



Honeybush

Botanical Name: *Cyclopia genistoides*

Honeybush is a sibling of Rooibos, cultivated in South Africa's Eastern Cape region. Its flowers smell of honey, earning this plant a sweet name. Honeybush is a small, typical fynbos shrub, easy to miss when not in flower. A much-branched woody shrub with golden yellow stems, it grows to about one metre. The short needle-like leaves are arranged in threes along the branches, a typical feature of Cyclopia. When flowering in spring, the same shrub can take your breath away with a bold display of bright yellow flowers. The leaves of honeybush are commonly used to make herbal teas. The taste of our honeybush tea is similar to that of rooibos, though arguably a little sweeter. It has a smooth, gentle roasted flavor and is slightly fuller bodied than rooibos.

Enjoy the clean, refreshing finish of this naturally caffeine-free drink.

We recommend that you consult with a qualified healthcare practitioner before using herbal products, particularly if you are pregnant, nursing, or on any medications. This information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

This ingredient is sourced from South Africa.



Now that you know more about Honeybush, you should check out our Honeybush collection! Walvis Bay Wonder, Diani Beach Detox

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