

SF5 Smith Functional Trainer



Patented Smith Bar

Unique, counter-balanced smith bar is directly tied into the weight stacks, allowing for seamless exercises with comfort and ease



Loaded with Extras

A tablet holder and accessories are included with built-in storage for everything it comes with



Weight Multiplier

Heavy lifters welcome, as you can double the weight on the Smith Bar with the unique weight multiplier feature



Frame - Heavy-duty steel, matte black powder coat

Weight Stacks - 2 x 160 lb / 73 kg
(2:1 ratio for 82.5 lb / 37.42 kg per pulley)

Smith Bar - starting weight 30 lb / 13.6 kg

Weight Multiplier - Doubles weight for heavy lifters, while using the Smith Bar (320 lb / 145 kg max on Smith Bar)

Included Accessories - Triceps Rope, 2 x 2-Ring Rubber D Handles, Dual Hook Curl Bar, Ankle Strap, Chin/Dip Belt, 2 x 5 lb Add-On Weight

Built-In Storage - Accessory rack, tablet holder, rack for Folding Adjustable Bench, cup holder

Optional Storage - Maximize storage with an optional free weight storage rack, specially designed for the SF5

Shown left, free weights not included

Model Number

SF5.1

Assembled Weight

631 lb / 286 kg

Assembled Dimensions

W - 59 in W - 150 cm

L - 45 in L - 114 cm

H - 84 in H - 213 cm

Warranty

Residential: Limited Lifetime on frame, finishes & all parts

