



**milk
shake[®]**

k-respect
keratin system

step by step
technical guide

z.one concept[™]

milk shake®

k-respect keratin system

milk_shake® k-respect keratin system is the innovative keratin smoothing and anti-frizz system with precious oils from the Amazon rainforest that is suitable for all hair types.

Its special formula guarantees maximum performance to eliminate frizz and give smooth hair for longer.

The treatment is safe and respects current legislation to respect the health of the hairdresser and the client.

The innovative packaging reduces the amount and volume of plastic used considerably.



perfectly straight silky hair service



1. Should the hair be curly, wavy, frizzy or damaged, proceed with the **perfectly smooth silky hair service**, ideal to straighten hair easily, improve the condition of the hair and prolong the duration of the style, giving shine for 3-5 months.



2. Before beginning the service, analyze the hair and brush gently with the flat brush.



3. Cleanse the hair with **milk_shake® k-respect preparing shampoo**. Lather the scalp with the palm of the hand and lather the ends gently. Should the ends be very damaged, lather very gently.



4. Dry the hair 90% using a blow-dryer and flat brush.



5. Divide the hair into 4 sections.



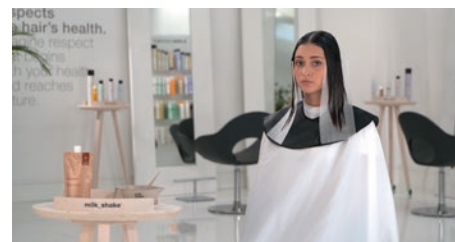
6. Pour the **milk_shake® k-respect smoothing treatment** into the bowl. For medium length hair, approximately 50 g of product is needed.



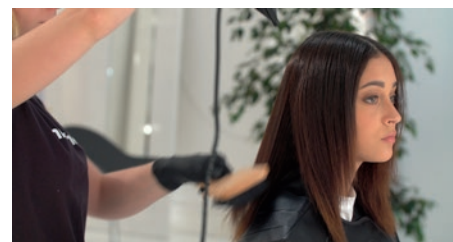
7. Apply from roots to ends working ½" wide sections.



8. Comb and keep the hair straight using a fine-tooth comb. Continue over the whole head of hair. If necessary, use **soft stripes** to protect the face.



9. Leave in for 30 minutes if the hair is untreated or slightly damaged. Reduce the setting time if the hair has been chemically-treated or is damaged.



10. Dry completely using a blow-dryer and flat brush.



11. Subdivide the hair into 4 sections once more, then, beginning from the rear, take 1" wide sections and iron using a flat iron quickly several times over the hair from roots to ends.

TIPS
flat iron passes
7 times at medium speed
15 times at a fast speed

TEMPERATURE
damaged hair: 355°F - 370°F
slightly damaged hair: 355°F - 390°F
natural hair in good condition: 390°F - 445°F



12. Once the curing-phase with the flat iron has been completed, leave the hair to cool for 2-3 minutes. Rinse with water and cleanse with a gentle shampoo using **milk_shake® k-respect smoothing shampoo** and condition using **k-respect smoothing conditioner**.



13. Rinse and blow-dry the hair with a blow-dryer and flat brush. Spray **milk_shake® incredible oil** over the hair to give flexibility and softness

AT HOME TIP:
For a minimum of **2 days** (48 hours)

Do not clip or tie hair

Cleanse the hair with **milk_shake® k-respect**

anti-frizz treatment



1. Should the hair be wavy or frizzy, proceed with the **anti-frizz treatment**, ideal to eliminate excessive frizz and volume, for shiny hair that is easy to manage for 3-5 months



2. Before beginning the service, analyze the hair and brush gently with the flat brush.



3. Cleanse the hair with **milk_shake® k-respect preparing shampoo**. Lather the scalp with the palm of the hand and lather the ends gently. Should the ends be very damaged, lather very gently.



4. Dry the hair 90% using a blow-dryer.



5. Divide the hair into 4 sections.



6. Pour the **milk_shake® k-respect smoothing treatment** into the bowl. For medium length hair, approximately 50 g of product is needed.



