

MY CAPSULE WARDROBE

Vintage Dreaming

**FIVE
PATTERNS**
TO CREATE
BEAUTIFUL
VINTAGE
STYLE



**Sew
Over It**

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Introduction

Last year Sew Over It celebrated our tenth birthday. Ten years of spreading the joy of sewing and of designing patterns. The first patterns we designed were very much vintage-inspired - the Betty Dress, our Ultimate Trousers, the Ultimate Shift Dress. It felt like the perfect time to celebrate our heritage with this special Vintage Dreaming eBook.

In this collection we have paid homage to some of the most loved fashion icons – Marilyn Monroe, Audrey Hepburn and, more recently, the character Miriam from *The Marvellous Mrs Maisel*. It has been a labour of love for everyone at Sew Over It as our eBooks are, but it has been so worth it. We couldn't be prouder of this collection of patterns. They are effortlessly stylish, work beautifully together and are so very flattering.

Our Capsule Wardrobe collections are all about mixing and matching.

This eBook features five core sewing patterns which you can adapt to make twelve variations, giving you endless possibilities to mix and match to create a stylish vintage capsule wardrobe. Not only does this give you great value but more importantly it gives you great choice. Choice to create your individual looks. And we love nothing more than seeing what you create with the patterns. It is the best part of the process.

Peppered throughout the eBook, you will spot some of our original fabric designs. They were specifically created for these patterns, to give you that perfect vintage look. It's the first time we've produced bespoke fabrics for an eBook, and we hope you love them!

We know you will enjoy sewing and wearing the patterns in this eBook and we hope you will share them and inspire us with what you make using the special hashtag #soivintagedreaming

Love

The Sew Over It Team x

For reference our models wear:

Lisa size 10
Chantelle size 24
Janene size 12-14

KEYS

KEY FOR LAYPLANS



KEY FOR ILLUSTRATIONS



Version 2



Marilyn Dress

Inspired by the ultimate Hollywood icon Marilyn Monroe, this revere dress is a classic fifties style with collar detailing and a button front design. A shirt dress is timeless, universally flattering and can be worn with and without a petticoat.

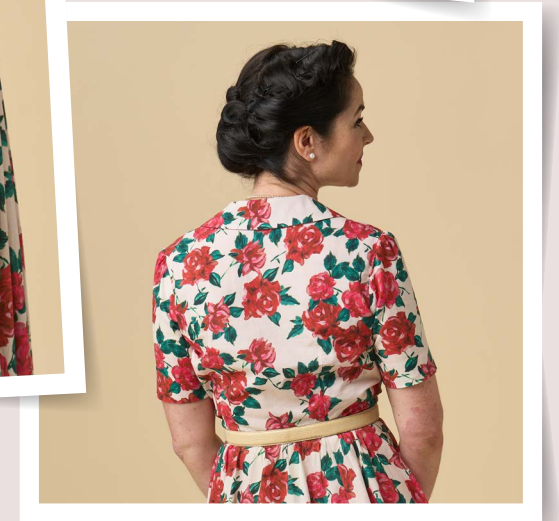
Mix and match the skirts from the Miriam Set to choose the shape that suits you. We fell in love with this revere bodice so much that we also adapted it into a blouse to wear with separates. You can also make the skirt on its own.



