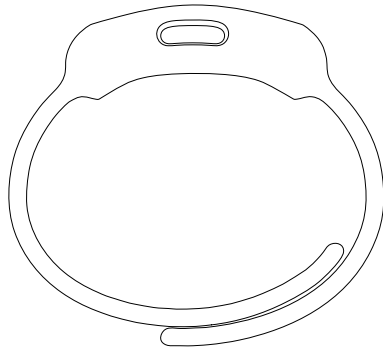


Capsule

Capsule model: DNB-1 Plastic Series



DnaBand

Maximum Operating temperature range: 0°C to 50°C
Operating temperature range for Charging: 0°C to 35°C
Maximum Altitude of Operation: 10000 m
IP protection class: IPX7
(Do not immerse in water for more than 30 minutes and more than 1 metre depth)

1



Welcome to your DnaBand! Your DnaBand helps you make healthier choices:

Personalise your shopping with
your DNA

Lifestyle monitoring

Connect and match to friends



To start using your DnaBand, please download the DnaNudge App

2

How to turn your DnaBand on/off



ON

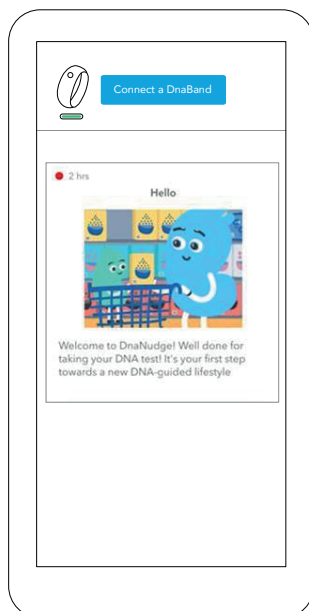
Press the button once to turn on the DnaBand.
The LED will flash red-green-blue to indicate activation.



OFF

Press and hold the button until the LED flashes red to turn off your DnaBand.

3



To setup your DnaBand, select "Connect a DnaBand" in your App and follow the on-screen instructions.

TIP:

To ensure successful connection, please place your DnaBand as close as possible to your phone during the setup process.

This is a security feature to ensure that only your phone connects to your DnaBand.

4



Green DNA Bar

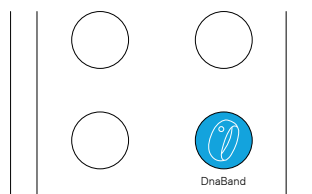
Your Green DNA Bar represents all the products that are recommended for you by your DNA.

But if you sit down for too long, your Green DNA Bar will start to turn amber and some of the products will no longer be recommended for you.

Your DnaBand measures how long you spend sitting down.

For every 30 minutes you spend sitting down, more of your Green DNA Bar will turn amber!

5



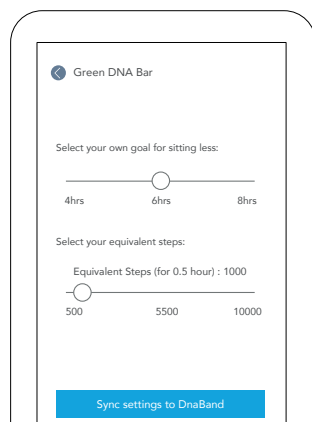
If your Green DNA Bar starts to turn amber, don't worry!

You can turn it back to green by moving more.

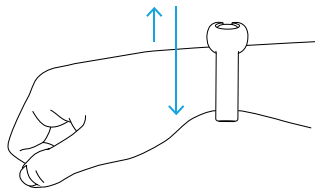
For cycling, please place the Capsule in your pocket, sock or shoe.

You can set your own target for how many steps can cancel 30 minutes of sitting.

To update your goal for sitting time equivalent steps, head to your App.



6



To check if some of your Green products have turned amber, with your DnaBand switched off, move your wrist up and down.



GREEN

Well done, your Green DNA Bar is fully green.



AMBER

Some of your green products are no longer recommended for you.

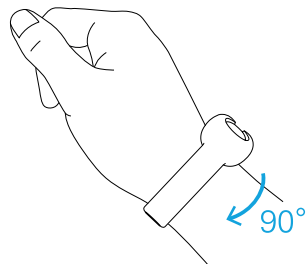


FLASHING AMBER

If you have exceeded your sitting time limit, your DnaBand will start to flash amber. Press the button once to acknowledge.

