## Flowers $\mathcal{E}$ Feathers

## Quilt \& Pillow Design by Stacey Day



# Flowers © Feathers 

Fabric collection by Sillier for Sally Designs for P\&B Textiles<br>Quilt \& 3 Pillow designed by Stacey Day<br>Skill level: Confident Beginner • Finished Quilt Size: approx. 61" x 65 1/2" • Finished Pillow Size: approx. 20" square

## Quilt \& 3 Pillow Yardages:



## Cutting Instructions:

Please read all instructions carefully before beginning. Strips are cut across the width of fabric (perpendicular to selvedges) unless otherwise stated. All seams are sewn with a 1/4" seam unless otherwise stated. Label all pieces. LOF = length of fabric.

## From Fabric A:

1. Cut twelve panel blocks at $91 / 2^{\prime \prime} \times 11^{\prime \prime}$ centering design within each rectangle.

## From Fabric B:

1. Cut four birds \& thistles strips on the length of the fabric along the outer edge of the two gray bands. These should measure approximately $51 / 2^{\prime \prime}$ wide. Cut two of these strips to 65" long.
2. The remaining teacup strips should measure approximately 5 " wide. Cut these four strips into a total of twelve $5 " \times 22$ " strips. Trim six of these strips to $33 / 4$ " wide centering design.

## From Fabric C:

1. Cut two 3 1/2" strips; subcut sixteen 3 1/2" squares.

From Fabric D:

1. Cut seven $31 / \mathbf{2}^{\prime \prime}$ strips; subcut twelve $31 / \mathbf{2 " ~}^{\prime \prime} \times 9$ 1/2" rectangles and twelve $31 / 2^{\prime \prime} \times 11^{\prime \prime}$ rectangles.

## From Fabric E :

1. Cut six 3 1/2" strips; subcut six 3 1/2" $\times 9$ 1/2" rectangles and six $31 / 2^{\prime \prime} \times 11$ " rectangles. With remainder of the strips sub cut sixteen $31 / 2^{\prime \prime}$ squares.
2. Cut six $31 / 2^{\prime \prime}$ strips. Sew together end to end with diagonal seams; press seams open. From this pieced strip, cut four $31 / 2^{\prime \prime} \times 55$ " strips.

## From Fabric F:

1. Cut eight $21 / 2^{\prime \prime}$ strips; subcut (128) $21 / 2^{\prime \prime}$ squares.
2. Cut four $11 / 2^{\prime \prime}$ strips; subcut each strip into three equal lengths - approximately 14 ".
From Fabric G:
3. Cut two 20 1/2" strips; subcut six 20 1/2" x 12 1/2" rectangles (external backing for pillows).

## From Fabric H:

1. Cut fourteen 2 1/4" strips for binding.

Backing:

1. Cut three 22" (approximately) squares for the pillows (internal backing for pillow sandwich).

## Quilt Piecing Instructions:

(shown with Green option)

1. Draw a diagonal line on the wrong side of each 2 1/2" $F$ square using a removable marking pen.
2. Pin one 2 1/2" $F$ square in the corner of sixteen 3 1/2" $E$ squares. Sew on the line and trim seam allowance to $1 / 4 "$. Press toward the resulting triangle. Repeat on adjacent corner of E square. Repeat on each end of the $31 / 2$ " x $91 / 2^{\prime \prime}$ and $31 / 2$ " x 11" D rectangles. Set aside as Unit A, 9 1/2" Unit B and 11" Unit C (Figure 1).

3. Sew three B Units, two A Units, and four $31 / 2^{\prime \prime}$ C squares together into a sash strip. Make four (Figure 2).


Figure 2 Make 4.
4. Sew three $31 / 2^{\prime \prime} \times 91 / 2^{\prime \prime} E$ rectangles, four A Units and two 3 1/2" $E$ squares together into a border strip. Make two sash borders. (Figure 3).


