

**First United Methodist Church**  
604 West Avenue / PO Box 30  
Holdrege, NE. 68949-0030  
*Return Service Request*

Non-Profit org  
U.S Postage  
Permit No. 122  
Holdrege, NE



## Pastor Pedalings...

Ahhhhhhhhh. Summer!  
Recently, I was blessed to attend the Loomis High School and Holdrege High School graduations. In addition, I was blessed to share a few words at the Baccalaureate in Holdrege. Each was an honor and my congratulations to students, families and teachers who had a hand in seeing all this come together.

As long as I've been a pastor, I've found summer to be a time to step back and catch my breath. That's why there are now several people trained to lead Class Meeting groups, and it's why I've asked Candance to lead some of the adult bible studies this summer.

One of my goals this summer is to refocus on both identifying the lay leadership in the year ahead and how training will be provided for those serving on committees. The second goal I am hoping to reach is to actually plan out preaching paths in the months ahead, particularly since I have already announced a sermon series centering on the changes in the United Methodist Church, which will have me deviate from my normal lectionary preaching methodology and bible or book studies. A third goal this summer centers around my health. I'm going to explain why.

In 2014, I was perilously close to having a heart attack, since my LAD artery was 99 percent blocked. A few months after receiving a stent, as I started to get physically healthy through diets and exercise, I had what I refer to as my Christmas Carol experience, where I had four horrific dreams over five nights. Those dreams centered around physical (exercise and diet), emotional (psychological and mental), spiritual (connecting with God, others and self), and social health (politics and economics). At the time, learning to understand each and how they function together was central to me.

Since then, I have developed a much deeper awareness of how important it is to be as healthy as I can be. Unfortunately, during the pandemic, some of the exercise equipment we had broke down, so I got a little lazy taking care of myself physically but now – since starting spin classes in January – I am starting to notice the benefits and I know there are more to be gained.

Don't take me wrong, here. I am not doing this in vain. I am doing it because one of the things I have learned in recent years is that the healthier I can be in all aspects of my life, the more that health rubs off in my personal and professional life. In the research I've read, the healthier a pastor is, the healthier his or her leadership is and the healthier the pastoral leadership can be, the healthier the church becomes.

Healthier leadership also focuses on processes and processes must play a significant role in how people are asked to serve on church committees as well as how people serve on church committees and in the ministries of the church. When committees get too focused on content it can lead to anxiety among committee members, secret keeping, and the likelihood of talking about people rather than with them. As you know, the centerpiece of any church ministry must be the relationships that come from that ministry and relationships must be personal. Process aids relationship development; content can have a tendency to shatter relationships.

So, that's some of what my summer looks like. What's your summer plans? I've heard some folks are interested in heading to the area lakes this summer, but that isn't the question I'm asking. What are your summer plans to share God's blessings with others, so they're inspired to do the same? What are your summer plans to connect with loved ones? What are your summer plans to participate in the life of the church? I'd love to hear them!

Ahhhhhh. Summer.

## First United Methodist Church

***Live God's blessings so clearly, you inspire others to do the same.***

humcholdrege@gmail.com fumcholdrege.org

Rev. Dr. Mark Crist: 402-607-9435

### CHURCH OFFICE HOURS:

**Monday - Thursday**  
**9:00 a.m. - 3:15 p.m.**

**Friday**  
**9:00 a.m. - 12:00 p.m.**

Church office: 995-8691



# HAPPY BIRTHDAY

## June Birthday's

- 1-Karla Beachler, Aiden Helms
- 3-Ryan Marvin
- 8-Dana Brinkman
- 9-Amy Michalski, Erin Michalski
- 10- Shirley Sandfort, Judy Steinbrink
- 11-Mark Beam
- 15-Lisa Harvey, Sydnie Harvey, Jaylee Jones
- 17-Kent Sturgis
- 18-Ruth Browning, Mary Reusink
- 20-Mary Pouk, Emyrson Osborn
- 21-Brianna Mangers
- 22-LaVern Schemper, Maxwell Dutcher
- 25-Jaycee Jones
- 26-Barb Malm, Justin Ganser
- 27-June Steinbrink
- 29-Darbie deFreese
- 30-Tyler Anderson

\*\* If your Birthday is not listed, please call the Church office and we will add your special day to our list!\*\*

