GRILLED PEACH SALAD WITH GOAT CHEESE

Rusty Hinges Kanch



- 4 cups spring mix
- 1/4 cup nuts, chopped, optional

INSTRUCTIONS:

Balsamic Reduction:

- 1. In a small saucepan over medium-high heat, add the balsamic vinegar and boil until it reduces, about 10 minutes. The mixture should be thick and stick to the back of a spoon.
- 2. Add the honey to the mixture and stir to combine. Remove from heat and set aside.

Peaches:

- 1. Preheat grill to medium-high heat , about 450°F.
- 2. Cut peaches in half and remove the pit. Brush the tops with olive oil and sprinkle with salt and pepper.
- 3. Lightly brush the grill grates with oil and then set the peaches cut side down on the grill grates.
- 4. Grill undisturbed for 3-4 minutes and then turn the peach 90°. Grill for an additional 3-4 minutes, then remove from heat and slice.

Salad:

1. Separate spring salad mixture into 4 bowls, top with peaches, pecans, and crumbled goat cheese. Drizzle each bowl with balsamic reduction and honey. Enjoy!