

Welcome!

Let's Get To Know Your Lift & Glow Gua Sha Pro

Discover Ageless Beauty with Modern Skincare Technology

Congratulations on choosing the Lift & Glow Gua Sha Pro, a revolutionary skincare device that elegantly blends the time-honored tradition of Gua Sha with advanced modern technology. This comprehensive guide is designed to help you unlock the full potential of your new skincare companion.

Understanding the Lift & Glow Gua Sha Pro

The Lift & Glow Gua Sha Pro is not just a beauty tool; it's a journey towards rejuvenated, radiant skin. Inspired by the ancient Chinese practice of Gua Sha, this device takes skincare to a new level with its innovative features:

- **Vibration Therapy (Sonic Massage):** Stimulates facial muscles, enhances collagen production, and improves serum absorption.
- **Warmth Therapy (Heat Therapy):** Opens pores for effective product penetration and boosts circulation for a natural glow.
- **Red Light Therapy:** Deeply rejuvenates the skin, promoting cell regeneration and reducing signs of aging.
- **Combined Therapy:** Synergizes heat, vibration, and LED for a comprehensive skincare experience.

Each mode is crafted to target specific skincare needs, ensuring a versatile and effective treatment for various skin concerns.

Embrace the Art of Gua Sha

The Lift & Glow Gua Sha Pro is designed for those who appreciate the beauty of natural, non-invasive skincare methods. Whether you're a long-time Gua Sha enthusiast or new to this ancient practice, this device offers a unique opportunity to explore the benefits of Gua Sha combined with modern technology.

What's in the Box?

Your Lift & Glow Gua Sha Pro package includes:

- The Lift & Glow Gua Sha Pro Device
- USB to Micro USB Charging Cable
- Storage Box
- This Instruction Manual

Ready to Begin?

As you embark on this journey towards a more radiant, youthful complexion, we are here to guide you every step of the way. In the following chapters, we will delve into the details of using, maintaining, and maximizing your Lift & Glow Gua Sha Pro for the best skincare results.

Product Specifications

Unveiling the Lift & Glow Gua Sha Pro

The Lift & Glow Gua Sha Pro is a marvel of modern skincare technology, designed to enhance your beauty routine. Let's explore the technical aspects of your device that make it a unique addition to your skincare arsenal.

Dimensions and Weight

- Dimensions: 100mm (Length) x 75mm (Width) x 18mm (Height)
- Weight: 80 grams
- These compact dimensions and lightweight design make the Gua Sha Pro easy to handle and perfect for daily use.

Temperature and Vibrational Frequency

- Temperature Range: 30°C to 47°C
- Vibrational Frequency: 8000 RPM
- This range allows for a gentle yet effective treatment, suitable for various skin types and needs.

Battery and Charging

- Battery Type: 500mAh rechargeable
- Battery Life: Up to 50 minutes on a full charge
- Charging System: USB to Micro USB, 90 minutes for a full charge
- Indicator Lights:
 - Red light during charging
 - Green light indicates a full charge
 - Blue light flashes when the battery is low
- The device also includes a 5-minute auto-shutoff feature for safety, but it can be turned on again for continued use.

Operational Modes

- Modes:
 - Vibration + LED Therapy
 - Heat Therapy
 - Sonic Massage (Vibration)
 - Combined Therapy (Heat + Vibration + LED)
- These modes are designed to cater to different skincare needs, from invigorating massages to deep skin rejuvenation.

Not Waterproof

- Please note that the Lift & Glow Gua Sha Pro is not waterproof. Care should be taken to avoid submerging the device in water.

In the next chapter, we will guide you on how to get started with your Lift & Glow Gua Sha Pro, ensuring you make the most of its incredible features.

Getting Started with Your Lift & Glow Gua Sha Pro

Welcome to the exciting journey of using your Lift & Glow Gua Sha Pro. This chapter will guide you through the initial steps to ensure your device is ready for use.

Charging Your Device

Initial Charging:

- Before first use, charge your Lift & Glow Gua Sha Pro for 90 minutes.
- Connect the USB end of the charging cable to a power source and the micro USB end to the device.
- Charging Indicator:
 - Red light: Charging in progress.
 - Green light: Fully charged.
 - Blue light: Low battery indicator.

Powering On and Off

Turning On the Device:

- Short press the power button to turn on the device.
- Upon starting, the device will be in the first mode (Vibration + LED Therapy).

Selecting Modes:

- Each short press will cycle through the modes in the following order:
 1. Vibration + LED Therapy
 2. Heat Therapy
 3. Sonic Massage (Vibration)
 4. Combined Therapy (Heat + Vibration + LED)

Turning Off the Device:

- Long press the power button to turn off the device.

Understanding the Indicator Lights

- The device is designed with indicator lights around the power button to show different statuses:

- Red light: Charging
- Green light: Fully charged
- Blue light: Low battery

Auto-Shutoff Feature

- For your safety, the Lift & Glow Gua Sha Pro includes a 5-minute auto-shutoff feature.
- You can turn the device back on if additional time is needed.