## July Birthday's

- 2-Crystal Arford
- 4-Janet Arford, Taryn Patterson, Jenna Schroeder
- 7-Brogan Wise
- 8-Sandra Raddatz
- 12-Margaret Hodge, Nathan Weaver
- 13-David Shapland, Brian Brinkman
- 15-Matthew deFreese
- 16-Randy Nelson, Monica Harris, Tori Jones, Hayley Pederson
- 17-Alex Gange-Beachler
- 18-Samantha Jones-Ferdinand
- 19-Lyle Patterson, Doug Dahlgren
- 20-Cinch Mooney
- 21-Sandy Dahlgren
- 24-Wendy Wagner, Marsha Steinbrink
- 25-Raygen Schmalz
- 27-Scott Vosburg
- 28-Connie Nelson
- 29-Kendall Moseley, Scott Dahlin, Matt Schmalz, Marilyn Burkholder

## USHERS-11:00 a.m. Service

- 1st Sunday-Mark Kassing, Mike Olson, Brian Anderson
- 2nd Sunday-Mark Beam, Joe Marquardt, Mike Sisson
- 3rd Sunday-Brad Ludeke, Mike Sisson, Rob Schmidt, Shane Stabenow
- 4th Sunday-Sandra Calvin, Sandy Dahlgren, Helen Wells

**\*\*If you would like to help usher please contact Brad Ludeke or the Church Office**

## GREETERS-8:30 a.m. Service

- |  |   |
|--|---|
| <b>June 5 -</b>                        | <b>July 3 - Sandy Mueller &amp; JoAnn Everett</b> |
| <b>June 12 -- Shirley Messer-smith</b> | <b>July 10 -</b>                                  |
| <b>June 19 - Linda Di Giovanni</b>     | <b>July 17 -</b>                                  |
| <b>June 26 - Marilyn Burkholder</b>    | <b>July 24 - Gwen Harden</b>                      |
|  | <b>July 31 -</b>                                  |

**GUESS WHAT DAY IT IS? WHOOT WHOOT!**



### MIDWEEK MOTIVATOR

Summer's here and that means folks are often gone on weekends. So, we are experimenting with what we're calling a Midweek Motivator.

Motivator is a midweek worship and fellowship experience for folks gone on weekends, which includes a meal.

The worship committee will be hosting a Midweek Motivator on Wednesday, June 22 and Wednesday, July 20 at 6:30 p.m. in the fellowship hall. The only thing we are asking for this summer is for participants to provide feedback.

We look forward to seeing you there!

THANK YOU to all who gave to the scholarship fund. We collected \$640 to help send kids to summer camp!

Contact Candance if you have a child interested in camp.



My favorite part of the trip was getting closer to God. I learned so much about him. This helped me interact with people. This experience was my two favorite memories I've made with a church. I wanna say Thank You" for helping us go on this trip. Makayla Kenton

We got to visit lots of different ministries, first starting with Scatter Joy Acres, a farm with lots of zoo like animals that were abused, rescued, etc. It was interesting how these animals that had been rescued could bring peace and be therapy for others. We also visited Beautiful Gate, which is a non-profit church with tons of donated clothes and food those in need could have. We also ventured to Hooper, NE for an event that collected old electronics to be recycled down to nothing so nothing would go in the landfill. This also helped provide jobs for those who either just got off the streets or new out of prison get into the work field again by helping with the whole recycling process. This was a memorable weekend and we are grateful we got to do this. Thank you! Reese Hodge

What a joy it truly was to go on an eye opening journey with the six girls that went with me! On May 20th, we traveled to Omaha to go on the Urban Plunge trip. That same day we went to Scatter Joy Acres. This is a rescue facility for abused and abandoned animals. I can't believe that simply helping build a fence truly helped the facility! The next day we helped with an event with the Cross Training Center. This is a wonderful non-profit organization! They take used electronics and break them down to be recycled. They offer jobs to people off the streets and fresh out of prison to get them used to work days. None of the electronic parts end up in the landfill. Great way to help the community and planet! Then we went to Beautiful Gate and helped them move some stuff to allow easy access to get to what they needed to help others. What a community group they have! We had the chance to visit with some of the people there! I loved hearing the different testimonies! Beautiful Gate takes clothes and other items to the community and other items to the community and meets them where they are to help and then offers them to come to their church and worship. Their church isn't what we typically think of though. They worship in their warehouse. I thought that was a great way to meet people where they are at. It gave me so many ideas of things we can do in our community! On Sunday we went to the Abide Church and helped set up for service. I loved the service and the different projects they are doing to help the community of North Omaha. I am so blessed that we were able to go! I had an amazing time and it really opened my eyes to the needs of others and how even those in need help others in need. Joleigh Mooney