7. Apply **milk_shake® k-respect smoothing treatment** from roots to ends, working 1"-1 ½" wide sections.



8. Comb and keep the hair straight with a fine-tooth comb. Continue over the whole head of hair.



9. Leave in for 20 minutes.



10. Rinse partially without completely removing the **milk_shake® k-respect smoothing treatment** product completely from the hair.



11. Dry the hair completely using a blow-dryer and flat brush.



12. Subdivide the hair into 4 sections once more, then, beginning from the rear, take 1" wide sections and iron using a flat iron quickly several times over the hair from roots to ends.

TIPS
flat iron passes
7 times at medium speed
15 times at a fast speed

TEMPERATURE
damaged hair: 355°F - 370°F
slightly damaged hair: 355°F - 390°F
natural hair in good condition: 390°F - 445°F



13. Once the curing-phase with the flat iron has been completed, if the hair is not too heavy and is shiny, spray **milk_shake® incredible oil** over the hair to give more flexibility and softness. If the previous rinse was not sufficient and if the hair is too fine, the hair could appear heavy. In this case, rinse, cleanse with a delicate shampoo using **milk_shake® k-respect smoothing shampoo** and condition using **k-respect smoothing conditioner**. Proceed with blow-drying and the desired style.

AT HOME TIP:
For a minimum of **2 days** (48 hours)

Do not clip or tie hair

Cleanse the hair with **milk_shake® k-respect**

perfect curls service



1. Should the hair be curly and frizzy, proceed with the **perfect curls service**, ideal to improve the condition of the hair, giving shine whilst maintaining curls and eliminating frizz for approximately 3 months.



2. Before beginning the service, analyze the hair and brush gently with the flat brush.



3. Cleanse the hair with **milk_shake® k-respect preparing shampoo**. Lather the scalp with the palm of the hand and lather the ends gently. Should the ends be very damaged, lather very gently.



4. Dry the hair 50% with a blow-dryer.



5. Divide the hair into 4 sections.



6. Pour the **milk_shake® k-respect smoothing treatment** into the bowl. For medium length hair, approximately 50 g of product is needed.



7. Apply the **milk_shake® k-respect smoothing treatment** onto 1"-1 1/2" wide sections, using the fingertips to distribute the product well.



8. Comb and keep the hair straight using a wide tooth comb. Give the curls their original shape. Continue over the whole head of hair.



9. Leave in for 20 minutes.



10. Rinse partially without completely removing the **milk_shake® k-respect smoothing treatment** product completely from the hair.



11. Dry the hair completely with a blow-dryer and diffuser.



12. Starting from the front, curl the hair using a curling wand of the desired size on 1" wide sections.



13. Once the curing-phase with the curling wand has been completed, if the hair appears clean and shiny, spray **milk_shake® incredible oil** over the hair for flexibility and softness.

If the previous rinse was not sufficient and if the hair is too fine, the hair could appear heavy. In this case, rinse, cleanse with a delicate shampoo using **milk_shake® k-respect smoothing shampoo** and condition using **k-respect smoothing conditioner**. Proceed with blow-drying and the desired style.

AT HOME TIP:

For a minimum of **2 days** (48 hours)

Do not clip or tie hair

Cleanse the hair with **milk_shake® k-respect**

At home maintenance is fundamental to prolong the duration of the treatment



smoothing shampoo

anti-frizz shampoo for hair

Cleanses gently and helps to maintain the results obtained during the treatment in the salon for longer. Contains precious organic oils from the Amazon that have an anti-frizz action, organic muru muru butter and milk proteins with a nourishing action, and **integrity 41®** for hair colour protection. Sulfate free.

Use: distribute evenly over damp hair and lather, then rinse. Repeat if necessary. Proceed with **milk_shake® smoothing conditioner**.



smoothing conditioner

anti-frizz conditioner for hair

The ideal conditioner to maintain the results obtained during the treatment in the salon for longer. Contains precious organic oils from the Amazon that have an anti-frizz action, organic muru muru butter and milk proteins with a nourishing action, and **integrity 41®** for hair colour protection.