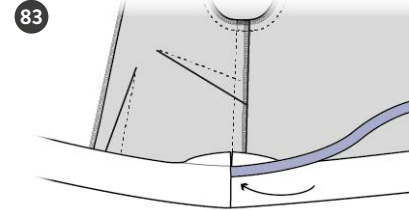
Wrap over bodice



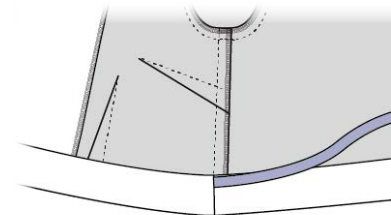
In seam pockets



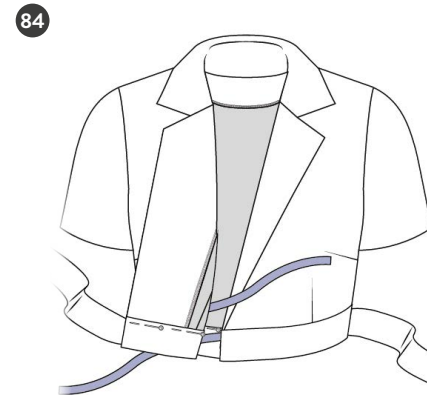
Version 3 with
the Rita Trousers



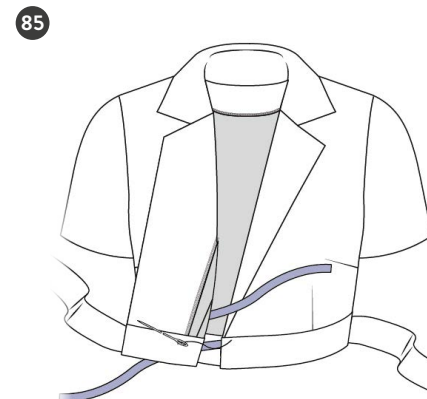
83 Position another 25cm section of ribbon just below the pressed fold of the waistband, aligning it with the seam allowance you just opened up. Pin in place, and stitch the seam in place once more.



84 Press the waistband in place around the waist, so it just covers the seam of the waistband. Pin in place all the way around.



85 Slip stitch the waistband in place.





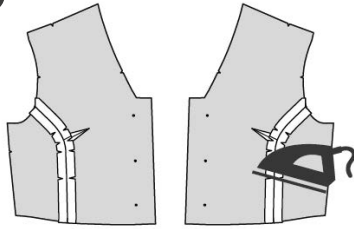
Miriam Set- Jacket

The Miriam Set is inspired by the incredibly stylish Mrs Maisel from the iconic period comedy-drama, *The Marvellous Mrs Maisel*.

This cute jacket and dress set can be worn together or separately, perfect for that special occasion. The dress is waisted and comes with the option of pairing it with a pleated or darted straight skirt or with a full gathered or panelled skirt, giving you so many options. You can also make the skirt on its own.

