

THE BETTER LETTERS IN 15 CHALLENGE

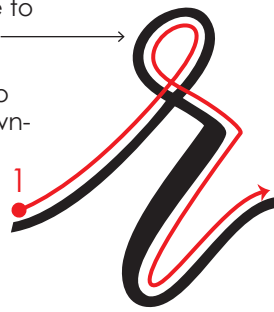
WEEK 1 | DAY 2 | LETTERS

CELEBRATE YOUR JOURNEY

These are the letters we will be practicing today: r, a, t

Here are examples and guidelines for each letter:

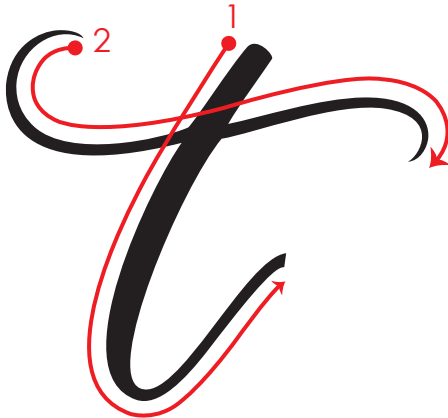
although the loop goes in a downward direction, I choose to keep the line thin bc it looks more legible--feel free to make it a true downstroke if you'd like



slow down/pause at the transition if needed



slow down/pause at the transition if needed



slow down/pause at the transition if needed



when crossing the t, try turning your paper 90 degrees (so the t is in the position above) and cross your t vertically--for me, it's easier to get a nice long thick stroke this way

Slowing down and pausing (but **not** picking up your pen) at transitions help to keep the transitions clean (so that the thick line isn't extending into the thin line).

On the next page, trace the grey letter then practice the letter on your own in the blank lines below. If you run out of space, there is an extra blank sheet with guidelines for you to print out and use.

r r r r r r r r r r

a a a a a a a a a a

t t t t t t t

