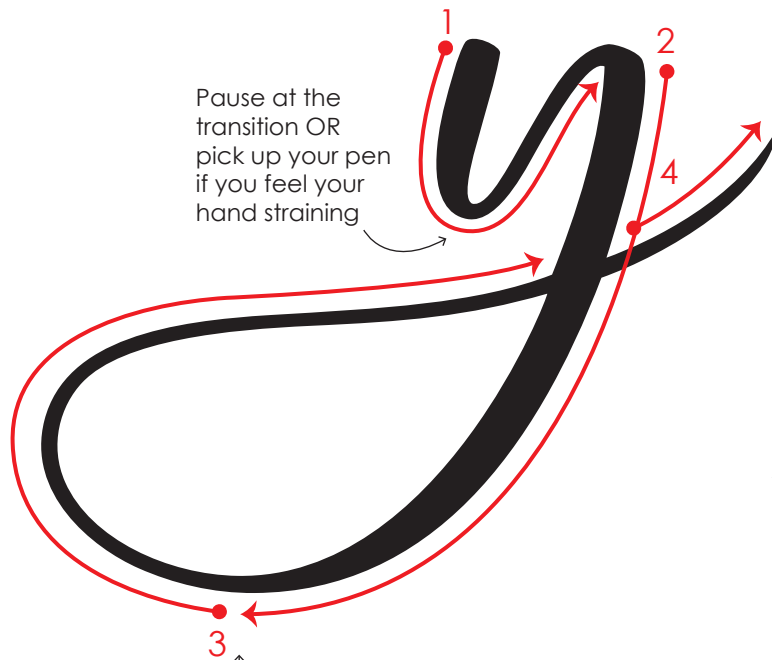


THE BETTER LETTERS IN 15 CHALLENGE

WEEK 2 | DAY 1 | LETTERS

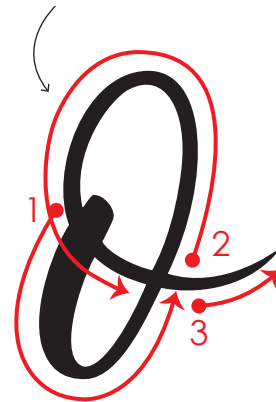
CELEBRATE **YOUR** JOURNEY

These are the letters we will be practicing today: y, o
Here are examples and guidelines for each letter:



Because this loop is quite big, I prefer to pick up my pen at the end of the tapered downstroke. I'll adjust my paper to where my hand feels the most comfortable then finish the rest of the loop.

I try to keep the downstroke on stroke #2 thin because I feel like it makes the letter easier to read. It is natural to have some thickness in the downstroke so don't worry if it's not perfectly thin. You can also choose to make it a proper downstroke as well--it's a style choice that's up to you!



Breaking up the "o" into several sections helps to prevent shaky lines. I've broken it up into 3 parts.

If you want to break it up even more, you can do that. If you feel comfortable to continue without breaks, feel free to do that as well. Do what feels best for your hand.

On the next page, trace the grey letter then practice the letter on your own in the blank lines below. If you run out of space, there is an extra blank sheet with guidelines for you to print out and use.

y y y y y

y y y y y

o o o o o o o o o o o o

