

Fitshot.

Flair



USER MANUAL

Women's Smartwatch

Welcome

Thank you for purchasing the **Fitshot Flair** smartwatch. We recommend you to read the instructions manual carefully before using the product.

Package Contents

- 1N Fitshot Flair
- 1N USB Magnetic Charging Cable
- 1N Welcome cum Warranty Scan Card
- 1N Review cum User Manual Scan Card

Product Overview



Turning the Watch ON

To turn the watch on, long press the Power key for around 4 to 5 seconds.

NOTE: The smartwatch must be charged before initial use. You can wake the screen by lifting your wrist or by short pressing the Power key.

Charging the Watch

1. Turn the watch over, align and attach the charging pins to the magnet prongs.
2. You will see the charging icon on the watch screen after a few seconds.
3. Complete charging may take up to 2 hours. The battery icon would change to full once the charging is complete.
4. Please clean the charging points before charging to avoid erosion of the prongs and other risks.

NOTE: Please charge this smartwatch with a 5V/1A adapter.

Download and Install the App by the name of “Zeroner”

You can set up the Smartwatch through the “Zeroner” app for iOS or Android devices. Scan the QR code from your watch to get Zeroner in your app store.



DO NOT PAIR THE WATCH DIRECTLY WITH BLUETOOTH IN YOUR PHONE'S SETTINGS.

Pairing Instructions

1. Turn ON Bluetooth on your smartphone.
2. After installing the Zeroner app on your smartphone, register and log into your account as per the instructions on the screen.
3. Ensure that the smartwatch and smartphone are kept near each other.
4. Click on Device > Watch > Choose “FitShot Flair - XXXX”.
5. Your smartwatch will successfully pair with your smartphone.

NOTE: The device should have at least android 5+ or iOS 10.0+ and above. The watch can only be paired with one smartphone at a time. To pair any other smartphone, please unbind the currently connected smartphone before pairing.

Turning the Watch OFF

1. Long press the Power key for around 3 seconds.
2. Click on "Shutdown" to turn it OFF.
3. Your smartwatch will successfully turn OFF.

Tips:

1. Please upgrade the app to the latest version to get a better experience.
2. For the first-time connection with an iPhone, a "Pair" reminder will pop up. Click to pair, and then incoming calls and instant messages will be pushed.
3. For the first-time connection with Android, a "Permissions" reminder will pop up, please follow up on the guidance and allow permissions to ensure all functions are working properly.
4. To connect successfully, please turn ON the smartphone's Bluetooth, GPS and network.
5. If the device cannot be searched or connected during use, please reset or turn OFF the watch to try again.

Synchronize Data

In daily wear, the watch can detect and record all kinds of health vitals. The user needs to connect the smartwatch with Bluetooth on the app and enable it to synchronize.

Note: To prevent data loss, please synchronize the watch at least once every 7 days.

Watch Faces

Your Fitshot Flair comes with 60+ watch faces for you to choose from. Once you pick your favourite watch face, your home screen will display the date, time, week, weather, steps you take, battery status and connection status. Long press the screen, swipe up/ down to choose and click to confirm.

Steps, Distance & Calorie Monitor

You can view daily records of steps, distance and calories on the app as well as on your smartwatch. The data will be cleared at the end of every day.

NOTE: All records will be available on the app if you keep it synchronized.

Real-time Heart Rate Monitoring (HR)



Wear the watch correctly and slide the watch from the home screen to the interface of heart rate measurement. Please wait for a few seconds with the watch screen upward, and wait for additional few seconds after obtaining the value to make the results more accurate.

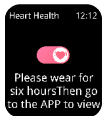
NOTE: Measurements are for reference only and not for medical purposes.

Sports Modes



The watch supports various sports modes, such as Run, Cycling and so on. You can choose one that suits you, set goals and obtain real-time data. For more information, please view it after synchronizing your data with the watch on the app.

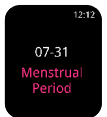
Heart Health



When this function is turned ON, the watch will automatically monitor your heart health at night. If you wear the watch for more than 6 hours, you can view a scatter chart of your heart health after synchronizing your data with the watch on the app.