Thank you for giving me the opportunity to go on the Urban Plunge mission trip this year. One of my highlights was going out to a farm and helping put up a fence and then getting to see all the different types of animals they raise there. On Sunday we went to a church but it was just a regular old gym they worshipped in. I think that is cool they can take an old gym and turn it into a place to praise God. Jaylee Jones

**MORE PICTURES AND TESTIMONIES IN THE AUGUST NEWSLETTER.**



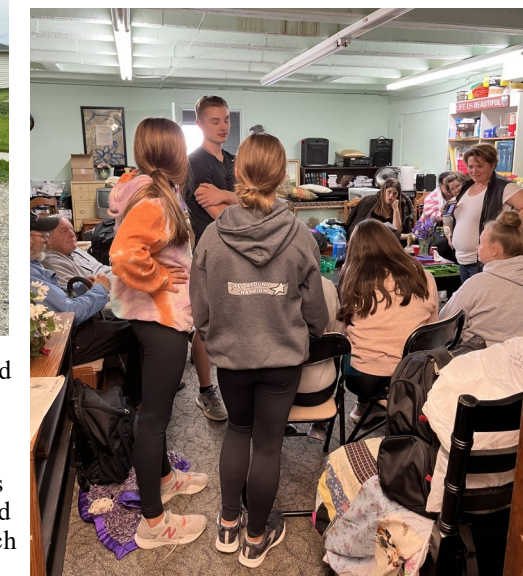
**Vacation Bible School**  
**July 18-22, 2022**  
**Preschool-4th**  
**9:00-11:30 a.m.**  
**5-8th grade**  
**1:00-3:30 p.m.**

Adult and youth volunteers are needed for the VBS team.

It takes approximately 30 team members to host a successful VBS. Please contact Candance to sign-up.

Online registration for kids is open!  
[fumcholdrege.mycokesburyvbs.com](http://fumcholdrege.mycokesburyvbs.com)

**Due to conflicts in Candance's schedule, Firepit Friday is cancelled until fall.**



For the safety of all, including our staff, we are asking that you please make sure you check in with the office as you enter the building during office hours. Thank you for your help!

**ALL VISITORS  
PLEASE  
CHECK IN AT  
FRONT OFFICE**

Non-perishable items can be placed in the baskets located in the Fellowship Hall and the main entrance to the Sanctuary.

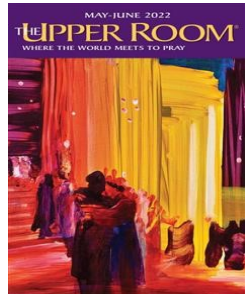


Quilt Guild June 14 and July 12, 2022  
6:30pm-9:00pm  
Fellowship Hall

'Afternoon @ the Movies'  
Wednesdays @ 1:00 p.m.  
\*Popcorn Provided.  
Please bring your own beverage



We still have the Upper Room available. The current one is May/June. July/August will be available the end of June. Suggested donation for the Upper Room is \$1. We have small and large print. If you would like one please stop by the Church and we can bring one out to you.



Watching worship on Facebook Live?

We could use your help.



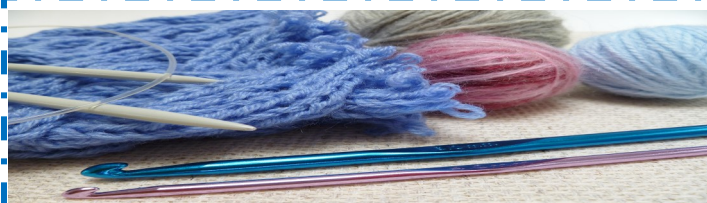
Every week, churches in the Great Plains Conference are required to report the number of people who attended church as well as those who watched worship through online services. This presents us with some awesome opportunities as a church, so we could use your help if you are watching online.

In order to share with others some of the awesome things happening in our church, we need to get the word out. One way to get the word out is to like, comment and share the weekly broadcast as well as other items posted on the church Facebook page. The "likes" give us an idea how many watched the service, and comments provide valuable feedback that help with the number of people who might see what gets posted. Likewise, sharing broadcasts or items help spread the word of Jesus Christ's love with the world, so please: each time you see something on the Facebook page, "Like, Comment, and Share."



