



Rooibos (Red Bush)

Botanical Name: *Aspalathus linearis*

Rooibos is indigenous to South Africa in particular the Fynbos - the iconic shrubland habitat of the Western Cape. Often referred to as Red Bush, Rooibos grows in stony, inhospitable land and ours originates from the Cederberg Mountains. The plant has yellow flowers and needle-like leaves and when harvested, the branches of the shrubs are bound in bundles and transported for further processing. Rooibos undergoes a natural fermentation process and it is this process that results in the famous rich ruby-red brown color characteristic of Rooibos tea. The fermented tea is spread out and dried under the African sun. This is a refreshing, naturally sweet, caffeine free infusion that's suitable for drinking day or night, with or without milk. A less fermented, Green Rooibos is also popular and has differing flavor characteristics.

TASTING NOTES: Honey-like, woody and fruity.

We recommend that you consult with a qualified healthcare practitioner before using herbal products, particularly if you are pregnant, nursing, or on any medications. This information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

This ingredient is sourced from South Africa.



Now that you know more about Rooibos, you should check out our Rooibos collection!
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Zambia Untamed

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