

BIOTONE®



spa products





MAXIMIZE YOUR SPACE USE IN WET OR DRY ROOM

Now you can turn any spa room into a full service treatment space. With our wet or dry room products, offer clients an unforgettable spa experience while never leaving the dry room. Formulated for easy application and removal, each product is developed with specialized therapeutic ingredients that give instant, profound relaxation and targeted professional results. Customizing Complexes allow you to make every treatment as unique as your business.



GETTING STARTED

EASY SET-UP

The BIOTONE SPA Treatment Protocol is for a Customized Body Exfoliation, followed by one of our three Customized Mud Wraps or a Hydrating Body Wrap, finishing with a Customized Body Hydrator. This is a dry room protocol. If you are using a shower or Vichy, use appropriate protocol during the period of product removal.

BE PREPARED

If you are familiar with providing full body spa treatments, you may add, change, or omit steps as it suits your personal or client preference. If this is your first time doing a full body spa treatment, you are encouraged to follow the protocol described until you are comfortable with all the steps and can complete them without referring to the instructions. This will typically take 4 practice sessions. After that you can alter your table set up or product application as it suits your personal or client preference.

WHAT TO ASK THE CLIENT

Before providing any treatment to your client, be sure to discuss any contraindications the client may have. Contraindications include: active cancer, epilepsy, infectious/contagious skin conditions, low blood pressure, pregnancy or lactation, heart disease, diabetes, cardiovascular conditions, inflammation, severe abrasions, or allergies to product ingredients.

BEFORE YOU BEGIN

Show the client the prepared room. Inform the client where to store their clothes or robe after you leave the room. Instruct them to lay face down on the table underneath the top bath sheet. Prior to leaving the room, client may select the Customizing Complex (pg. 3) they prefer in their treatments. While client is undressing for treatment, leave to prepare your body treatments.

WHAT YOU'LL NEED

1 Warming Pad Only *in dry room*
Or Table Pad *not shown*

1 Twin Fitted Sheet *Not Shown*

2 Full Flat Sheets *One Is Optional*

1 Queen Cotton Blanket

1 Thermal Blanket

1 Plastic Wrap Full Body

2 Bath Sheets

3 Hand Towels
For Head, Breast Area
And Optional Pelvic Area

12 Hand Towels
Pre-Moistened and Warmed
*These should be available in the room
in either a Towel cabinet or roaster.*

3 Rubber Mixing Bowls

2 Measuring Cups
1/2 & 1/4 Cup Size

2 Measuring Spoons
1/2 & 1/8 Teaspoon Size

1 Spatula



NEED MENU
IDEAS?

visit
[biotone.com/
menu-ideas](http://biotone.com/menu-ideas)



CUSTOMIZING COMPLEXES



THERAPEUTIC

DETOXIFYING CUSTOMIZING COMPLEX
BSCCDETOXHZ

ENERGY BLEND
BAEOENEHZ

MUSCLE COMFORT BLEND ESSENTIAL OIL
BAEOMUSHZ

SLEEP WELL BLEND
BAEOSLEHZ

SORE MUSCLE RELIEVING CUSTOMIZING COMPLEX
BSCCSORE2Z

STRESS REMEDY BLEND
BAEOSTRHZ



SIGNATURE

EUCALYPTUS SINGLE NOTE
BAEOEUCHZ

GERANIUM SINGLE NOTE
BAEOGERHZ

GINGER SINGLE NOTE
BAEOGINHZ

LAVENDER SINGLE NOTE
BAEOLAVHZ

LEMONGRASS SINGLE NOTE
BAEOLGRHZ

MUSCLE COMFORT BLEND
BAEOMUSHZ

ORANGE SINGLE NOTE
BAEOORAHZ

PEPPERMINT SINGLE NOTE
BAEOPEPHZ

TEA TREE SINGLE NOTE
BAEOTEAHZ

EASY SET-UP

Our exclusive therapeutic and signature complexes allow complete customization to meet the special needs of your client. Once you have customized the product return to the room. Nestle the mud and massage lubricant in your towel cabinet or roaster for maximum heating, or place in hot water bath to heat.



