## FOLLOW THESE STEPS FOR

## A HOT OIL TREATMENT TO SOOTHE, NOURISH & STRENGTHEN



Mix 1 part Castor Oil to 2 parts
Jojoba in a heat-resistant
container. Microwave for 10 seconds
or allow to sit in boiled water for two
minutes. Wait until oil is warm to the
touch.

Separate hair into four sections & use your fingers to massage oil onto the scalp. Work your way from roots to ends.

Cover head with a shower cap, letting the oil soak into scalp and hair for 10 min - 1 hour.

Shampoo and condition.

While hair is damp, gently massage a thin film of Certified Organic Jojoba onto damp scalp. Then style as usual.

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