

Korean Spicy Stew

Business name and address:

ECBC GLOBAL LTD

Company number: 09777156

Address: Unit 610-611, 26 Chase Road, London, NW10 6BB

Enoki Mushroom

Enoki Mushroom

Net weight: 100g

Portion size: 50g

Number of portions in one package: 2

Storage: Keep Refrigerated 2~7°C

Ingredients: Enoki Mushroom 100%

Allergen Advice: For allergens, see ingredients in **bold**.

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Typical values	per 100g	per 50g serving
Energy	142kJ	71kJ
	34kcal	17kcal
Fat	0.4g	0.2g
of which saturates	0.1g	0.1g
Carbohydrate	3.6g	1.8g
of which sugars	0.0g	0.0g
Protein	2.6g	1.3g
Salt	0.01g	0.00g

Ramen Noodles

Ramen Noodles

Net weight: 107.5g

Portion size: 54g

Number of portions in one package: 2

Storage: Store dry

Ingredients: Noodles 89%: **Wheat** Flour, Potato Starch, Palm Oil, Salt, Acidity Regulators: E501, E500, E339, Antioxidant: E306, Emulsifier: E322 (contains **Soy**), Seasoning (Yeast Extract, **Soybean**, Garlic, **Wheat** Starch), Green Tea Extract, Colour: E101

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Typical values	per 100g	per 54g serving
Energy	1766kJ 422kcal	949kJ 227kcal
Fat	13g	7.0g
of which saturates	6.1g	3.3g
Carbohydrate	68g	37g
of which sugars	3.0g	1.6g
Protein	8.2g	4.4g
Salt	3.8g	2.0g

Kimchi

Kimchi

Net weight: 100g

Portion size: 50g

Number of portions in one package: 2

Storage: Keep Refrigerated 0~8°C

Ingredients: Salted Cabbage (70%) (Cabbage, Salt, Water), Radish, Water, Red Pepper Powder, Xanthan Gum (E415), **Anchovy** Sauce (**Anchovy (Fish)**, Salt), Sugar, Onion, Green Onion, Chives, Garlic, **Shrimp** Sauce (**Shrimp (Crustaceans)**, Salt) Sorbitol (E420), Ginger, Flavour Enhance (E621), Corn Starch

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Typical values	per 100g	per 50g serving
Energy	109kJ 26kcal	54kJ 13kcal
Fat	0.0g	0.0g
of which saturates	0.0g	0.0g
Carbohydrate	3.0g	1.5g
of which sugars	1.0g	0.5g
Protein	1.0g	0.5g
Salt	1.4g	0.72g

Rice Cake

Rice Cake

Net weight: 50g

Portion size: 25g

Number of portions in one package: 2

Storage: Keep Refrigerated

Ingredients: Rice Flour 97.7%, Salt, Antioxidant mix (Antioxidant (E325), Humectant (E1520), Acidity Regulator (E262), Thickener mix (Grain Alcohol, Chitosan (**Crab, Shrimp**), Humectant (E422), Antioxidant (E300), Emulsifier mix (Emulsifier (E471, E433), **Soybean Oil**)

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Typical values	per 100g	per 25g serving
Energy	962kJ 230kcal	241kJ 57kcal
Fat	0.1g	0.0g
of which saturates	0.0g	0.0g
Carbohydrate	53g	13g
of which sugars	0.3g	0.1g
Protein	4.3g	1.1g
Salt	0.80g	0.20g

Spam

Luncheon Meat

Net weight: 100g

Portion size: 50g

Number of portions in one package: 2

Storage: Unopened - keep dry and cool place, keep refrigerated after opening, use within 2 days

Ingredients: Pork Meat (72%), Water, Ham Meat (10%), Salt, **Mustard** Flour, Potato Starch, Sugar, Stabilisers: E451, E450, Thickener: E407a, Spices, Antioxidant: E316, Preservative: E250

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Typical values	per 100g	per 50g serving
Energy	1151kJ 275kcal	575kJ 138kcal
Fat	24g	12g
of which saturates	9.0g	4.5g
Carbohydrate	2.0g	1.0g
of which sugars	1.0g	0.5g
Protein	13g	6.3g
Salt	1.9g	0.95g

Sausage

Japanese Style Pork Sausage

Country of origin: Germany

Net weight: 60g

Portion size: 30g

Number of portions in one package: 2

Storage: Keep frozen at -18°C or lower. Do not refreeze after defrosting. After defrosting keep refrigerated and consume as soon as possible

Ingredients: Pork (88%), Pork fat, Salt, Potato starch, Dextrose, Sucrose, Stabiliser: Diphosphates; Spices, Flavour enhancer: Monosodium glutamate; Antioxidant: Ascorbic acid; Preservative: Sodium nitrite; Natural sheep casing, Smoke flavouring.

