



# Licorice

**Botanical Name:** *Licorice Glycyrrhiza Glabra*

Our sweet and delicious Licorice is of great quality and we've worked with our supplier consistently for years. Our licorice is sourced from Egypt, grows abundantly and is harvested on 4 to 6 year cycles depending on the quality of the soil, the amount of rainfall and the hours of sunshine. Harvest is done by hand and is a year-round activity, except for the hottest weeks of the summer when harvesting would kill the plant. It is washed, dried and cut at our supplier's production plants, which have been designed to consume very little energy and produce almost no waste. Licorice is a popular herb used in medicine to soothe gastrointestinal problems and also has anti-inflammatory properties. The whole licorice root can be used to flavor liquids in the process of making tea or homemade candies.

TASTING NOTES Earthy: sweet and unctuous.

We recommend that you consult with a qualified healthcare practitioner before using herbal products, particularly if you are pregnant, nursing, or on any medications. This information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

This ingredient is sourced from South Africa.



**Now that you know more about Licorice, you should check out our blends with Licorice. Mombasa Island, Diani Beach Detox, Oduduwa**

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