GRILLED LONDON BROIL WITH CORN SALSA Kusty Hinges Kanch



INGREDIENTS:

- 1 Five Dot Ranch London Broil
- 2 corn ears
- 1/2 pint of cherry tomatoes, halved
- 1/2 bunch cilantro, roughly chopped
- 1/2 red onion, diced
- 1/2 lemon, juiced
- Salt & pepper, to taste
- 1 garlic clove, halved
- 3 Tablespoons butter, room temperature
- 1 teaspoon dried basil, parsley & thyme

INSTRUCTIONS:

- 1. Rub steak with the cut side of a halved garlic clove and liberally season both sides of your London broil with salt and pepper.
- 2. Let it sit at room temperature on a rack set inside a rimmed baking sheet for at least one hour. The salt will dissolve and will be absorbed and tenderize the meat.
- 3. Preheat grill or a grill pan to medium-high heat, about 450°.
- 4. Remove husk from 2 corn ears and grill for about 12 minutes, rotating every couple minutes.
- 5. Grill the first side for four minutes, then rotate 45° from its original spot on the grill but don't turn it over.
- 6. Continue to grill for another three to four minutes, then flip and repeat the process, until it's charred and medium-rare(about 10-12 minutes).
- 7. Mix room temperature butter with dried herbs and add butter to steak. Let it rest about 10 minutes before cutting against the grain.

Corn Salsa:

- 1. Cut grilled corn off the cob and stir with lemon juice, tomatoes, and cilantro.
- 2. Season with salt and black pepper and top sliced meat before serving. Enjoy!