First Use

- Once your device is charged, you are ready to start your skincare journey.
- It's recommended to begin with a lower intensity mode, like Vibration + LED Therapy, to allow your skin to adjust to the new treatment.

Congratulations, your Lift & Glow Gua Sha Pro is now ready for use! In the next chapter, we will dive into detailed operating instructions to maximize the benefits of your new skincare routine.

Operating the Lift & Glow Gua Sha Pro

This chapter provides detailed guidance on how to use each mode of your Lift & Glow Gua Sha Pro for optimal skincare results. Embrace the full potential of your device by understanding and utilizing its various modes.

Understanding the Modes

1. Vibration + LED Therapy:
 - Ideal for: Stimulating facial muscles, enhancing collagen production, improving product absorption.
 - Technique: Gently glide the device over your face in an upward motion, focusing on areas like cheeks, jawline, and forehead.

2. Heat Therapy:
 - Ideal for: Opening pores, boosting circulation, promoting natural glow.
 - Technique: Use slow, sweeping motions across your face. The warmth will help open up your pores and prep your skin for serum or cream application.
3. Sonic Massage (Vibration):
 - Ideal for: Invigorating skin, promoting lymphatic drainage, reducing puffiness.
 - Technique: Use upward strokes along the contours of your face, paying extra attention to areas prone to puffiness, like under the eyes and jawline.
4. Combined Therapy (Heat + Vibration + LED):
 - Ideal for: Comprehensive skincare, combining the benefits of all therapies.
 - Technique: Employ a combination of gentle gliding and slow sweeping motions to enjoy the synergistic effects of heat, vibration, and LED therapy.

Application Techniques

- Start with clean, dry skin.
- Apply the My Derma Dream Activator Serum before using the device.
- Use gentle pressure; the device is designed to work effectively without the need for excessive force.
- Focus on each area of your face for about 1-2 minutes.
- Always glide up and out to combat gravity.
- Avoid dragging or pulling the skin; instead, use smooth, consistent motions.
- Adjust the pressure and speed based on your comfort and skin's sensitivity.

Tips for Maximizing Results

- Consistency is key: Use the device 5-7 times a week for the best results.
- Integrate it into your morning or evening skincare routine.
- Each session should last about 5-10 minutes.
- Pay attention to how your skin responds and adjust the frequency and duration accordingly.

After Use Care

- After each use, turn off the device and clean it with a damp cloth.
- Store the device in its storage box to keep it safe and clean.

By following these guidelines, you can enjoy a spa-like skincare experience in the comfort of your home. In the next chapter, we will discuss how to use the Lift & Glow Gua Sha Pro with the Activator Serum for enhanced results.

Using the Device with Activator Serum

Enhance your Lift & Glow Gua Sha Pro experience by pairing it with the My Derma Dream Activator Serum. This chapter guides you on how to effectively use the serum with your device for maximized skincare benefits.

Preparing Your Skin

Cleanse Your Face: Start with a freshly washed and dried face. This ensures your skin is free of impurities and ready to absorb the serum.

Applying the Activator Serum:

- Dispense a small amount of the Niacinamide Activator Serum onto your fingertips.
- Gently apply it to your face, focusing on areas you wish to target with your Gua Sha Pro.
- The serum is packed with Niacinamide, Vitamin B3, Ginseng Root Extract, and other skin-loving ingredients that complement the therapies offered by the device.

Benefits of the Activator Serum

- **Enhanced Hydration:** Ingredients like Niacinamide and Glycerin provide deep hydration, leaving your skin feeling plump and moisturized.
- **Dark Spot Reduction:** Regular use helps reduce the appearance of dark spots and sun spots, promoting an even skin tone.
- **Acne Control:** Niacinamide regulates oil production, minimizing breakouts and reducing pore size.
- **Skin Barrier Strengthening:** Protects against oxidative stress and UV rays, enhancing your skin's natural defense mechanisms.

- **Boosting Device Efficacy:** The serum amplifies the effects of the Gua Sha Pro, making each therapy session more effective.

Using the Device with Serum

- After applying the serum, use the Lift & Glow Gua Sha Pro as instructed in Chapter 4.
- The device's therapies will help the serum penetrate deeper into the skin, maximizing its benefits.
- Focus on areas where you wish to see improvement, such as wrinkles, fine lines, or uneven skin tone.

Post-Treatment Care

- After using the device, you may apply your regular moisturizer or night cream to lock in the serum's benefits.
- For best results, use the serum with your Gua Sha Pro regularly.

Incorporating the My Derma Dream Activator Serum into your routine with the Lift & Glow Gua Sha Pro will significantly enhance your skincare results. Next, we will cover the maintenance and care of your device to ensure its longevity and effectiveness.