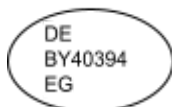
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Typical values	per 100g	per 30g serving
Energy	1406kJ 336kcal	422kJ 101kcal
Fat	31g	9.3g
of which saturates	12g	3.6g
Carbohydrate	2.4g	0.7g
of which sugars	1.1g	0.3g
Protein	13g	3.9g
Salt	2.0g	0.60g

Flat iron

Beef Iron Flat Fillet

Country of origin: UK, where beef is borned, raised and slaughtered

Slaughtered in: GB6238

Cut in: GB6238 & GB2496

Net weight: 90g

Portion size: 45g

Number of portions in one package: 2

Storage: Suitable for freezing, Keep frozen <-18°C, Once defrosted, keep refrigerated and consume within 24 hours, do NOT refreeze defrosted product

Ingredients: Beef Flat Iron Fillet (100%)

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Typical values	per 100g	per 45g serving
Energy	946kJ	426kJ
	226kcal	102kcal
Fat	13g	5.9g
of which saturates	5.2g	2.3g
Carbohydrate	0.0g	0.0g
of which sugars	0.0g	0.0g
Protein	25g	11g
Salt	0.20g	0.09g

Tofu

Korean Tofu

Net weight: 100g

Portion size: 50g

Number of portions in one package: 2

Storage: Keep refrigerated 1~3°C, Once opened, Keep in a refrigerator with sealed container

Ingredients: **Soybean** 99.1%, Concoction 0.9% (Crude magnesium chloride, Olive Oil, Vegetable Oil)

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Typical values	per 100g	per 50g serving
Energy	418kJ 100kcal	209kJ 50kcal
Fat	5.8g	2.9g
of which saturates	0.0g	0.0g
Carbohydrate	3.3g	1.7g
of which sugars	0.0g	0.0g
Protein	8.3g	4.2g
Salt	0.00g	0.00g

Fish Cake Skewers

Fish Cake Skewers

Net weight: 60g

Portion size: 30g

Number of portions in one package: 2

Storage: Keep Frozen at -18°C. Do not refreeze once defrosted

Ingredients: Surimi (**Alaska Pollock [Theragra Chalcogramma] (Fish)** 67.13%, Sugar, Acidity Regulator: E452) (72.01%), **Wheat** Flour, Modified Tapioca Starch, Dextrin, Salt, Flavour Enhancer: E621, **Soybean** Oil, D-Xylose, Seasoning (Salt, Flavour Enhancer: E621, Sugar, **Soybean** Sauce Powder [**Soybean**, Maltodextrin, Salt], Corn Starch, Glucose, Palm Oil, Flavour Enhancer: E635, Black Pepper, Yeast, Garlic Extract, Onion Extract, Garlic Oil, Disodium Succinate, Citric Acid), Acidity Regulator: E575 Flavour Enhancer: E635, Sweetener E951

Allergen Advice: For allergens, see ingredients in **bold**. This product is also manufactured in a facility that also process: **Eggs, Milk, Crustaceans, and Molluscs.**

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Typical values	per 100g	per 30g serving
Energy	895kJ 214kcal	269kJ 64kcal
Fat	5.8g	1.7g
of which saturates	2.1g	0.6g
Carbohydrate	28g	8.4g
of which sugars	3.0g	0.9g
Protein	12g	3.7g
Salt	0.57g	0.17g

Baked Beans Blended

Beans & Tomatos Blended

Net weight: 75g

Portion size: 37.5g

Number of portions in one package: 2

Storage: Keep refrigerated and use within 2 days once opened

Ingredients: Beans 50%, Tomatoes 36%, Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract**Allergen Advice:** For allergens, see ingredients in **bold**.

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Typical values	per 100g	per 38g serving
Energy	339kJ 81kcal	127kJ 30kcal
Fat	0.4g	0.1g
of which saturates	0.1g	0.0g
Carbohydrate	16g	5.8g
of which sugars	4.3g	1.6g
Protein	4.8g	1.8g
Salt	0.60g	0.22g

Mixed Sesame Seeds & Anchovies

Mixed Sesame Seeds & Anchovies

Country of Origin: China

Net weight: 15g

Portion size: 7.5g

Number of portions in one package: 2

Storage: Keep refrigerated below 5°C. Once opened, consume within 2 days

Ingredients: **Sesame** Seeds 66.7%, **Anchovy (Fish)** 33.3%**Allergen Advice:** For allergens, see ingredients in **bold**.