To check the status of your Green DNA Bar, turn your DnaBand on and sync with your App.

7

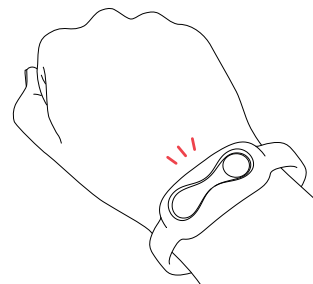


Scanning with your DnaBand

Press the button once to turn on the DnaBand.

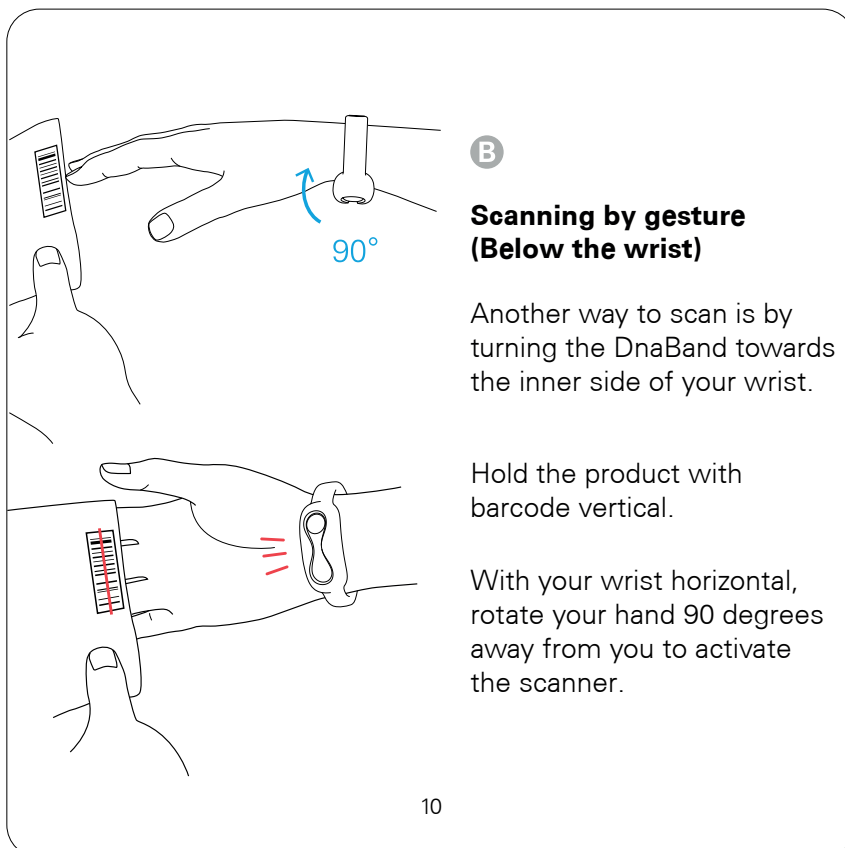
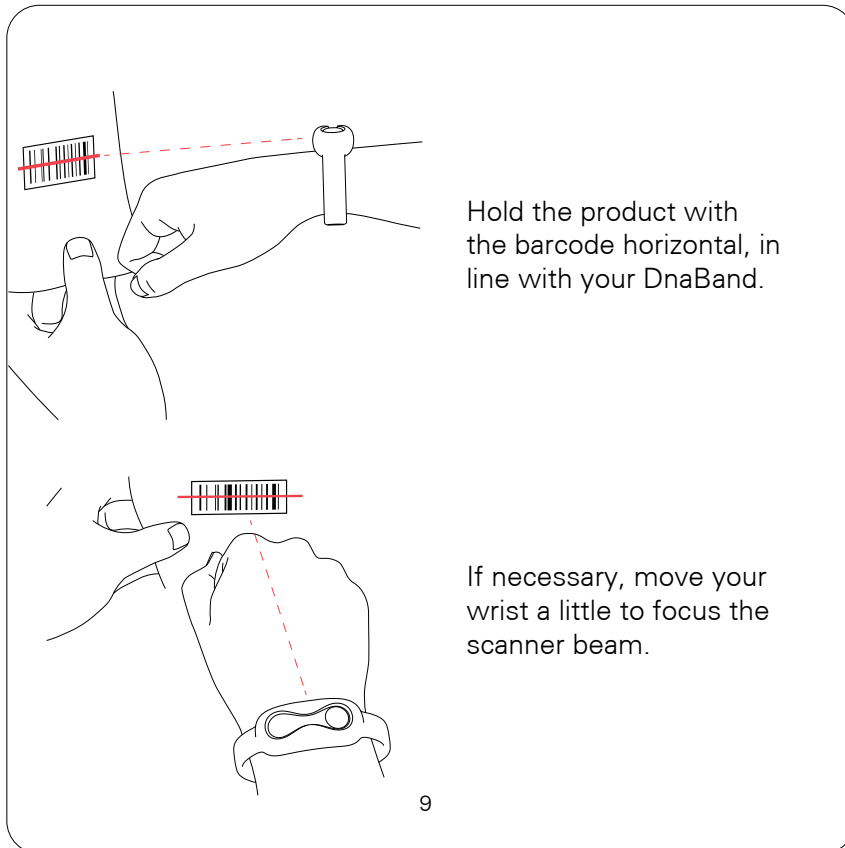
A