Prayers to all our military members

Cole Watts, Quentin Hadan, Dalton Bryant, Cade Wiese, Gary Jacobson, Christian Jacobson



**CROCHETERS**

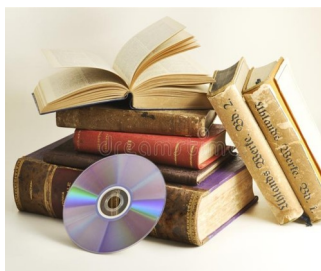
If you have ever wanted to learn to crochet or if you already know how and would enjoy getting together with others who crochet, please join us in the fellowship hall beginning

TUESDAY, JUNE 7 @ 1:30 P.M.

we will begin by crocheting a potholder. Please bring a skein of yarn. Red Heart is a suggested brand. Medium #4 worsted weight. Also a crochet hook, size H or I. They can be purchased at Walmart or Hobby Lobby. Questions?? Call Dianne Wintermute -- 991-6619 Or Cathy Woolley -- 303-868-7652.

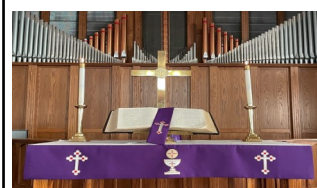
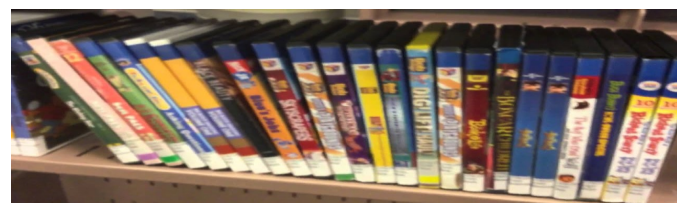
**FREE RESOURCES...**

On the table in the parlor, there are many Bibles, books, devotionals, study materials, cookbooks and CD's to give away. Take a book or CD for yourself or share it with a friend.



**VIDEO LIBRARY**

If you are looking for a family-friendly movie to watch, check out the DVD library in the parlor. If you find something that you'd like to watch, write your name, the movie title, and the date on the notebook available. When you are finished, please return the movie to Candance.



Sunday Worship Services May 29-Sept 4  
8:30 a.m. Praise Café in Fellowship Hall  
10:00 a.m. Worship in the Sanctuary  
Hand Sanitizer is available at the door.

If you are unable to be with us in person, please join us on Sunday's @ 10:00 on our Facebook page for our Livestream Service!

**Great Plains AC Clergy Excellence budget: how mission shares support it**

The Episcopal Fund (\$699,878)

The Episcopal Fund provides compensation and support to all of our denomination's bishops. This fund was one of three general apportioned funds which were part of the financial plan of the Methodist Church from the time of its unification in 1939.

Today, the bishops of The United Methodist Church are providing spiritual leadership to more than 12 million persons in a broad range of settings on four continents, including North America, Europe, Africa and Asia.

Ministerial Education Fund (\$798,233)

The Ministerial Education Fund provides needed scholarships through annual conferences, essential funds for the support of our 13 United Methodist seminaries in the United States, programs that encourage men and women to respond to the call to ordained ministry, continuing-education opportunities for pastors across the connection, and course-of-study education for local pastors.

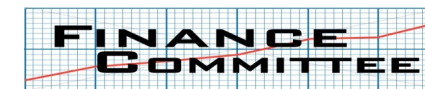
Every clergy person who has served in the UMC over the last 50 years has been shaped in part by the ministries and institutions supported by the MEF, including 13 United Methodist U.S.-based seminaries that receive funding from MEF.

**Mission Outreach:** The Mission Committee has decided to gather arts and craft items for the Head Start students. You might have some of the following that you would be willing to donate:

- Egg cartons
- 1/2 gal. milk jugs
- Glitter
- String
- Small plastic containers
- Construction paper
- Glue
- Ribbon

Also needed are boxes of Kleenex, paper towels, paper plates, Ziploc baggies and Clorox Wipes/spray. Please place the items in the boxes provided in the fellowship hall and upstairs by the food pantry box.

We also are considering a work day this summer to clean up the litter and other trash along our streets. We would like to show the community that our church cares. This could be an excellent time that we could volunteer as a church family, having the adults and children work together to clean up Holdrege. We will be asking for volunteers to sing up on the Connection Cards.



