

MÖDERE. FACT SHEET | Canada

SLEEP HEALTH

Health & Wellness | Support

Product Overview

Modere Sleep Health calms your mind and relaxes your body to help you naturally get to sleep faster and stay asleep. With an exclusive bioactive blend featuring melatonin, L-theanine and GABA, Modere Sleep Health helps you naturally fall asleep and stay asleep.

Product Benefits

- Bioactive blend featuring melatonin, L-theanine and GABA
- Helps you fall asleep faster and stay asleep
- Promotes more restful sleep
- Assists with establishing regular sleep patterns
- Calms your mind and body
- Mint-flavoured chewable tablets
- Naturally sweetened with sorbitol, xylitol and stevia

Product Details

Everyone suffers the occasional bout of sleeplessness. You can try counting sheep, staring at the ceiling or drinking a warm glass of milk, but the easiest way to get the rest you need is with Modere Sleep Health.

Fall asleep faster and stay asleep with an exclusive combination of bioactive ingredients that your body naturally uses in a normal sleep cycle. L-Theanine and GABA team up to calm your mind, while also encouraging the physical relaxation your body needs at the end of a long, stressful day.

Sleep Health also features melatonin, a neurohormone that regulates sleep. Melatonin helps you fall asleep and stay asleep all night. And if you suffer from jet lag, occasional sleeplessness or an overactive mind, melatonin can help get you back on a regular sleep cycle.

Just one chewable tablet before bed provides a full night of restful sleep, so you wake up feeling refreshed.

Directions/Usage

Take 1 tablet once a day at bedtime, while travelling, and at destination until adapted to the new time zone or daily pattern. Consult a health care provider for use beyond 4 weeks.



Key Ingredients

- Melatonin
- GABA
- L-Theanine

Medicinal Ingredients (per tablet): GABA (gamma-aminobutyric acid) 50 mg, L-Theanine 25 mg, Melatonin 3 mg.

Non-medicinal Ingredients: Sorbitol, microcrystalline cellulose, xylitol, Mentha piperita (peppermint) essential oil, hypromellose, stearic acid, sodium starch glycolate, magnesium stearate, silicon dioxide, stevia leaf extract, maltodextrin.

ITEM# 17005CA • 0392/2