

Abridged Curriculum Vitae

Mr Rupert Wharton

BM BSc FRCS (Tr and Orth)

Dip Hand Surg (Br and Eur)

July 2023

Education:	1992 - 2002	Kings' College School, Wimbledon
	2003 - 2009	University of Southampton School of Medicine
Qualifications:	2022	European Board of Hand Surgery Diploma
	2022	British Diploma Hand Surgery (BSSH/University of Manchester)
	2019	Fellowship of Royal College of Surgeons
	2013	Membership of Royal College of Surgeons
	2009	Bachelor of Medicine, University of Southampton
	2008	Bachelor of Science (1st class honours), University of Southampton
National Committee:	2016	BOA Patient Liaison Group
	2016	BOA Professional Practice Group
	2015	BOTA Publicity Officer
	2015-2020	BOTA NW Thames Linkman
Awards/Prizes:	2022	BOA Future Leaders Programme
	2021	BOA Soli Lam Travelling Fellowship: Institut de la Main, Paris, Institut Kaplan, Barcelona
	2016	Nominee: North-West Thames Lipmann Kessel Prize
	2010	Local Teaching Hero Award, Imperial College London
Professional Memberships:		British Society for Surgery of the Hand (BSSH), (Associate Membership)
		International Wrist Arthroscopy Society
		International Bone Research Association
		British Orthopaedic Association

EMPLOYMENT HISTORY

Current Position **Consultant Trauma and Orthopaedic Surgeon (Hand and wrist)**

Nov 22 - current Kingston Hospital NHS Foundation Trust

Fellowship Training

Feb 22 – Nov 22 **Upper Limb and Hand Fellowship:** Wrightington Hospital
Clinical Supervisors: Mr M Hayton, Mr S Talwalker, Mr CY Ng

Oct – Feb 22 **Hand and Wrist Fellowship:** Chelsea and Westminster Hospital
Clinical Supervisors: Mr R Eckersley, Mr M Horwitz, Miss K Owers, Mr G McArthur

April – Oct 2021 **Hand and Wrist Fellowship:** Hand and Wrist Surgery, Pulvertaft Hand Centre, Royal Derby Hospital
Clinical Supervisors: Prof T Lindau, Mr C Heras-Palou, Mr D Armstrong, Miss J Arrowsmith

Specialty Training: North West Thames Rotation (Oct 2014 – Oct 2020)

Chelsea and Westminster Hospital, Imperial College Healthcare (St Mary's, Paddington and Charing Cross), West Middlesex Hospital, Northwick Park Hospital, Ealing Hospital

PUBLICATIONS

FULL TEXT PUBLICATIONS (Peer Reviewed)

Short to medium term outcomes following Amandys pyrocarbon wrist replacement: 20 consecutive cases from a tertiary referral centre

Wharton R, Sigamoney K, Hayton M

Journal of Hand Surgery European Volume 2023 (epub DOI: 10.1177/17531934231168749)

PMID:37125760

Freedom total wrist arthroplasty: Short-term follow up

Brown M, **Wharton R**, Begum R, Trail I, Hayton M, Talwalkar S

Journal of Hand Surgery European Volume 2023

PMID: 37694732

Arthroscopic capsular shrinkage is safe and effective in the treatment of mid-carpal instability in a paediatric population: a single centre experience of 51 cases

Wharton R, Lindau T, Oestreich K

Journal of Wrist Surgery 2022;12(03):239-247

PMID: 37223383

Bilateral STT arthrodesis in a young patient with occult proximal row coalition

Wharton R, Ahearne D

Journal of Wrist Surgery 2021 Dec 13;11(6):546-549

PMID: 36504535

HIV related infection in the hand: a systematic review with case illustrations

Scarborough A, **Wharton R**, Nelson M, Horwitz M

Infectious Diseases in Clinical Practice 2022. 30(2)e1122

Assessment of supination block after distal radius fracture: hypermobility complicates clinical assessment following trauma