ASSEMBLING THE BODICE

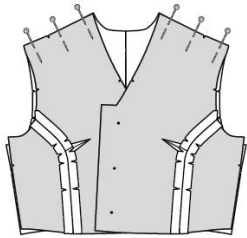
10



09 Clip into the curve of the seam allowances of the side front and centre front panel at 1cm intervals.

10 Carefully press these seam allowances open. You may want to use a pressing ham here to help around the curve.

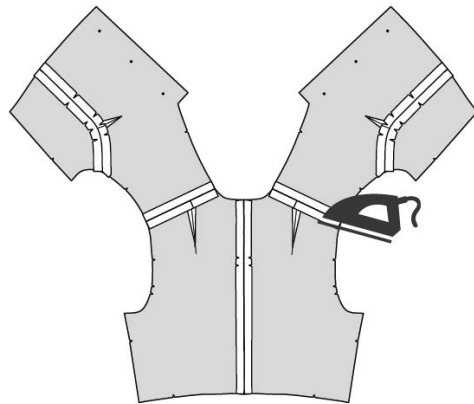
11



11 With right sides together, align the shoulder seam edges of the front and back pieces. Pin in place.

12 Stitch in place. Press the seam allowances open.

11





← *Statement collar*



↗ *Cropped length*





Miriam Set- Dress

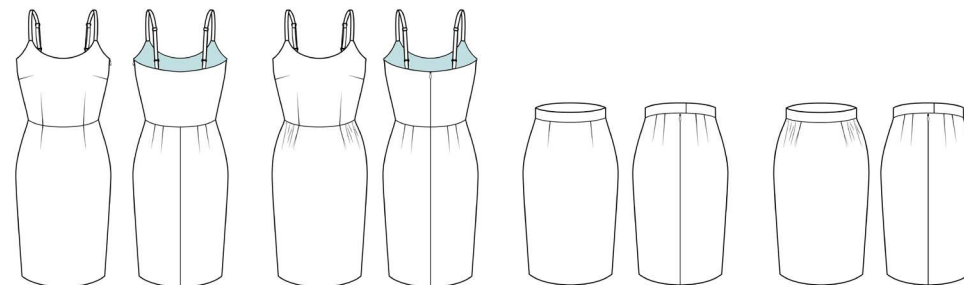
Version 2



FITTING TIPS

We recommend making a toile for the bodice. It's designed to sit wide on the neckline and high on the underarm. You may wish to bring the straps further in - to do this, trace off the neckline and strap point of the bodice. Slide this over by the amount you want to bring it in, and re-draw in the new neckline and true the armhole curve.

FABRIC REQUIREMENTS



VERSION 1

VERSION 2

VERSION 3

FABRIC RECOMMENDATIONS

Medium weight fabric with some structure such as cotton, cotton poplin, wool suiting, brocade, linen and denim. For the dress version, you will need a 16 inch invisible zip and 2x10mm strap adjuster sliders/rings. For the skirt version, you'll need a 9 inch invisible zip, 0.2m of lightweight interfacing and a skirt hook and bar.

BODY MEASUREMENTS (IN INCHES):

	6	8	10	12	14	16	18	20
Bust	31	33	35	37	39	41	43	45
Waist	24	26	28	30	32	34	36	38
Hip	34	36	38	40	42	44	46	48

FABRIC REQUIRED (IN METRES):

VERSION 1								
115cm wide	1.9	1.9	1.9	2.9	2.9	2.9	2.9	2.9
140cm wide	1.5	1.5	1.6	1.6	2.0	2.0	2.0	2.0
VERSION 2								
115cm wide	1.9	1.9	1.9	2.9	2.9	2.9	2.9	2.9
140cm wide	1.5	1.5	1.6	1.6	2.0	2.0	2.0	2.0
VERSION 3								
115cm wide	1.8	1.8	1.8	1.9	1.9	1.9	1.9	1.9
140cm wide	0.9	0.9	0.9	1.9	1.9	1.9	1.9	1.9

FINISHED GARMENT (IN INCHES):

Bust	31	33	35	37	39	41	43	45
Waist	24½	26½	28½	30½	32½	34½	36½	38½
Hip	35	37	39	41	43	45	47	49
Back skirt length*	28½	28½	28½	28½	28½	28½	28½	28½

*Centre back waist to centre back hem

Note: the versions relate to the zip option. Version 1 has a side zip, versions 2 and 3 have a centre back zip.

Version 3 with
version 3 of the
Vera Blouse



FABRIC INSPIRATION

The Miriam Jacket and Dress work in a variety of fabrics, such as cotton, brocade, wool suiting, cotton poplin and linen. Make the jacket and dress in the same fabric for a Mrs. Maisel inspired set!

Pick something with structure for a beautifully crisp finish.

Lisa and Chantelle's samples are made from cotton poplin and viscose linen. We interlined these fabrics with a cotton voile for structure. For the jacket, we cut the fronts, side front, back and sleeves from the voile and machine tacked the two layers together before we started sewing.



Our Middleton poplin is the perfect go-anywhere Jackie O powder blue



Viscose linen works beautifully for a breathable summer dress or skirt.



The classic design of the Miriam skirt looks really striking in a large vibrant print



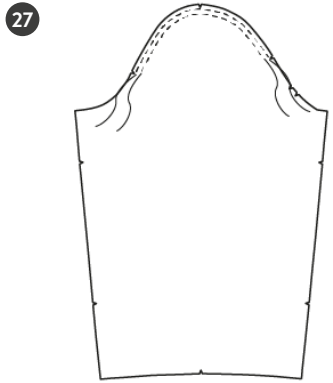
If you're ready to brave some pattern matching, we love a Miriam/Marilyn mash up in a check!