Maintenance and Care of Your Lift & Glow Gua Sha Pro

Proper maintenance and care are essential for the longevity and effectiveness of your Lift & Glow Gua Sha Pro. This chapter provides essential tips on how to maintain your device to ensure it remains in top condition.

Cleaning the Device

After Each Use:

- Turn off the device.

- Wipe the surface gently with a soft, damp cloth to remove any residue or impurities.
- Avoid using harsh chemicals or abrasive materials that could damage the device.

Drying:

- After wiping, let the device air dry completely before storing it.
- Do not expose it to direct sunlight or high temperatures while drying.

Storage

- Store your Lift & Glow Gua Sha Pro in its provided storage box to protect it from dust and damage.
- Keep the device in a cool, dry place away from direct sunlight and moisture.

Charging and Battery Care

- To preserve battery life, charge the device only when the low battery indicator (blue light) flashes.
- Do not overcharge the device; unplug it once the green light indicates a full charge.
- If not used regularly, it's recommended to charge the device at least once a month to maintain battery health.

General Precautions

- The Lift & Glow Gua Sha Pro is not waterproof. Keep it away from water to avoid damage.
- Handle the device with care to prevent drops or impacts that could affect its functionality.

Regular Checks

- Periodically inspect the device for any signs of wear or damage.
- If you notice any malfunction or unusual behavior, discontinue use and contact customer support for assistance.

By following these simple maintenance and care guidelines, you can enjoy the benefits of your Lift & Glow Gua Sha Pro for a long time. In the next chapter, we will discuss troubleshooting common issues to help you resolve any challenges you may encounter.

Troubleshooting and FAQs

Even with the best care, you might encounter some issues with your Lift & Glow Gua Sha Pro. This chapter aims to address common problems and provide quick solutions, along with answers to frequently asked questions.

Troubleshooting Common Issues

Device Not Turning On:

- Ensure the device is charged (indicator light should be green).
- Check the USB cable and power source for any faults.

Device Not Responding to Mode Change:

- Perform a long press to reset the device.
- If the problem persists, contact customer support.

Device Turns Off Unexpectedly:

- Remember, the device has a 5-minute auto-shutoff feature for safety. Simply turn it back on if you need more time.
- If it shuts off prematurely, ensure the battery is charged.

Weak Vibration or Heat:

- Charge the device fully and try again.
- If the issue continues, it might indicate a battery or technical problem.

Frequently Asked Questions (FAQs)

Can I use the Lift & Glow Gua Sha Pro every day?

- Yes, it is designed for daily use. However, listen to your skin's needs and adjust usage accordingly.

Is the device suitable for all skin types?

- Absolutely, but if you have specific skin concerns or sensitivities, consult with a dermatologist before use.

How long does it take to see results?

- Results vary depending on skin type and condition. Many users notice improvements within a few weeks of regular use.

Can I use other serums or creams with the device?

- Yes, the device is compatible with most facial serums and creams. For best results, consider using the recommended My Derma Dream Activator Serum.

What should I do if my device stops working?

- Contact customer support for assistance. Do not attempt to repair the device yourself.

Contacting Support

For further assistance or if you encounter an issue not covered in this manual, please reach out to our customer support team. Your satisfaction and the performance of your Lift & Glow Gua Sha Pro are our top priorities.

Warranty and Customer Support

Owning a Lift & Glow Gua Sha Pro comes with the reassurance of quality and customer support. This chapter outlines the warranty details and how to access customer support for any assistance you may need.

Warranty Information

- Coverage: The Lift & Glow Gua Sha Pro is backed by a comprehensive warranty that covers any defects in materials and workmanship.
- Duration: The specific duration of the warranty will be mentioned in the warranty card provided with your product.
- Terms and Conditions: Please refer to the warranty card for detailed terms and conditions, including exclusions and limitations of the warranty.

How to Claim Warranty

- Keep Your Receipt: Retain your purchase receipt as proof of purchase.
- Contact Customer Support: If you encounter a problem covered by the warranty, contact our customer support team for guidance on the warranty claim process.

- **Follow Instructions:** Our team will provide specific instructions on how to proceed with the warranty claim, including where to send the defective product, if necessary.

Customer Support

- **Contact Details:**
 - Phone: +1 877-635-5406 (Monday - Friday)
 - Email: info@mydermadream.com
- **Support Hours:** Our customer support team is available during standard business hours to assist you with any questions or issues.
- **Additional Support:** We also offer a Free Skin Consultation service to help you get the most out of your Lift & Glow Gua Sha Pro.

Satisfaction Guarantee

- **90-Day Risk-Free Trial:** Your satisfaction is our priority. Try the Lift & Glow Gua Sha Pro risk-free for 90 days. If you are not satisfied, you can return it for a full refund (minus shipping and handling) or exchange it.

We are committed to providing exceptional customer service and support. Should you have any questions or need assistance, please do not hesitate to contact us.