

# "Indian Wellness Teas For Modern Lifestyle"



*Premium Indian Blends made using  
Nature and Modern Science to  
integrate Health into Daily life*

## Special Tips



Repeat Order 7 Days in  
advance to avoid Gap



Don't Skip Tea. Better to take  
delayed rather than skipping



Regular use for 3-4 months  
for wellness impact



Feel Free to Connect with our  
Instagram/ FB Success Stories



Don't add to Tea:  
Milk, Sugar, Salt



Recommended to take 1  
teabag or 2 gms per day



Taste Enhancers:  
Honey, Jaggery, Lemon



Our Teas are not medicine nor  
a replacement of medicine

# BRING THE CHANGE

## Increase Plant-based Protein

Sprouts, Dals, Nuts, Chickpeas,  
Kidney Beans..

## 30 min Exercise/ Yoga

Pranayam, Kapalabhati, Bhujangasana,  
Sun Bathing for 15-20 Min..



## Reduce Carb Intake

Fried Foods, Packed Foods,  
Fast Food..

## Limit Eating Outside

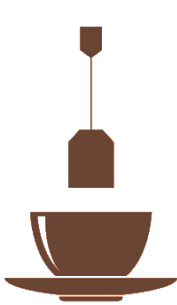
Home made food is the best,  
Include more Salads & Fruits

## Stay Hydrated

Drink 10-12 glasses of water daily



### Preparation Steps



Place 1 Teabag or  
1 spoon loose tea  
in the cup



Pour Boiled Water  
in the cup & cover  
it for 5 minutes



Remove the teabag or strain the  
loose tea with infuser/ tea  
strainer to have the perfect cup

### ICED TEA OPTION

Let the tea cool for  
sometime and you  
can mix ice cubes or  
crushed ice, to  
make the perfect  
Iced tea.



Sugar-Free



ISO Certified



Gluten-Free



GMP Certified



Lactose-Free



Vegan

# MOST SELLING TEAS



**Men Fertility**



**Women Fertility**



**Slimming Tea**



**PCOS PCOD Tea**



**Anti Ageing Tea**



**Acne Tea**



**Anti Smoking Tea**



**Hair Tea**



**Skin Glow**



**Thyroid Support**



**Blue Tea**



**Diabetes Support**



**Detox Tea**



**Anti Alcohol Tea**



**Raspberry Tea**



**Nettle Tea**

Please note that the products, information, suggestions, customer reviews are not presented as medical advice nor should it be used as a substitute for consultation with a qualified health care practitioner or Doctor. Our products are not designed to diagnose, treat, cure or prevent any disease nor should any information contained herein be read as prescribing any specific remedy or guaranteeing any specific result. The FDA has not evaluated any of the product information. Please consult with a medical practitioner before consumption of the teas, if you are suffering from any medical disease/disorder/condition or allergic to any of the ingredients

All the information regarding the ingredients in the tea is present on our website - [www.teacurry.us](http://www.teacurry.us)

# MOST SELLING TEAS



**Belly Fat Tea**



**White Discharge**



**Knee Support**



**Back Support**



**UTI Support**



**Period Tea**



**Relax Tea**



**Cold Cough Tea**



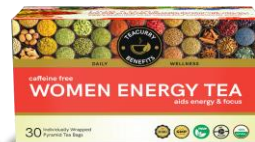
**Sleep Tea**



**Digestion Tea**



**Lactation Tea**



**Women Energy**



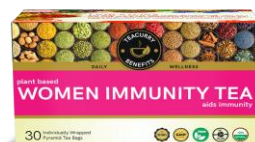
**Eye Care Tea**



**Women Detox**



**Pressure Tea**



**Women Immunity**



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