Scanning by gesture (Above the wrist)



Rotate your hand 90 degrees towards you as if looking at a watch - the barcode scanner will activate.

8





Scanning by button



The barcode scanner can also be activated by a short button press.

Adjust the scanner beam to align with the barcode.

After scanning a product, the LED will light to indicate the recommendation.



RED

Not recommended for you



GREEN

Recommended for you



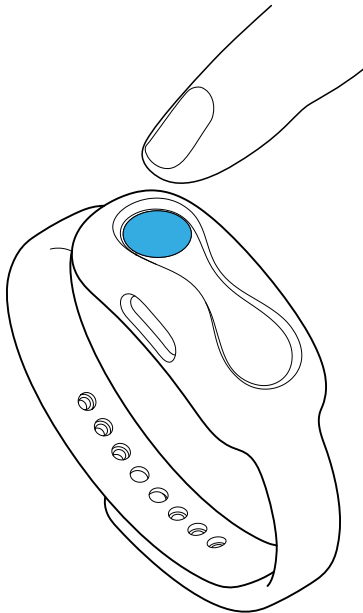
AMBER

Caution! Not recommended for you due to sitting time



BLUE

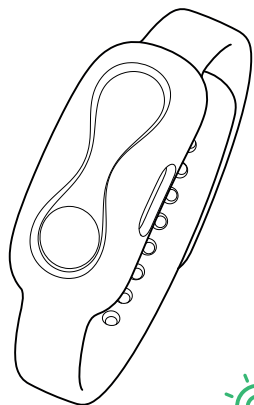
Product not recognised



If you are buying the product, press the button once while the LED remains lit.

If the button is pressed, the LED will flash blue to show that your purchase decision has been stored.

If you do not scan a barcode for 2 minutes, the DnaBand will turn off to save battery power (at this point, the red LED will flash twice). This period can be reduced or extended in your App.



Ingredients I want to avoid

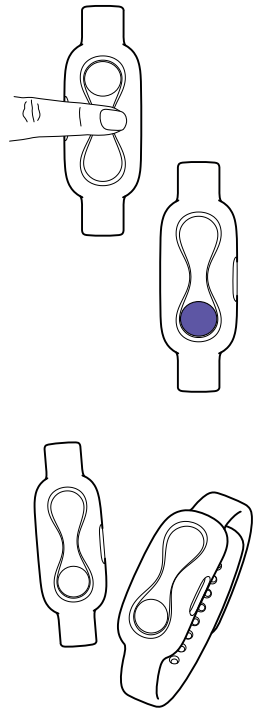
You can select ingredients that you want to avoid in your App. Make sure you then sync your DnaBand and App.

If a scanned product contains ingredients to avoid, the LED recommendation will flash.

FLASHING GREEN, RED or AMBER

Product contains ingredients that you want to avoid - please read the section 'Food Allergies, Intolerances and Sensitivities' in the Terms and Conditions of Service for further information.






NudgeMatch

People can compare how similar they may be for the particular traits they have been tested for.

Switch on your DnaBand, then tap your DnaBand until the LED turns purple to indicate NudgeMatch mode is active.

After activation, bring the two DnaBands, both in NudgeMatch mode, close together and note the LED colour indications.

