

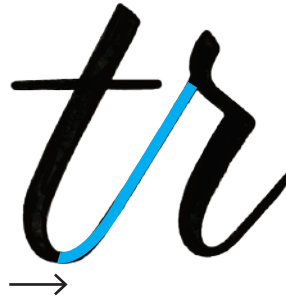
# THE BETTER LETTERS IN 15 CHALLENGE

## WEEK 1 | DAY 3 | CONNECTIONS

### TRUST YOUR CREATIVITY

Today we will be practicing connecting the letters in trust.  
We will start with the following connection: t-r  
Here are 2 examples (one without bounce and one with bounce):

WITHOUT BOUNCE



WITH BOUNCE

OPTION 1



OPTION 2



You can take the exit stroke up to the position right before the loop starts (option 1) or up along the loop (option 2), wherever your hand feels most comfortable. I prefer option 1, then lift up my pen to readjust my hand. This helps me get both my hand and paper in the position I am most comfortable with to create a steady loop.

When creating words, I like to think about it as each individual letter being put next to another. Make sure the exit stroke (blue lines) on each letter is long enough for the next letter to be connected to it.

I feel the t to r connection is tricky because the exit stroke of the t becomes part of the r. Be sure to extend the exit stroke of the t as long as it needs to be so that it ends up in the right spot. Also make sure you extend the curve at the bottom of the t out far enough so the spacing between the t and r is wide enough and not too close together.

On the next page, trace the grey letters then practice the connection on your own in the space provided. You don't have to do both--pick one variation to focus on. If you run out of space, there is an extra blank sheet with guidelines for you to print out and use.

tr tr tr tr tr tr tr tr tr tr

tr tr tr tr tr tr tr tr tr tr

tr tr tr tr tr tr tr tr

tr tr tr tr tr tr tr tr

Handwriting practice lines consisting of multiple sets of three horizontal lines (top solid red, middle dashed blue, bottom solid red) for letter formation.