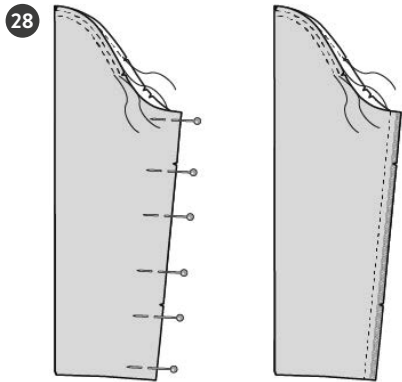
Vera Dress and Blouse

This gorgeous dress can look like a Twiggy-inspired 1960s design or like a vintage style flapper dress worthy of any Great Gatsby party. With countless neckline and sleeve variations, you can adapt it to create the perfect design for you. It also looks beautiful as a top worn with one of the skirts.

SLEEVES - VERSION 1 AND 3



27 Stitch two rows of gathering stitches along the sleevehead, at 1cm and 1.4cm from the raw edge, between the notches.

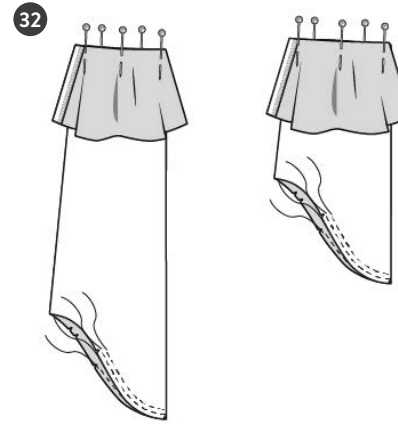
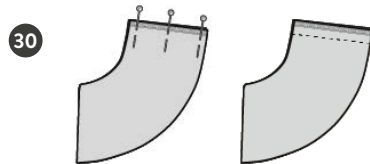
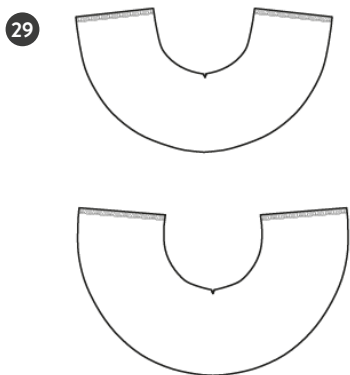


28 With right sides together, align the underarm edges of the sleeve, matching the notches. Pin and stitch in place. Overlock or zigzag the seam allowances together and press towards the back.

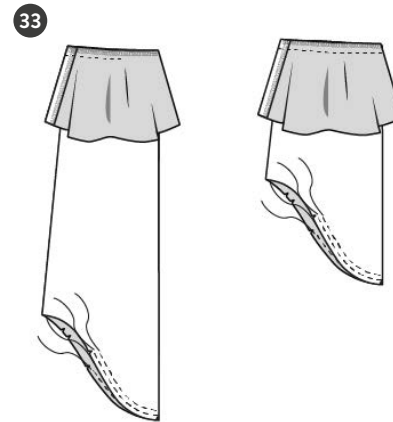
29 Carefully overlock or zigzag the short straight edges of the sleeve frill pieces. Make sure you're using the correct frill piece for the sleeve you're making.

30 With right sides together, align the short straight edges of the frill pieces. Pin and stitch in place.

31 Press the seam allowances open.



32 With right sides together, align the shorter curve of the frill piece with the hem of the sleeve. Match the seams and pin in place.