NOTE: The measurement results are for reference only, and can not be used as a basis for clinical diagnosis.

Female Health Tracker



Record and track your menstrual cycles with ease. Get reminders on time to avoid any surprises. To access this feature, please refer to the app.

Sleep



When this function is turned ON, the watch will enter into sleep monitoring mode from 8:00 pm to 9:00 am the next day. You can check REM sleep and other sleep data after synchronizing your data with the watch on the app.

Stress



Wear the watch correctly and click on "Stress" to measure. The result will be shown on the watch after finishing the measurement. The higher the score, the more stress you have.

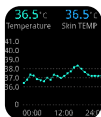
NOTE: Historical data can be viewed after synchronizing your watch with the app.

Blood Oxygen Saturation (SpO2)



The device supports blood oxygen measurement, allowing you to know SpO2 at any time.

Body Temperature



Wear the watch correctly, slide to the "Temperature" feature interface from the main screen, and click the icon to view the data. Wait for a few seconds after getting the values to get a more accurate result.

The watch will display the skin temperature and the estimated body temperature in real time. For more information, please view it after synchronizing your data with the watch on the app.

NOTE: When you just start to wear the watch or after a drastic change in the ambient temperature, please wait until the contact temperature between the watch and the skin returns to the normal state before the temperature measurement.







UV Detection



This watch is featured with reminders of both sun protection and sunscreen cream replenishment (re-application). The UV sensor of the watch enables the detection of the intensity of the current UV radiation, and the variation range of the ultraviolet radiation index is represented by the numbers from 0 to 10+. The larger the number, the stronger ultraviolet radiation.

You can choose protective measures based on your personal needs to reduce skin damage.

Icons & their meanings

Icon	Meaning
	Bluetooth Connected
	Low Power
	Charging
	Fully Charged
	End of Workout
	Continue Workout

UV Protection Recommendations

Ultraviolet Index Range	Index Colour Value	Radiation Intensity	Protection Recommendations
0-2	Green	Weaker	Mild sun protection
3-4	Blue	Weak	Sunscreen + Sunhat
5-6	Yellow	Medium	Sunscreen + Sunhat + Sunshade + Sunglasses
7-9	Orange	Strong	Sunscreen + Sunhat + Sunshade + Sunglasses
10+	Red	Stronger	Sunscreen + Sunhat + Sunshade + Sunglasses + Stay at home if possible

Cleaning and Maintenance

1. Keep the product clean.
2. Keep the product dry.
3. Do not wear it too tight.
4. Do not use household cleaners to clean the watch.

Safety and Product Information Notes

Battery Warning:

Do not disassemble, pierce or damage the battery. Do not disassemble the built-in batteries of non-replaceable battery devices. Do not use sharp objects to remove the battery.

Health Warning:

The watch's optical heart rate sensor glows green and ashes. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician to affirm if you can wear this product.

The device tracks your daily activities through sensors. These data are intended to tell you about your daily activities, such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.

The device, accessories, heart rate sensors and other relevant data are designed for entertainment and fitness, not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate data is for reference only. We are not responsible for any consequences caused by any data deviation.

Matters Needing Attention

- Watch data needs to be kept once every 7 days to avoid data loss.
- The watch has no waterproof effect on seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquids.
- The damage or defects caused by misuse or improper use are not covered by the warranty.
- Avoid wearing the watch too tight in daily use. Please keep the parts of the watch touching the skin dry.
- When your heart rate is measured, keep your arm still during the test.

Caution

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS



Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycling valuable raw materials and the treatment of toxic substances.

Warranty Terms & Conditions

NOTE: For valid warranty claim, all information on the warranty certificate has to be completed and presented along with the original invoice.

- All warranty information, product features and specifications are subject to change without prior notice.
- All matters are subject to Delhi Jurisdiction.
- Fitshot Flair smartwatch comes under a warranty of 365 days against any manufacturing-related issues.
- The accessories (magnetic pin cable) which come along with the smartwatch come under a warranty of 90 days.
- The wear-and-tear accessories such as the straps are not covered under warranty.
- Warranty can not be claimed if the product is damaged by wrong operation or force majeure.

CUSTOMER CARE:

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