



# Calendula/Marigold

**Botanical Name:** *Calendula officinalis*

Calendula is an annual herb bearing the characteristic daisy-like flowers of other members of the Asteraceae family, having bright orange or yellow terminal flower heads and pale green leaves. Native Egypt calendula is now naturalized in much of the world and is commonly grown in gardens.

Calendula is a well-known herb and uplifting ornamental garden plant that has been used topically, ceremonially, and as a dye and food plant for centuries. Traditionally, it has been used to combat the occasional upset stomach and used to support healthy skin. Dried Calendula flowers can be prepared as tea.

We recommend that you consult with a qualified healthcare practitioner before using herbal products, particularly if you are pregnant, nursing, or on any medications.  
This information has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

This ingredient is sourced from  
Namibia.



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Zimbabwe Hearts**



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