Wharton R, Ahearne D

Journal of Hand Surgery European Volume 2021. 46(6):674-6

PMID: 33541225

Traction table set up to overcome fixed flexion of the hip and knee for extracapsular fractures

Furey J, **Wharton R**, Singh K

Ann R Coll Surg Engl. 2021. 103(8)622-623

PMID: 34464562

The impact of COVID-19 on the future of orthopaedic training in the UK

Dattani R, Morgan C, Li, L, Bennett-Brown, K, **Wharton R**

Acta Orthopaedica 2020. 91(6)627-632

PMID: 32731774

Anatomic, diagnostic and management challenges in Paediatric Pelvic injuries: a review

Wharton R, Trowbridge S, Simpson, S, Sarraf K, Jabbar Y

Journal of Paediatric Orthopaedics B 2019. 28(5):476-86

PMID: 31348138

Weight bearing in Ankle Fractures – an Audit of UK Practice

The BONE Collaborative, **Wharton R**

The Foot 2019. 39:28-36

PMID: 30933870

Acute flexor tendon injury following midshaft radius and ulna fractures in a paediatric patient

Williams J, **Wharton R**, Peev P, Horwitz M

Trauma Case Reports (Injury) 2018. 15:1-3

PMID: 29876494

An audit of clinical training exposure amongst junior doctors working in Trauma & Orthopaedic Surgery in 101 hospitals in the United Kingdom

Rashid M, **Wharton R**, BOTA Collaborators

BMC Medical Education 2018. 18:1

PMID: 29291730

Early Management of Major Trauma in the Older Adult Patient

Richardson C, **Wharton R**, Pearse M

Foundation Years Journal 2018. 12(5):30-37

Venous flaps for coverage of traumatic soft tissue defects of the hand: a systematic review

Wharton R, Creasy H, Bain C, James M, Fox A

J Hand Surg Eur Vol 2017. 42(8):817-822

PMID: 28605949

Subchondral Haematoma: the missing link in Haemophilic Arthropathy?

Wharton R, Austin S, Back D

Hamostasiologie 2017. 37(2):104-106

PMID: 27598535

The Impact of Operating Room Distractions on Stress, Workload, and Teamwork

Wheelock A, Suliman A, **Wharton R**, Babu E, Hull, L, Vincent C, Sevdalis, N, Arora S

Annals of Surgery 2015. 261(6):1079-84

PMID: 26291954

Fatigue Fractures of total knee prostheses - a cause of knee pain.

Sarraf K, Abdul-Jabbar H, **Wharton R**, Shah G, Singer G

Bull Hosp Jt Dis 2014. 72(3):242-6

PMID: 25429394

Second fracture in an adult is not pathognomonic for ACL injury

Wharton R, Henckel J, Bhattee G, Ball S, Church S

Knee Surg Sports Traumatol Arthrosc 2014. 23(7):1925-8

PMID: 24687316

The dangers of injecting blind: Abductor pollicis longus tendon rupture in de Quervain's disease

Wharton R, Thaya M, Eckersley R

J Hand Surg Eur Vol. 2014. 40(3):322-3

PMID: 24578464

Sacral Stress Fracture in an amateur rower without female athlete triad

Tudor E, **Wharton R**, Eseonu K

Gazz Med Ital - Arch Sci Med 2014. 173:1-2

Ilizarov apparatus in Cambodia: a review of its history and versatility in a resources poor region.

Wharton R, Zeidler S, Gollogly J, Ngiep OC, Aird J

Asian Biomed 2013. 7 (6) 885-892

Effectiveness and efficiency of teamwork in surgery: Development and validation of a Metric for Evaluating Task Execution in the Operating Room (METEOR)

Russ S, Arora S, **Wharton R**, Wheelock A, Sharma E, Hull L, Darzi A, Vincent C, Sevdalis N

J Am Coll Surg. 2013. 216 (3): 472-81

PMID: 23357728

A Comparison of rectilinear and truncated exponential biphasic waveforms in elective cardioversion of atrial fibrillation: a prospective randomized controlled trial

