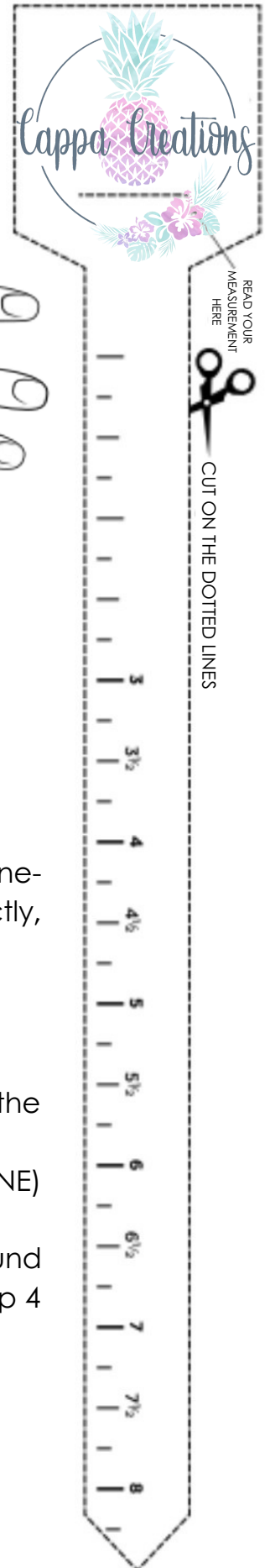
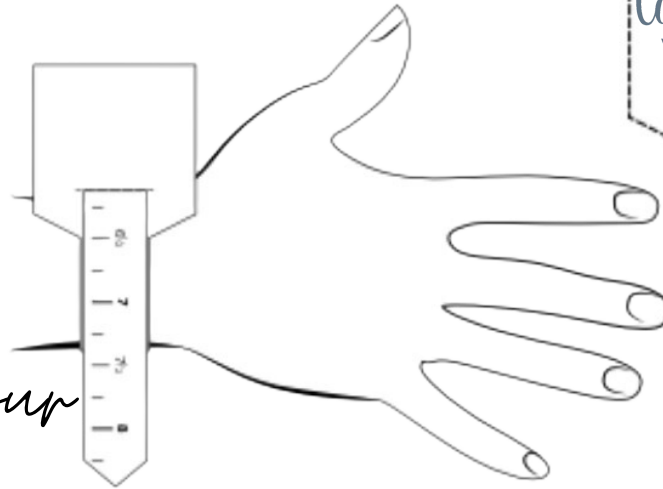




Bracelet Measuring Tool

How to measure your
wrist size



1 BEFORE PRINTING THIS PAGE

- For this tool to be accurate, review your printer settings first.
- Make sure page size is set to **LETTER** 8.5 x 11 inches
- Scaling should be **100%** for printing the PDF

2 CHECK PRINT OUT QUALITY

- To confirm accuracy of the print out, use a ruler to measure the one-inch marker in the sample box to the right. If it does not match exactly, your wrist measurement will be incorrect.

3 HOW TO MEASURE YOUR WRIST

- Print and cut out the paper measuring tape.
- Make sure the numbers are facing the outside. wrap sizer around the wrist, just below the wrist bone where the bracelet will sit.
- Slide the pointed end through the small opening (CUT DOTTED LINE) and gently adjust the sizer so that it is snug.
- Note the wrist size. If the number falls in between measurements, round up. Once you have the wrist size, add the measurement listed in Step 4 to get the correct bracelet size.

4 TO FIND THE BRACELET SIZE, ADD THE FOLLOWING TO THE WRIST MEASUREMENT

- FOR BABIES - wrist size up to 5 inches; ADD 1/2"
- FOR CHILDREN - wrist size of 5 1/2 inches; ADD 3.4"
- FOR TEENS & ADULTS - wrist size 6 inches and above; ADD 3/4" - 1"