Hi, Church Family, the Finance Committee wants to thank you for all you have done! Summertime is upon us, and we are looking at some fun activities for the summertime. We are planning on having the church open for Swedish days and then we will be having Vacation Bible school later this summer. We ask even though you are busy with your family this summer. Just remember that your church is needing your giving to be able to bring all these activities to you. If you are not able to make it to church to drop off your giving, there are two ways you can give. One, is the giving app that you can set up you're giving so it comes out every month like clockwork. Then the second is in the Newsletter, has an envelope that you can send in your giving that way. Your Giving does make a big difference in helping with the paying of the Bills and Staff so that way they can bring the word of the Lord to us all. But most of all we would like to say thank you for the blessings of your giving that you have done in the last 5 months. If any of you have any questions to please contact anyone in the Finance Committee.

**Swedish days on Saturday June 18, 2022, from 9-1 we will be serving Cinnamon roll or Muffin for a \$1.00 and Bottle of water for a \$1.00. Then for lunch we will be serving Pork Loin Sandwich, Chips, Cookie or Bar and a Bottle of Water for \$10.00. So, come out and see us. The Finance Committee will be asking for help the main thing we will be needing is cookies or bars individually wrapped. We are looking to feed 200 people. . . If you see anything you would like to do, please contact Kathy Wilkins at 308-991-8961. Or if you just need a cool place to stop and get out of the heat we will be there for you!**

God Bless  
Finance Committee

**OFFERING REPORT**

Needed Monthly: \$24,597.74  
May to date: \$16,718.70  
Last Week: \$3,422.70

Thank you for your giving!


**Please save your POP TABS!**

You will find collection containers by the pop machine, In Fellowship Hall, and in the sanctuary.

# June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Lydia Patterson Mission Trip 1:00 p.m. Movie in Fellowship Hall	2 Lydia Patterson Mission Trip 9:30 a.m. UMW Exec.	3 Lydia Patterson Mission Trip 5:30 p.m. Wedding Rehearsal and Supper	4 Lydia Patterson Mission Trip 4:00 p.m. Schrock/Karpisek Wedding
5 Lydia Patterson Mission Trip Communion Sunday 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	6 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study 6:30 p.m. Emotionally Healthy Spirituality Book	7 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study 6:30 p.m. Emotionally Healthy Spirituality Book	8 Annual Conference 1:00 p.m. Movie in Fellowship Hall	9 Annual Conference	10 Annual Conference	11 Annual Conference
12 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	13	14 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study 6:30 p.m. Quilters Guild Fellowship Hall	15 12:00 p.m. Ruth Group 1:00 p.m. Movie in Fellowship Hall 6:30 p.m. Emotionally Healthy Spirituality Book Study	16	17	18
19 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	20	21 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study	22 1:00 p.m. Movie in Fellowship Hall 6:30 p.m. Midweek Motivator (Worship & Meal) 6:30 p.m. Emotionally Healthy Spirituality Book	23	24	25
26 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	27 6:30 p.m. NO Committee Meetings 7:30 p.m. NO Ad Council	28 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study	29 1:00 p.m. Movie in Fellowship Hall 6:30 p.m. Emotionally Healthy Spirituality Book Study	30		

# July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Communion Sunday 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	4 Office Closed 	5 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study	6 1:00 p.m. Movie in Fellowship Hall	7	8	9
10 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	11 Decorate for VBS	12 Decorate for VBS 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study 6:30 p.m. Quilters Guild Fellowship Hall	13 Decorate for VBS 1:00 p.m. Movie in Fellowship Hall 6:30 p.m. Emotionally Healthy Spirituality Book Study	14 Decorate for VBS	15 Decorate for VBS	16
17 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	18 VBS	19 VBS 7:30 a.m. UMM Coffee @ Cozy 9:30 a.m. The God We Can Know Book Study	20 VBS 1:00 p.m. Movie in Fellowship Hall 6:30 p.m. Midweek Motivator (Worship & Meal) 6:30 p.m. Emotionally Healthy Spirituality Book	21 VBS	22 VBS	23
24 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook	25 6:30 p.m. NO Committee Meetings 7:30 p.m. NO Ad Council	26 7:30 a.m. UMM Coffee @ Cozy	27 1:00 p.m. Movie in Fellowship Hall 6:30 p.m. Emotionally Healthy Spirituality Book Study	28	29	30
31 8:30 a.m. Praise Café 10:00 a.m. Worship in Sanctuary Worship Livestream via Facebook						