Deakin D, Connelly S, **Wharton R**, Yuen HM

Resuscitation. 2013. 84 (3): 286-91

PMID: 22842285

Systematic Review of Small Bowel Diaphragm Disease Requiring Surgery

Slesser A, **Wharton R**, Smith G, Buchanan G

Colorectal Dis 2012. 14 (7): 804-13

PMID: 21812898

Charcot Neuroarthropathy in a Patient with Impaired Glucose Tolerance

Amin A, **Wharton R**, Dornhorst A

The Diabetic Foot Journal 2011.14(3):130-133

TEXTBOOK CHAPTERS

Volar plating of the Scaphoid

Wharton R, Hayton M

In *Masters Techniques in Orthopaedic Surgery: The Wrist* 2024 (Moran, Rizzo)

Wolters Kluwer (In Press)

Chronic Reconstruction (ligamentoplasties): Open treatment

Wharton R, Hayton M

In *Carpal Ligament Injuries and Instability: FESSH Instructional* 2023 (Heras-Palou, Corella, Luchetti) Thieme

ISBN: 9783132451896

Dupuytren's Disease (In Press)

Wharton R, Heras-Palou C

In *Orthopaedics and Trauma* (Current Concepts and Best Practices) 2023 (Drs Slullitel, Ross, Camino-Willhuber) Springer

ISBN: 9783031305177

Does delaying surgery increase mortality for hip fracture patients?

Wharton R, Ibrahim E

In *50 Studies every Orthopaedic Surgeon should know* (Michael E Hochman) Oxford Medicine (In Press)

INVITED CONTRIBUTIONS

Adaptability and Reactivity in a Modern NHS facing COVID-19 – the Benefits of Military Logistics and Leadership Support

Wharton R

The Naval Review 2021

How I got in to Orthopaedics – Rupert Wharton: my story

Wharton R

Orthopaedics and Trauma 2016. 20(1) 87-88

The ST3 Interview – Securing your number

Wharton R

British Orthopaedic Trainees Association Handbook 2016

Tales from Angkor - Lessons in Limb Reconstruction in Cambodia

Wharton R

British Orthopaedic Trainees Association Handbook 2012

PRESENTATIONS

INTERNATIONAL PRESENTATIONS

Arthroscopic capsular shrinkage is safe and effective in the treatment of mid-carpal instability in a paediatric population: a single centre experience of 51 cases (podium)

Wharton R, Lindau T, Oestreich K

IFSSH, IFSHT & FESSH combined meeting, 2022 London

Brown Vialetto Van Laere syndrome in the hand: a world first description of manifestations and surgery for this rare condition (poster)

Wharton R, Slevin O, Loch-Wilkinson A, Horwitz, M, Garagnani L

ASSH 2021 San Francisco

The rise of intramedullary headless screw fixation: publication trends in metacarpal fracture fixation 2010-2021 (poster)

Wharton R, Scarborough A, Geoghegan L, Kedgley A, Elvey M, Horwitz M

ASSH 2021 San Francisco

Early referral and expeditious surgical debridement are key to managing infection in the hand and wrist: Experience from a tertiary centre for HIV and hand surgery (poster)

Scarborough A, **Wharton R**, Horwitz M

ASSH 2021 San Francisco

Simultaneous ACL and Patellar tendon rupture: two-stage or not two-stage? (poster)

Malik D, Morgan R, **Wharton R**, Huber C

EFORT 2020 Vienna (cancelled due to COVID)

The Value Proposition of an Early Discharge Support Team (STARRS) in Enhanced Recovery for Patients Undergoing Total Hip and Knee Arthroplasty in a UK District General Hospital (poster)

Chew E, **Wharton R**, Mahapatra P, Mepani V, Holloway I

EFORT 2019 Lisbon

Acute Flexor Tendon Injury Following Midshaft Radius and Ulna Fractures in a Paediatric Patient: Case Report and Literature Review (poster)

