 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook 11:15 a.m. Children's Worship	30 Memorial Day Office Closed 	31 7:30 a.m. UMM Coffee @ Cozy				