EXFOLIANT

1. Dispense 1/4 cup **Salt Glow** or **Body Polish** (Exfoliator) into mixing bowl.
2. For Salt Glow add 30-40 drops (1/2 tsp). For **Micro-Buff** add 10-15 drops (1/4 tsp).
You may use more or less depending on personal preference. Mix well.

MASSAGE OIL

1. Dispense 1 oz Unscented Revitalizing Oil into a mixing bowl.
2. Add 10-15 drops (1/4 tsp) of Essential Oils. Heat slightly before mixing. Mix well.

MASSAGE LOTION

1. Dispense 1 oz **Unscented Hydrating Lotion** into mixing bowl.
2. Add 10-15 drops (1/4 tsp) of **Customizing Complex**. Heat slightly before mixing. Mix well.
Note: scented hydrating lotions are pre-mixed with customizing complex and can be warmed as well prior to application.



EXFOLIATORS

Action Packed to Awaken Skin

Prep Skin for Maximum Benefits | Easy Wash Off | Use in Wet or Dry Room

EXFOLIATION TREATMENT

As you begin this next step of the treatment, let your client know the special benefits of the product you are applying. Apply exfoliator to dry skin only. Undrape and re-cover the client as appropriate during the product application to prevent chilling and respect modesty. During exfoliation use your fingertips as well as your full palm using vigorous, quick circular strokes.

1. Begin on lower body by spreading the exfoliator in upward direction along full length of leg.
2. Returning to ankles, scrub skin using small circular movements on side and back of leg, slowly moving in an upward direction on leg and buttocks. Repeat 2-3 times ending with one long stroke to the foot. Avoid back of knee.
3. Scrub foot liberally. Move to next leg and repeat steps 1-2. Cover client's lower body with bath sheet when finished.
- 4-6. Move to head of table and apply exfoliator first on back, then arms, and hands. Stabilize elbow and wrist joint when exfoliating arm. Scrub skin alternating large and small strokes. Repeat on elbows and rough patches.
- 7-8. Remove exfoliator with warm moist towels in same order applied, toweling area 1-2 times insuring exfoliator removal. Use one towel for lower body and one towel for upper body. When removal is

complete, hold bath sheet between you and your client instructing them to turn over. Re-cover client with bath sheet.

- 9-10. Exfoliate client in same order as previous side. First legs; then upper body. Remove exfoliator as before. Use one hand towel for upper body and one for lower body. When removing exfoliant on decollete, arms and stomach, cover breast and pelvic area with hand towel. Cover client with bath sheet after each section is cleansed to avoid chilling.

AMOUNTS

Exfoli-Sea Salt Glow 187 oz

2 oz Treatment Size | 93 Treatments

Sugar Body Polish 73 oz

2 oz Treatment Size | 36 Treatments

RETAIL



Exfoli-Sea Salt Glow
Stimulate Circulation
Lift Away Flakey Skin
Boost Treatment
Triple layers of salt, Dead Sea Salt, Marine Luffa
45 oz BSERM45Z

Sugar Body Polish
Cleanse & Hydrate
Stimulate skin circulation
Reveal a Healthy Glow
Brown Sugar, Honey, Clover, Royal Jelly
73 oz BSSBPMILK73Z

Sugar Body Polishes

Fresh ingredients blended in a thick buttery base and loaded with natural buffers. Delight the senses and leave skin feeling invigorated for an amazing at home treatment.

