

## Function

Hour hand, minute hand, second hand at center, GMT hand.

A. Calendar

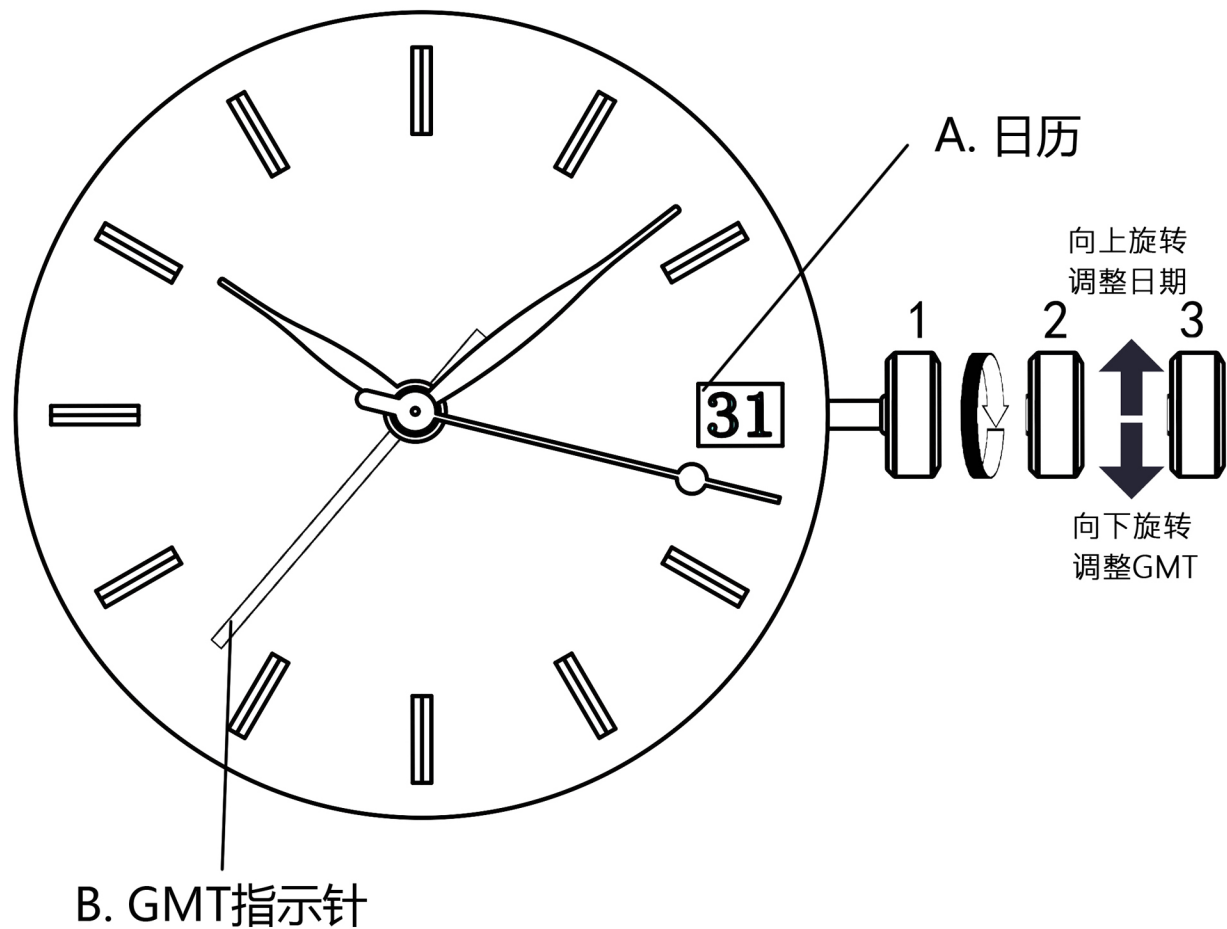
B. GMT

Automatic winding

## The way to use

### (1) The way to use crown:

1. Crown in position 1: manual- winding position, turn the crown forward to wind.
2. Pull the crown to position 2: fast regulation position. turn the crown up to adjust the calendar, turn the crown down to adjust the calendar.
3. Pull the crown to position 3: second hand stops, turn the crown to adjust the watch



### 功能

中心 时针、分针、秒针、GMT针

A.日历

B.GMT

### 使用方法

(1) 表冠（把头）操作方法：

- 1.表冠在位置1，向上旋转表冠可上发条。
- 2.轻拉表冠到位置2，向上转动表冠可调整日历，  
向下旋转表冠可调整GMT指示针。
- 3.轻拉表冠到位置3，转动表冠可拨针校时。