Figure 3 Make 2.
5. Using the quilt image for block placement, sew three 9 1/2" x 11" A blocks together with one Unit C between them. Sew one Unit C to both ends of the row. Finally, sew one $31 / 2^{\prime \prime} \times 11^{\prime \prime} \mathrm{E}$ rectangle to both ends of the row.
6. Sew the rows together with a pieced sash strip (Step 3) between each row. Sew the remaining sash strips to the top and bottom of the rows.
7. Sew a sash border to the top and bottom of the quilt. Press the quilt top well. Quilt should measure $451 / 2$ " $\times 50$ " (Figure 4).


Figure 4
8. Sew one $31 / 2^{\prime \prime} \times 55^{\prime \prime} \mathrm{E}$ strip to the bottom of one $51 / 2^{\prime \prime} \times$ LOF B strip, matching centers. Press toward the E strip. Repeat. With E strip to the inside, sew one of these pieced borders to the qult top centering the border to one side of the quilt. Begin and end sewing a generous $1 / 4^{\prime \prime}$ from the edges of the quilt top, backstitching at both ends. Repeat for opposite side of quilt.
9. Repeat Step 8 using $51 / 2^{\prime \prime} \times 65$ " B strips. Press seams toward the B strips. Sew borders to the top and bottom of the quilt.
10. Close border corners with mitered seams matching and abutting seam lines. Trim seam allowance to $1 / 2^{\prime \prime}$ and press open. Press quilt..

## Finishing:

1. Prepare backing with one seam to measure 69 " $\times 74$ ". Press seam open.
2. Layer quilt top, batting, and backing. Baste layers together.
3. Quilt as desired.
4. Trim layers even with quilt top squaring corners.
5. Join $21 / 4$ " H binding strips with diagonal seams. Press seams open. Press strip in half lengthwise with wrong sides together to make double-fold binding. Attach binding to quilt using your favorite method. Set aside remainding binding for pillows.
6. Make a label and sew to the back of the quilt.

## Pillow Piecing Instructions:

(shown with Green option)

1. Sew one $11 / 2^{\prime \prime} \times 14^{\prime \prime} F$ strip to one 5 " $\times 22$ " B strip, matching centers. Press toward the F strip. Repeat. With F strip to the inside, sew one of these pieced borders to the block centering borders to one side of the block. Begin and end sewing a generous $1 / 4^{\prime \prime}$ from the edges of the block. Repeat for other side of block.
2. Repeat Step 1 but use $33 / 4$ " $\times 22$ " B strips. Press seams toward the B strips. Sew borders to the top and bottom of the pillow top.
3. Close border corners with mitered seams matching seam lines. Trim seam allowance to $1 / 2^{\prime \prime}$ and press open. Press.
4. Repeat Steps 1 and 2 to complete three pillow tops.
5. Layer pillow tops with batting and internal backing squares; baste. Quilt as desired. Trim and square each pillow to 20 1/2" x 20 1/2".
6. Fold one long raw edge of each $121 / 2^{\prime \prime} \times 201 / 2^{\prime \prime}$ G rectangle under $1 / 4$ " to the wrong side, then again $3 / 4$ ". Topstitch across the fold. Place a pillow top right sides down, so the backing is facing up, and place two Fabric G rectangles right sides up on the pillow as shown, so that the folded edges overlap in the center of the pillow top. Pin in place and baste $1 / 4$ " around the pillow to hold the backing rectangles in place (Figure 1).
7. Sew the binding around the pillows the same as for the quilt top. Turn the binding to the back and hand stitch in place. Stuff with a 20 " pillow form.


Figure 1

## Flowers $\mathcal{E}$ Feathers

Fabric Collection by Sillier than Sally Designs for P\&B Textiles


FLFE 4469 PA*


FLFE 4471 MU*


FLFE 4474 LP*


FLFE 4472 MU* ${ }^{\star}$


FLFE 4474 LZ


FLFE 4473 MU*


FLFE 4474 NE*


FLFE 4474 E


FLFE 4474 T*


FLFE 4474 LG*


FLFE 4475 MU*

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## Flowers $\mathcal{E} \mathfrak{F}$ Fathers

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