HOW TO CHOOSE YOUR FORMULA

MATCH THE AREA OF YOUR ENERGY BLOCK TO THE RAINBOW CHART AND USE THE COLOUR CODE TO CHOOSE YOUR FORMULAS.

COMBINE THE FORMULAS TO ENHANCE THEIR ACTIVITY AS REQUIRED. PRODUCE YOUR OWN UNIQUE PERSONALISED COMBINATION.

STAR

FF1 LOTUS
'VITALITY'
STAR FOR ENERGY, LIFEFORCE, EMERGENCY
THE WHOLE

STAR

FF2 WHITE ROSE
'RECOVERY'
HEALTHY BABIES, DAMAGED CHILDHOOD
THE ENDOCRINE SYSTEM

ULTRAVIOLET

FF3 CAMELLIA
'SPIRITUAL EASE'
TRAUMA OF CHANGE OF CIRCUMSTANCE, VORTEX CHANGES
THE SPINAL CORD

VIOLET

FF4 THISTLE
'TRANQUILLITY'
TRANQUIL THOUGHTS, PEACEFUL SLEEP
THE HEAD

INDIGO

FF5 NIGHTSHADE
'IMU-ACE'
IMMUNITY, TEETH
THE MOUTH

INDIGO

FF6 PHACELIA
'CLEAR SENSES'
SELF WORTH, ADDICTION, SINUSES
THE NOSE

INDIGO

FF7 ORCHID
'COOL CALM'
TROPICAL, FULFILMENT
THE EARS

INDIGO

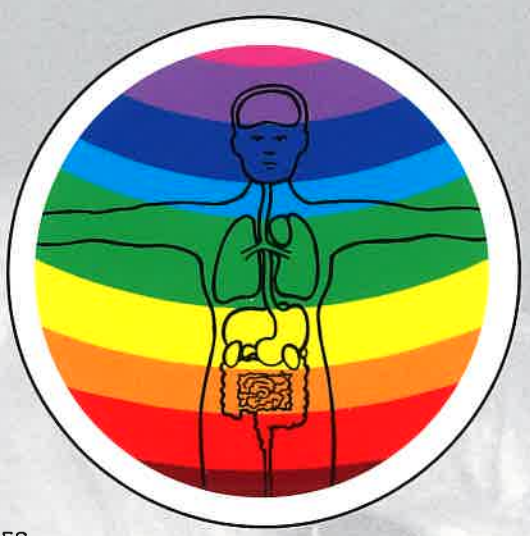
FF8 ROSEMARY
'UPLIFT'
EMOTIONS, TEARFULNESS
THE SENSORY ORGANS

BLUE

FF9 BLUEBELL
'APPETITE'
COMMUNICATION, FAITH AND BELIEF
THE THROAT

GREEN

FF10 NICOTIANA
'BREATH OF LIFE'
REJECTION, FORGIVENESS
THE LUNGS



THE COLOURS OF THE RAINBOW DIRECT THE ENERGY TO WHERE IT IS NEEDED

A GUIDE TO THE USE OF PHYTOBIOPHYSICS FLOWER FORMULAS

FF11 HAWTHORN — GREEN
'HEARTACHE'
LOVE, BEREAVEMENT
THE HEART

FF12 DANDELION — YELLOW
'D. TOX'
POWER, CLEANSING, COURAGE
THE LIVER

FF13 EVENING PRIMROSE — YELLOW
'RELAXATION'
CALM, SERENITY, WATER BAL
THE KIDNEYS

FF14 DAFFODIL — YELLOW
'SKIN BEAUTY'
HEROES, PERFECTIONISM
THE SMALL INTESTINES, THE SKIN

FF15 YELLOW FOXGLOVE — YELLOW
'SUGAR BAL'
THE SPIRITUAL UMBILICAL CORD, ASSIMILATION, EATING HARMONY
THE PANCREAS

FF16 DAISY — ORANGE
'REPRO'
PUBERTY, MENSTRUAL CYCLE, WISTFUL ADORABLE CHILD
THE REPRODUCTIVE ORGANS

FF17 ARUM LILY — ORANGE
'FERTILITY'
PASSION, VIRILITY, RELATIONSHIPS
THE HORMONES

FF18 POPPY — RED
'LIFE BLOOD'
DIRECTION, THE NOW JOURNEY, LOVE OF LIFE
THE BLOOD

FF19 RED CHRYSANTHEMUM — RED
'MOTION FLOW'
LETTING GO, ELIMINATION, FEAR OF LIFE
THE BOWELS

FF20 ANEMONE — INFRA-RED
'KUNDALINI'
RISING EARTH ENERGY, STRUCTURE, INSTINCT
THE BONES