Williams J, **Wharton R**, Peev P, Horwitz M

SICOT 2017 Cape Town

Calcific Tendonitis of the Hand: a Paediatric case report (poster)

Kneale K, **Wharton R**, Amiras D, Alavi A, Sarraf K

SICOT 2017 Cape Town

Barriers to the use of Venous Flaps in the UK: a systematic review of surgeon's exposure and use (poster)

Wharton R, Bain C, Creasey H, James M, Fox A

SICOT 2016 Rome

Evidence for imaging the injured child's pelvis and a literature based management protocol (poster)

Wharton R, Simpson S, Trowbridge S, Sarraf K, Jabbar Y

SICOT 2016 Rome

Venous Flaps For Soft Tissue Coverage Of The Hand: A Systematic Review Of Their Use, Post Operative Course And Success Rates (podium)

Wharton R, Bain C, Creasey H, James M, Fox A

EFORT May 2015 Prague

The Second Fracture: its history, relevance and the need for interpretation with caution (poster)

Wharton R, Henckel J, Bhattee G, Church S

SICOT 2014 Rio de Janeiro

Challenges and Experiences in arthroplasty for Haemophilic Arthropathy (podium)

Wharton R, Weston-Simons S, Austin S, Back D

SICOT November 2014 Rio de Janeiro

Acute Rupture of Abductor Pollicis Longus in De Quervain Tenosynovitis (podium)

Wharton R, Thaya M, Yuen I, Eckersley R

EFORT June 2014 London

Anterior Tarsal Tunnel Syndrome: A rare cause of foot pain (podium)

Wharton R, Barlow-Kearsley E, Babar S

EFORT July 2013, Istanbul

Occipital Condyle Fracture in a pain-free patient following low velocity injury (podium)

Eseonu K, **Wharton R**, Tudor E

EFORT July 2013, Istanbul

Fatigue Fracture of a femoral component in a total knee prosthesis – a rare cause for knee pain (poster)

Sarraf K, Abdul-Jabar H, **Wharton R**, Shah G, Singer G

EFORT 2013, Istanbul

Ilizarov Use in Cambodia: indications and complications compared with the Western world (poster)

Wharton R, Zeidler S, Gollogly J, Willett K

Orthopaedic Trauma Association Annual Meeting, Minneapolis, USA October 2012

Sacral Stress Fracture in an Amateur Rower (podium)

Tudor E, Eseonu K, **Wharton R**

EFORT Annual Meeting, Berlin, Germany May 2012

NATIONAL PODIUM PRESENTATIONS

Short and medium term outcomes following Amandys pyrocarbon Wrist Replacement: 20 consecutive cases from a tertiary referral centre

Wharton R, Vani Sigamoney K, Hayton M

BSSH 2023 Swansea

Delivering excellence in orthopaedic training – a five year qualitative study of characteristics valued by trainees voting for Trainer of the Year

Ali R, **Wharton R**, Li L, Waterman J

ASIT 2021, online

Ilizarov Apparatus in Cambodia: a review of one centre's experience and suggestions for limb reconstruction service development in developing countries

Wharton R, Zeidler S, Gollogly J, Willett K

British Orthopaedic Association Annual Congress 2012

Use of Ilizarov Apparatus in Rehabilitation Surgery in Cambodia

Ngiep O, Gollogly J, **Wharton R**

Annual Meeting of Cambodian Society of Surgery November 2011 Phnom Penh, Cambodia

NATIONAL POSTER PRESENTATIONS

The Reconstruction Arsenal – a junior's guide to understanding surgeon choices in total hip replacement

Richardson C, **Wharton R**, Tross S

BOTA Leicestershire 2016

Challenges and Experiences in arthroplasty for haemophilic arthropathy

Wharton R, Weston-Simons S, Austin S, Back D

BOTA annual conference, Cheshire June 2014

The Second Fracture: its history, relevance and the need for interpretation with caution

Wharton R, Henckel J, Bhattee G, Church S

BOTA annual conference, Cheshire June 2014

Subchondral Haematoma: The missing link in understanding haemophilic arthropathy?