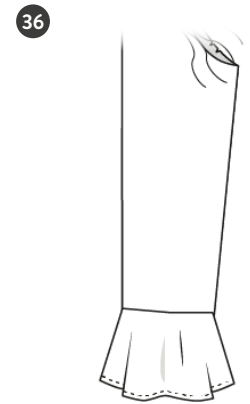
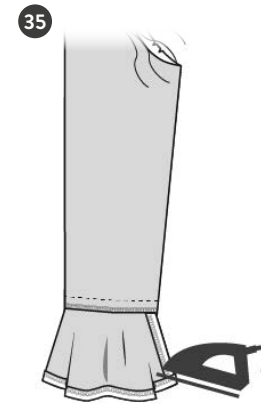
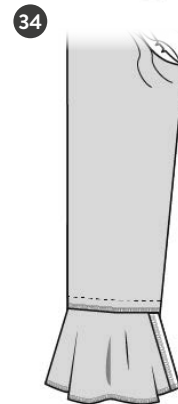
33 Stitch in place with a 1cm seam allowance. Overlock or zigzag the seam allowances together. Press the seam allowances towards the frill.

34 Carefully overlock or zigzag the raw hem edge of the sleeve frill. Try not to stretch it out at this stage - however you can always steam in back into shape if you need to.

35 Press the hem edge up by 1cm and pin in place.

36 Topstitch the hem in place using a 7mm seam allowance.

Skip to step **42** for inserting the sleeves.





FABRIC INSPIRATION

For the Vera Dress/Blouse we recommend lightweight woven fabrics with plenty of drape. Think viscose, viscose blends, tencel, crepe and crepe blends. These fabrics will hang beautifully and really show off the fluid design of the dress. Avoid anything too heavy, especially if you're making a version with a frill - you want your finished item to be floaty and light!

We made our samples in viscose, crepe and a viscose/crepe blend.



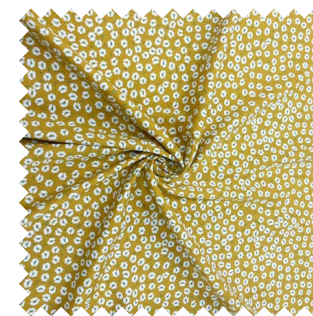
Viscose is ideal for all versions of Vera.



Pick a fabric in a solid colour for a classic blouse you'll reach for time after time.



Vera is the perfect canvas for big prints!



Viscose twill is perfect for a long sleeve Vera you can wear through autumn and winter.



Rita Trousers

For those rockabilly lovers, these capri style pants are a must-have. Close fitting with a super flattering raised back, wear them with either the Vera Top or Marilyn Blouse. These tight, three-quarter length style trousers were worn by all the icons of the 1950s and 1960s and work on all sizes to give a sleek silhouette.

Ankle tabs



Shaped back waistband



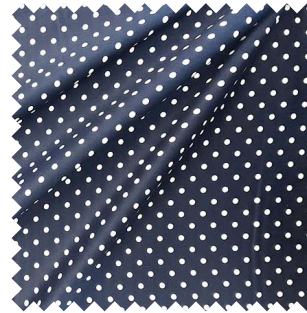
Version 2 with
the Marilyn
Blouse



FABRIC INSPIRATION

Make Rita in stretch cotton, denim, linen, wool suiting, wool blends or cotton twill. Pick something with a close weave and some structure for a sleek fit. Make sure not to pick something too bulky, as you want to achieve a crisp finish on the back waistband shaping.

Chantelle's trousers were made in stretch cotton, Lisa's in a polyester/viscose blend and Janene's in denim.



