

# THE BETTER LETTERS IN 15 CHALLENGE

## WEEK 1 | DAY 5 | CONNECTIONS

---

### TRUST YOUR CREATIVITY

---

You made it to the end of the first week! :)  
Today we will be practicing the word trust.  
Here are 2 examples (one without bounce and one with bounce):

WITHOUT BOUNCE

*trust*

WITH BOUNCE

*Trust*

When creating words, I like to think about it as each individual letter being put next to another. Make sure the exit strokes on each letter is long enough for the next letter to be connected to it.

On the next page, trace the grey letters then practice the word on your own in the space provided. You don't have to do both--pick one variation to focus on. If you run out of space, there is an extra blank sheet with guidelines for you to print out and use.

trust trust trust trust

trust trust trust trust

trust trust trust

trust trust trust

Handwriting practice lines consisting of multiple sets of three horizontal lines (top solid red, middle dashed blue, bottom solid red) for letter formation.