Use: distribute evenly over clean, damp hair, leave in for a few minutes, then rinse.



smoothing maintainer mist

protective anti-frizz spray for hair

A treatment spray with an anti-frizz and anti-humidity effect that helps to maintain the hairstyle. Its special formula facilitates drying and reduces drying times, protecting hair from environmental aggressors.

Use: apply generously over lengths and ends over clean, damp hair. Comb through and proceed with styling.

milk shake[®] k-respect keratin system

To maintain the result of the service for longer, recommend the home maintenance products from the **milk_shake[®] k-respect** range.

— **smoothing shampoo**

anti-frizz shampoo for hair

— **smoothing conditioner**

anti-frizz conditioner for hair

— **smoothing maintainer mist**

protective anti-frizz spray for hair



milk_shake[®] k-respect guarantees excellent results whilst respecting the hair, the client's health and the health of the hairdresser.

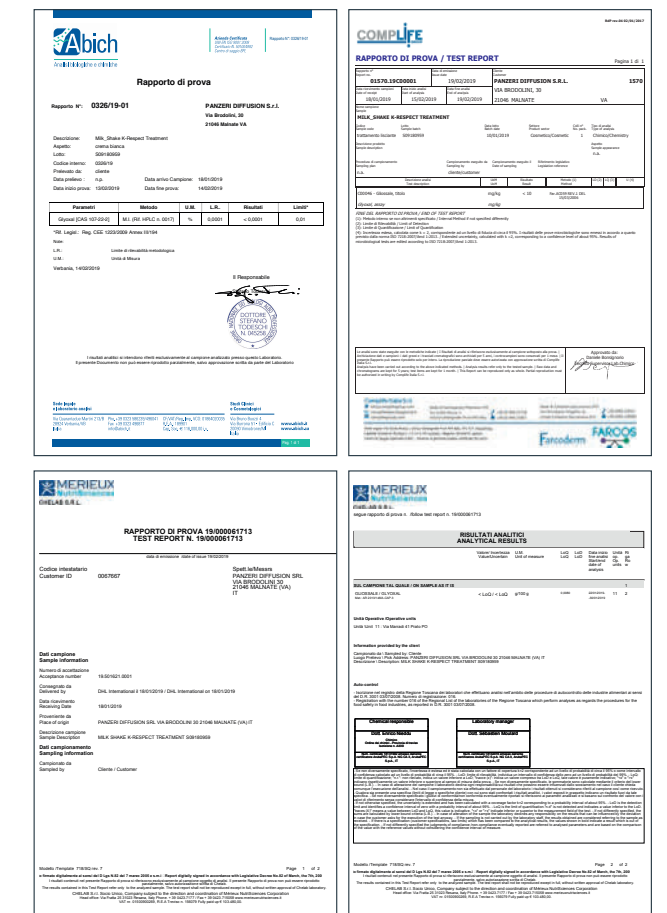
A safe formula that respects the law

- no added formaldehyde
- with a % of glyoxal in line with regulations*
- with naturally-sourced active ingredients

milk_shake[®] k-respect

creates beautiful hair, but it also safeguards the health of the hairdresser and the client.

Its formula has been validated by the research and development laboratories in z.one concept[™] and by various external laboratories.



*In compliance with EU REG. 1223/2009 all cosmetic products cannot contain a quantity of glyoxal above 100ppm (0,01g/100g).

k-respect means:
respect for the hair,
respect for regulations,
respect for the environment.


naturally-sourced ingredients 


100% respect for the hair 

formulas studied to guarantee maximum performance 

100% respect for regulations and the health of the hairdresser, their staff and their clients 

no added formaldehyde, with a % of glyoxal within the norm 

eco-sustainable choices for a better future 

almost 10 times less volume of shipped packaging = less pollution 

from 35% to 55% less plastic in the environment 

aluminium packaging recycles forever 

every day z.one concept™ uses electricity from sustainable resources 


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shake[®]**
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**FOR TECHNICAL QUESTIONS
CALL OR TEXT 973 767 7878**


z.one concept[™]

z.one concept s.r.l. Via Brodolini, 30
21046 Malnate (VA) _ ITALY _ T. +39 0332 425747

Z110MATM1235

milkshakeusa 

milkshakeusa 

z-oneconceptusa.com 

made in italy 