

MÖDERE® FAQs | Canada

MODERE LOGIQ™ MCTs

Health & Wellness | General Health

Can I add Modere Logiq™ MCTs to other drinks or food besides coffee?

- Yes, absolutely. You can add Modere Logiq™ MCTs to smoothies, protein shakes, oatmeal or any other food or drink that you would like to supplement with the power of MCTs.

Can I take multiple servings a day?

- Modere Logiq MCTs should to be taken once per day.

When is the best time to take the product?

- We recommend adding Logiq™ MCTs to Modere Logiq™ with TetraBlend Coffee to bolster your natural energy production.

Is Modere Logiq™ MCTs keto-friendly?

- Yes, Modere Logiq™ MCTs is formulated to be keto-friendly.

What is C8 MCT?

- MCTs or medium chain triglycerides are fatty acids that have a chain of 6 to 12 carbon atoms. The MCTs used in Modere Logiq™ MCTs are made up of caprylic acid which has 8 carbons. C8 MCT is more readily converted to ketones than coconut oil or most MCTs that contain C8-C12.

What is the source of C8 MCT?

- The C8 MCT comes from RSPO (Roundtable on Sustainable Palm Oil) certified palm.

Is the product lactose-free?

- No, the product is not lactose-free.

What is the maximum daily dosage?

- The dosage is one time per day.

Can I use the product even if I am not on a low-carb diet?

- Yes, you can use Modere Logiq™ MCTs even if you are not on a low-carb diet.