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Typical values	per 100g	per 8g serving
Energy	1967kJ 475kcal	148kJ 36kcal
Fat	40g	3.0g
of which saturates	7.6g	0.6g
Carbohydrate	0.6g	0.0g
of which sugars	0.3g	0.0g
Protein	29g	2.2g
Salt	2.0g	0.15g

Korean Chilli Paste

Red Pepper Paste

Net weight: 59.1g

Portion size: 29.6

Number of portions in one package: 2

Storage: Keep refrigerated below 5°C. Once opened, consume within 2 days

Ingredients: Red Pepper Paste 33.3% (Water, Corn, Syrup, **Wheat Flour, Wheat**, Salt, Red Pepper Powder, **Soybean**, Alcohol (preservative) Garlic, Onion, Monosodium Glutamate (E621)). Red Pepper Powder. Kimchi Soup Stock (Garlic Powder, **Fish** Sauce Powder (**Fish and Shellfish**), Powdered **Sesame** Oil, Dextrin, Yeast Extract, Chicken Powder, Condiments, Fermented Seasoning (Amino Acids etc), Salt, Lactose, Kimchi Powder, Edible Fats and Oils, Paprika Pigment, Spice Extract, Benicoke Pigment, Acidulant, (including **Wheat, Milk, Soybean**, chicken, **Sesame, Fish** sauce Powder (**Seafood**)) Mijak Mirin (Water, Sugar, High Fructose Corn Syrup, Glucose, Vinegar, Salt, Alcohol (Preservative), Ginger Extract, Citric Acid (E330), Grape White Flavour (Contains **Wheat**)) SoySauce (Water 49%, Soy Sauce (**SOYBEANS**) 36%, salt 6.7%, Brewed soy sauce (**SOYBEANS, WHEAT**) 3.9%, High fructose corn syrup 3.7%, Monosodium glutamate(E621), Caramel colour (E150C), **Fermented ethyl alcohol** 0.2%, Disodium 5'-ribonucleotide (E635), Ethyl p-hydroxybenzoate (E214, Preservative))

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Typical values	per 100g	per 30g serving
Energy	718kJ 172kcal	212kJ 51kcal
Fat	4.5g	1.3g
of which saturates	0.8g	0.2g
Carbohydrate	33g	9.8g
of which sugars	17g	5.0g
Protein	6.9g	2.0g
Salt	5.4g	1.6g

Cheese

Cheese

Country of origin: UK

Net weight: 25g

Portion size: 12.5g

Number of portions in one package: 2

Storage: Keep refrigerated. Once opened, keep refrigerated and use within 3 days

Ingredients: Water, Cheese (**Milk**) 22% (Contains Acidity Regulator: Citric Acid), Palm Oil 22%, **Milk** Protein 17%, Emulsifying Salt (Trisodium Citrate), Natural Cheese Flavouring (**Milk**), Salt, Preservative (Sorbic Acid), Colours (Beta-Carotene, Paprika Extract), Anti-caking Agent (Sunflower Lecithins)

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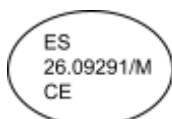
Typical values	per 100g	per 13g serving
Energy	1372kJ 328kcal	172kJ 41kcal
Fat	26g	3.3g
of which saturates	14g	1.8g
Carbohydrate	4.5g	0.6g
of which sugars	3.5g	0.4g
Protein	19g	2.4g
Salt	3.8g	0.48g

Chicken Broth Soup

Chicken Broth Soup

Country of origin: Spain

Net weight: 500g



Portion size: 250g

Number of portions in one package: 2

Storage: Keep away from direct sunlight and store in a cool dry place. Keep refrigerated after opening and consume soon

Ingredients: Water, Chicken (10%), Chicken Flavour (Flavour Enhancer (E621, E635), Hydrolyzed **SOYA** Protein), Salt and Flavour

May Contain Traces of **Eggs, Dairy and Sesame**)

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Address: Unit 610-611, 26 Chase Road, London, NW10 6BB

Typical values	per 100g	per 250g serving
Energy	13kJ 3kcal	31kJ 8kcal
Fat	0.5g	1.3g
of which saturates	0.1g	0.3g
Carbohydrate	0.5g	1.3g
of which sugars	0.1g	0.3g
Protein	0.4g	1.0g
Salt	1.3g	3.2g