



Cardamom

Botanical Name: *Elettaria cardamomum*

Our Cardamom pods are exceptional. Cardamom is a bush with pink and white flowers, and when it flowers it shoots out stems from the base. Cardamom production protects precious soils and diversity in the indigenous cloud forest. The greener pods are picked slightly earlier, with plenty of flavor, and might be preferable in products where color is important. As the pods ripen, they become yellow, and contain more essential oil. The process grade pods we receive are the pods with the highest content of oil, with a high quality in terms of taste and smell. Cardamom is often added to coffee in the Middle East and is known around the world for its floral aromatic flavor, used in teas and as a culinary ingredient.

TASTING NOTES: Pungent, slightly citrus and spicy.

We recommend that you consult with a qualified healthcare practitioner before using herbal products, particularly if you are pregnant, nursing, or on any medications. This information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

This ingredient is sourced from Morocco.



Now that you know more about Cardamom, you should check out our blends with Cardamom. Zambia Untamed, Serengeti Trail, Mombasa Island, Diani Beach Detox, Ashanti Cocoa

 **ASAMI**

PREMIUM AFRICAN TEA • OUR CULTURE IS YOUR CULTURE



asamiteashop.com
417-232-3344