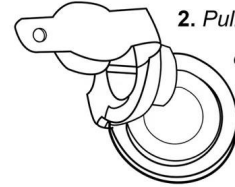
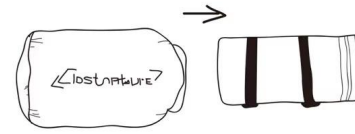


# Self-inflating Sleeping Pad Instruction

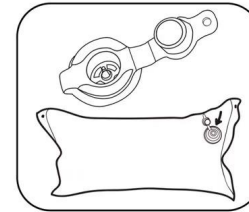
## Self-inflating Procedure

1. Take out the sleeping pad from the carry bag, loosen the belts and spread out.



2. Pull up the air tap to open the valve, the pad will be inflated by foam's expanding. The new sleeping pad is vacuum compressed so it will take a longer time to inflate when first time using. If the foam did not expand to expected thickness please blow 1~2 breaths at the first time to activate the memory foam. Remember **DO NOT** sleeping or sit on the sleeping pad after manually blowing air or over inflated, otherwise it will damage the glue between the fabric and foam. Release the extra air after activating the foam. Make sure the foam expands to enough thickness and keep it for 24 hours.

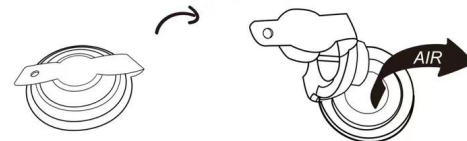
3. Inflate the pillow: The pillow is **NOT** self-inflating and need be inflated by pump or mouth. Dual-layer valve applied to the pillow, the first layer is a check valve for inflation and the second layer is for deflation.



## Pack Up Procedure

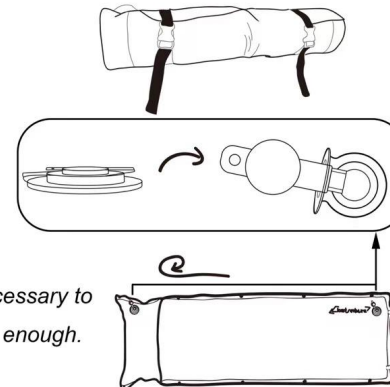
1. Open the pillow valve to deflate.

2. Open the sleeping pad air tap.



3. Rolling it up and squeeze the air out. Spread out and roll it up again to make sure the air is clear.

4. Tighten the belt and fasten the buckle. It's unnecessary to fold sleeping pad like original if the carry bag is big enough.



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