PGBEFV12Z Fig & Vanilla Perfect

PGBELAVR12Z Lavender & Rose Perfect Grain Body Exfoliant12 oz

PGBEP12Z Pear & Ginger Perfect Grain Body Exfoliant

PGBEPOMB12Z Pomegranate & Berry Perfect Grain Body Exfoliant

MASSAGE OIL

The Grand Finale



ROU1G UNSCENTED REVITALIZING MASSAGE OIL

Revitalizing Oil is one of the most versatile, natural-based oils created. The secret is its blend of special nut oils, cold-pressed Sweet Almond, Hawaiian Kukui Nut, and Coconut, which offers superior texture and even penetration. This product contains Vitamin E, revitalizes and restores the skin.

Mid-weight and great glide over dense body hair, this oil is recommended for beginner and advanced massage therapists and formulated for a wide range of massage techniques, including aromatherapy and hot stone treatments because of all-over control.

Paraben Free
Unscented
Hot stone
Aromatherapy Treatments
Water dispersible

MASSAGE FINISHING TREATMENT

At this point in the treatment, you can finish with a 5- 10 minute application of a hydrating lotion, smoothing butter, or proceed with a massage therapy service.



Optional for Massage

Hold up bath sheet between you and client. Instruct client to lie face up on top of fitted sheet, and underneath flat sheet (blanket and optional flat sheet if you kept it on table).

1. Undrape and re-cover client as appropriate while you apply finishing lotion, oil or butter. Begin application on right leg, then left leg, stomach, decollete, left arm and then right arm. When applying lubricant to stomach, use hand towel to cover client chest area.
2. When finished with front side, have client turn over onto stomach. Apply lubricant starting with legs and finish with upper back. When treatment is complete, leave room and let client rest until ready to get dressed.

AMOUNTS

ROU1G UNSCENTED REVITALIZING MASSAGE OIL

1 oz Treatment Size | 128 Treatments



MUD

Creme Based Body Nourishment

Rich, Luxurious Texture | Easy Wash Off | Use In Wet or Dry Room

1. Assist client to sitting position while covered. Moving quickly to avoid mud cooling, apply mud evenly over back. Use one hand for mud application. Roll lower bath sheet towards buttocks. Assist client to lie back down & lift hips to remove lower bath sheet. Client should now be in direct contact with plastic wrap.
2. Have client bend knee, resting foot on table, rolling slightly to one side to allow proper mud coverage. Apply mud to inside and outside leg and buttocks. Avoid the feet.
3. When leg is covered with mud, straighten and cover leg and foot with plastic. Repeat on other leg. Cover client's lower body with bath sheet to prevent body from chilling.
4. Apply mud to stomach, then arm and decollete. Have client place arm in comfortable resting position for duration of wrap. Cover mud with plastic. Finish with other arm and wrap with plastic.
5. Wrap client with thermal blanket, optional flat sheet, & cotton blanket. Place a bath sheet over this cocoon to seal in heat. If preferred, place an eyepillow over their eyes. Leave the room, allowing client 15-20 minute rest. (Occasionally checking in on them during rest) Place finishing product in roaster.
6. Optional step. Return to provide 5-10 minute scalp massage while client is resting in wrap.
7. Test towel heat before applying. Remove mud from chest, arms, and stomach with warm moist towels.
8. Assist client to sit up. With fresh warm moist hand towel, remove remaining mud from back.
9. Prior to client lying back down, roll/fold plastic and thermal blanket towards their buttocks. Have client lie down covering upper body with bath sheet. For each leg, remove mud with separate fresh moist hand towel.
10. Peel back plastic from one leg. Begin on thigh, remove mud with fresh hand towel, cleansing top then back of leg. Have client lift hip, then roll/fold used section of plastic and thermal blanket. Repeat on other leg. Remove plastic and thermal blanket entirely. Cover client with bath sheet to prevent body from chilling.

AMOUNTS

Black Baltic Body Mud 168 oz

4 oz Treatment Size | 42 Treatments

Black Baltic Body Mud

European Organic Silts,
Fresh Water Minerals
*Detox, Improve Skin Tone
& Help Attract Impurities*

168 oz BSBBM168Z

46 oz BSBBM46Z

4 oz BSBBM4Z

1/4 oz SSBSBBM