Wharton R, Ravindaran K, Austin S, Back D

British Association of Surgery for the Knee Norwich, 2014

Haemophilic Arthropathy: a review of evidence for its complex pathophysiology

Wharton R, White D, Austin S, Back D

British Association of Surgery for the Knee Norwich, 2014

Second fracture in an adult is not pathognomonic for ACL injury

Wharton R, Henckel J, Bhattee G, Ball S, Church S

British Association of Surgery for the Knee Norwich, 2014

The WHO Surgical Safety Checklist, Teamwork and Workload in the Operating Theatre: A prospective, observational study

Wharton R, Arora S, Sevdalis N, Wheelock A

Society of Academic and Research Surgery (SARS) Annual Meeting January 2012

Fatigue fracture of a femoral component in a total knee prosthesis – a rare cause for knee pain

Sarraf K, Abdul-Jabar H, **Wharton R**, Shah G, Singer G

British Orthopaedic Trainees Association (BOTA) Cheshire June 2011

REGIONAL PRESENTATIONS

Anatomic, Diagnostic and Management Challenges in Paediatric Pelvic Injuries: A Review

Wharton R

North West Thames Lipmann Kessel Meeting, Royal College of Surgeons 2016

Defining in vivo kinematics of single piece silastic joint replacement in the hand with magnetic resonance imaging

Role: sub-Principal Investigator – recruitment, consenting, outcome measurement

Wrightington Hospital 2022

Hip Attack RCT

Recruited five patients to this multicentre international randomised controlled trial of 3000 patients aiming to determine whether immediate surgery confers a survivorship benefit in hip fracture patients.

Venous Flaps for coverage of traumatic soft tissue defects of the hand: a systematic review

Wharton R, Creasy H, Bain C, James M, Fox A

Systematic review published in the Journal of Hand Surgery European Volume in June 2017

Haemophilic Arthropathy: A Systematic review of the evidence for its complex pathophysiology

Wharton R, White D, Austin S, Back D

This review was presented at the recent meeting of the British Association of Knee Surgery (BASK) in April 2014. It has been published in Hamostaseologie, dual language haemophilia journal in 2016

The WHO Surgical Safety Checklist, Teamwork and Workload in the Operating Theatre: A prospective, observational study

Wharton R, Suliman A, Arora S, Wheelock A, Sharma E, Babu E, Vincent C, Sevdalis N

Data presented at the annual meeting of the Society of Academic and Research Surgery (SARS) 2012. This work was published by the Journal of the American College of Surgeons in 2013 as a checklist suggestion, and was subsequently published by Annals of Surgery in 2014.

A Comparison of Rectilinear and Truncated Exponential Biphasic Waveforms in Elective Cardioversion of Atrial Fibrillation: A Prospective Randomised Study

Deakin C, Connolly S, Wharton R, Yuen B

Role: study design, data collection, report writing. This study was published in Resuscitation in 2012.

Systematic Review of Small Bowel Diaphragm Disease Requiring Surgery

Slessor A, Wharton R, Smith G, Buchanan G

This systematic review was published in 2012 in Colorectal Disease.

JOURNAL EDITOR/REVIEWER

<i>2022</i>	Reviewer: BMC Musculoskeletal Disorders
<i>2021</i>	Reviewer: Bone and Joint Open
<i>2016</i>	Editor: JOINT (Journal of Orthopaedic surgeons in National Training)
<i>2018</i>	Reviewer: Therapeutics and Clinical Risk Management, Dovepress Medical
<i>2016</i>	Reviewer: World Journal of Orthopaedics, Baischideng Publishing
<i>2016</i>	Reviewer: Journal of Medical Case Reports, BioMed Central
<i>2015</i>	Reviewer Medical Principles and Practice, International Journal of the Health Sciences Centre of Kuwait University, Karger
<i>2014</i>	Reviewer: Journal of Athletic Advancement, SciTechnol