15

 **RED** Less than 30% trait match

 **AMBER** 30%-70% trait match

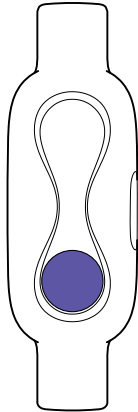
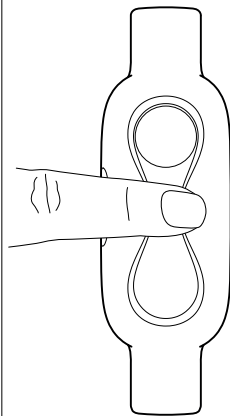
 **GREEN** Over 70% trait match

 **FLASHING GREEN** Exact trait match!

If you, or the other person, have had more than one type of DnaNudge test (nutrition, cosmetics, etc), you will be able to match each test.

The first LED colour will always indicate the nutrition match. If you have not had the nutrition test, or any similar tests that you can match, the colour will always be blue.

16

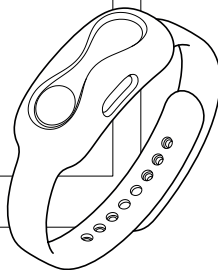
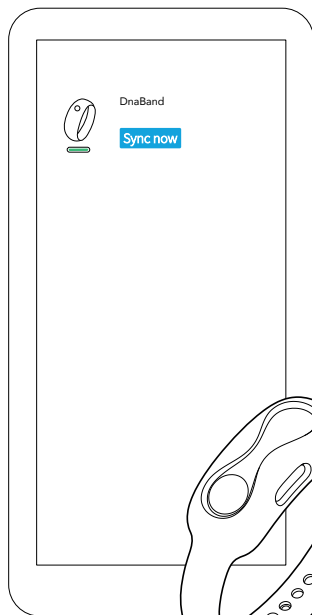


NudgeShare

Once the NudgeShare settings are synced with your App, activate NudgeShare mode for friends and family shopping by switching your DnaBand on, then tapping your DnaBand until the LED turns purple.

While the LED light remains lit, scan a product. The LED light will change colour to indicate if the product is recommended for the whole group.

17



Syncing your DnaBand with your App

Turn ON Bluetooth on your phone.

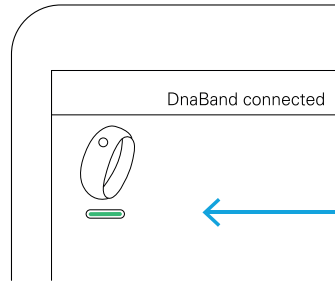
Place your DnaBand close to your phone.

Switch ON your DnaBand.

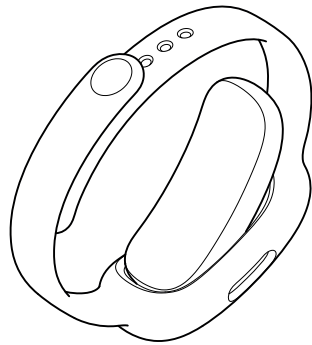
Open the DnaNudge App, select "Sync now".

18

Charging your DnaBand



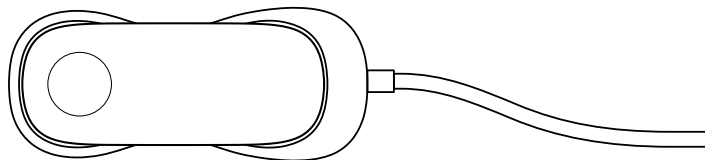
DnaBand battery status can be seen in the App.



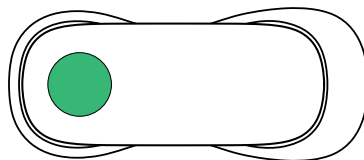
The LED flashes red when the battery needs to be charged.

Remove the Capsule from the DnaBand.

19



Place the Capsule in the charging cradle.



LED pulses yellow when charging is in progress.

LED pulses green when charging is complete (up to one and a half hours full charging time).

20

DnaNudge Limited warrants the Capsule for a period of one year after the date of purchase provided it has been used and maintained in accordance with the instructions for use.

If any defect due to faulty materials and workmanship occurs within this one year warranty period, DnaNudge Limited will repair or replace the capsule at its expense.

If you wish to claim under this warranty you will need to provide proof of purchase.

This warranty does not cover any damage resulting from a fall or impact, wear and tear or incorrect handling not in compliance with the instructions for use.

These warranty restrictions do not affect your statutory rights.