Pick a classic black stretch cotton for wearability or polka dot for retro style



Make your Rita Trousers in denim to get that vintage style capri jeans look



Make your Rita's office ready using a muted check

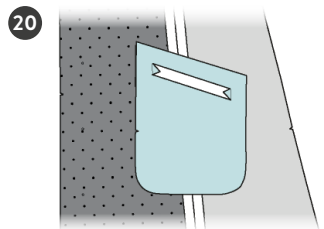


Use a cotton twill for more casual Ritas

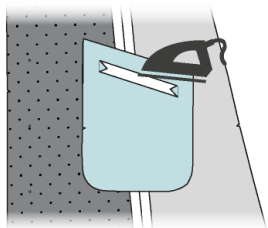


Vivienne Coat

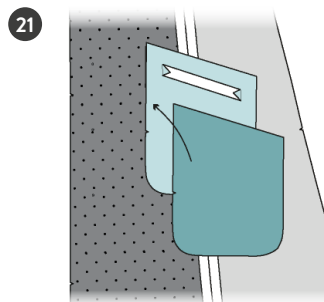
This coat was designed for the Mad Men lovers out there. This Betty Draper inspired coat works beautifully with all the other designs in this eBook, creating the fit and flare look we love so much. Choose to make your Vivienne with or without pockets and with a tie belt or simple back belt.



20 Push the pocket bag through to the wrong side. If there's any fabric bunching up in the corners, you may need to snip a little bit closer to the end of your stitch lines. You should have some little triangles either end - pull those through and flat.



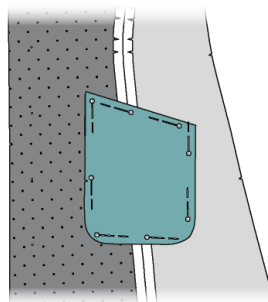
Press the pocket bag flat, rolling the seam towards the pocket bag.



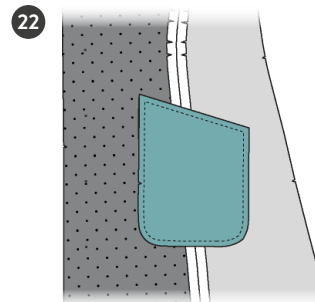
21 Take your other pocket bag and align it right sides together with the one attached to your coat front.

If your main coat fabric is limp or thin, you may want to cut the back pocket bag out of the main fabric to give it a bit more stability.

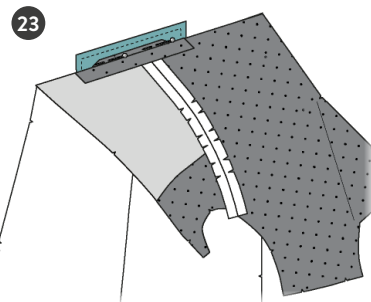
Pin all the way around the pocket.



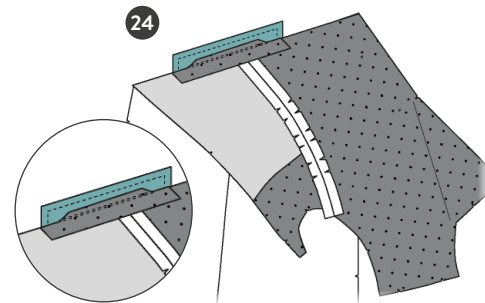
22 Stitch around all edges of the pocket with a 1cm seam allowance. This can be tricky to do with the wrong side of the coat facing you, so you may want to transfer the pins, one by one, to the side of the pocket bag against the coat. If you stitch from this side, you can fold the coat out of the way as you sew and the pocket stays flatter.



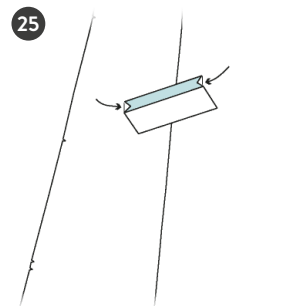
23 Lay the coat out flat, wrong sides up. Smooth everything out and check you're happy with how it's looking. Keep a hand on the pocket section, and using the other hand, fold top half of the front towards you. It should reveal the top edge of the pocket bag and the welt seam allowances. Pin through this seam allowance, through all the layers, next to the seam. Make sure you've not caught the welt - keep it folded down.



24 Stitch through all the layers, as close as you can to the original stitch line you pinned along. You may want to use a zip foot to get close to it. Don't stitch beyond it onto the coat front.



25 Turn the coat over to the right side. Check the small triangles are folded flat and aren't tucked between the layers.





Covered buttons



Welt pockets





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