## Maintenance common sense

### 1. Magnetic field

Don't close the watch to the strong magnetic objects such as TV, radio to avoid the watch Magnetized

### 2. Collision

Prevent watch falling and hitting hard objects

### 3. Temperature

Avoid exposure to temperature extremes and extreme temperature changing environment

### 4. Chemicals

Avoid touching chemical solution directly, it will corrode the appearance parts

### 5. Water-resistant watch

It's only suitable for every-day use such as washing hands and face etc, but not shower, swimming and be full of steam condition

### 6. Cleanliness

You can clear metal band and case in brush with subs and then wipe them in soft fabric.

### 7. Leather strap maintenance

You should keep the leather strap from water and humid environment, wipe it with a little leather clearer every 1-2 months.

### 8. Periodic maintenance

We suggest that you should take your watch to agents or repair branches that are licensed by seagull for testing and maintenance every 3-4years.

# 维护保养常识

- ▲ 磁场：避免将手表接近收音机、电视机等产生强烈磁场的物体，以免手表被磁化。
- ▲ 撞击：应避免手表摔落或与坚硬物体撞击。
- ▲ 温度：避免暴露于温度过高过低及温度极端变化的环境。
- ▲ 化学品：避免直接接触化学溶剂，会腐蚀外观件。
- ▲ 防水手表：仅适合在洗手洗脸等日常生活中使用，不适合洗澡、游泳及蒸汽环境。
- ▲ 清洁：金属表壳与表带使用牙刷沾肥皂水清洗，然后以软布擦拭。
- ▲ 真皮表带的保养：

应避免真皮表带接触水和潮湿的环境，每一、二个月用少量皮革保护剂对表带进行全面擦拭。

定期维护：建议您每三、四年就将爱表交由我们经销商或维修网络进行检测维护。

### **1. Automatic mechanic watch**

Automatic mechanic watch that is winded by swing rotor, so regular exercise is basically (Don' t design- edly), and wearing the watch at lest 8HS every day  
Wear it again if it has been putted more than 24 hours.  
you must wind it by hand at first (turn the crown)

### **2. Hand winding mechanic watch**

Has to be winded before wear it very morning to ensure enough energy to movement

### **3. The method of adjusting time for watch with week & date display**

1) Pull out the crown to precession and turning the minute hand to next day(AMO now), then continue to turn the minute hand to Beijing time.

## **Special advice**

- 2) To adjust date and day of the week quickly by pressing the button or switch the crown to the position that is used to adjust the fine quickly
- 3) Its normal that update day of the week within 5 hours after data skipped.

**\*Notice:**

To avoid damage the MOV T, please don't adjust time quickly as the former NO2 function from PMII to AM5 position every day.

4. The watch that crown and push button with locking devices, so you must unlock the devices before wearing it, locking them gain when put on your hand.

**5. Accuracy**

We can't mention the mechanic watch with quartz watches in same breath because those manufacturing procession and timekeeper principle are different. The timekeeper principle of mechanic watch is based on daily rate. (The daily rate of quality watch is from -20 seconds to +40 seconds every day in national standard).

**Special advice**

# 注意事项与建议

## 1.自动机械表

自动机械表是通过手臂的摆动来给手表的能源机构补充能量的,每天一定要有适当的运动量(不必刻意运动)。保证手表每天要连续佩戴8小时以上。自动手表静放超过24小时以后,再次佩戴时首先手动上条(转动表冠)补充能量。

## 2.手动上条表

非自动上条机械表必须手动上条,最好在每日早晨佩戴前上满条,可确保手表走时准确。

## 3带有日历、周历功能手表的调时方法

(1)将表冠拉至拨针位置,顺时针拨动时分针至跳日(此时为夜间24时)后,继续拨动时分针调至正确时间。

## 注意事项与建议

(2)将表冠换到快拨位置或按动手表的快拨按钮,快速调整日期、星期。

(3)周历跳日可允许在日历跳日5小时之内完成。

\*注意:在每日23时至5时之间请勿使用快拨功能调整日历或星期,以免损坏机芯。

### 4.表冠或按的带有锁紧装置的表

须在使用前先扭松。使用完毕后,将其按回原位置并锁紧表冠或按的。

### 5精确度

机械表与石英表所采用的计时原理及制造工艺不同,因此在精确度上无法相提并论。机械表计时以日差计算(国家标准中优质表日差为-20秒至+40秒日)。